

MRHS

May-19

<a href="http://www.hwrsd.org">www.hwrsd.org</a>	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meal Prices	29	30	1	2	3
Paid \$3.00 Reduced \$.40 Adult \$3.75 Milk \$.50 Breakfast \$1.50	Asian Rice Bowl Station General Tso's Chicken Brown Rice Broccoli/ Carrots Fruit	French Toast Sticks Sausage Links Sweet Potato Home Fries Applesauce	<b>Mexican Bar</b> Taco, Burrito or Nacho Chicken, Bean or Turkey Lettuce/Salsa/Cheese Corn	Pulled Pork Sandwich Cole Slaw Oven Fries Fruit	<b>Pasta Bar</b> Meat sauce or White sauce Caesar Salad Garlic Knot
	6	7	8	9	10
<b>All meals are served with choice of fruit, vegetable and 1% or Fat Free Milk</b>	<b>Popcorn Chicken Bowl</b> Popcorn Chicken Mashed Potato Corn/Dinner Roll Fruit	Meatball Grinder Oven Fries Mixed Vegetable Fruit	<b>Mexican Bar</b> Taco, Burrito or Nacho Chicken, Bean or Turkey Lettuce/Salsa/Cheese Corn	Calzone Garden Salad Fruit	<b>Pasta Bar</b> Meat sauce or White sauce Caesar Salad Garlic Knot
Please register at <a href="http://www.myschoolbucks.com">www.myschoolbucks.com</a>	13	14	15	16	17
This website will let you track purchases, pay online and receive an email alert when the balance gets low.	Asian Rice Bowl Station General Tso's Chicken Brown Rice Broccoli/ Carrots Fruit	Macaroni & Cheese Carrots Wg Dinner Roll Fruit	<b>Mexican Bar</b> Taco, Burrito or Nacho Chicken, Bean or Turkey Lettuce/Salsa/Cheese Corn	Toasted Cheese Sandwich Tomato Soup Green Beans Fruit	<b>Pasta Bar</b> Meat sauce or White sauce Caesar Salad Garlic Knot
	20	21	22	23	24
<b>Offered Daily:</b> Pizza Made to order Deli Grab & Go Sandwiches & Salads Burgers Chicken Sandwiches Veggie Burgers	<b>Popcorn Chicken Bowl</b> Popcorn Chicken Mashed Potato Corn/Dinner Roll Fruit	Steak & Cheese w/ Peppers & Onions Sweet Potato Fruit	<b>Mexican Bar</b> Taco, Burrito or Nacho Chicken, Bean or Turkey Lettuce/Salsa/Cheese Corn	Mozzarella Sticks Tomato Sauce Seasoned Noodles Mixed Vegetable Fruit	<b>Early Release No Lunch Served</b>
	27	28	29	30	31-May
	<b>MEMORIAL DAY</b> 	Hot Dog Steamed Carrots Oven Fries Fruit	<b>Mexican Bar</b> Taco, Burrito or Nacho Chicken, Bean or Turkey Lettuce/Salsa/Cheese Corn	Calzone Garden Salad Fruit	<b>Pasta Bar</b> Meat sauce or White sauce Caesar Salad Garlic Knot
	<b>MON</b>	<b>TUES</b>	<b>WED</b>	<b>THURS</b>	<b>FRI</b>
Main Street Deli <b>W/ Chips, Hummus &amp;</b> w/ Hummus Raw Veggies	Crispy Chicken	Caesar Chicken Wrap	Chicken Salad	Buffalo Chicken	Veggie Wrap
Pizza Daily: Cheese, Pepperoni W/ Salad, Raw Veggies Fruit & Milk	Cheese/Veggie or w/ Toppings Garlic French Bread	Cheese/Veggie or w/ Toppings BBQ Chicken	Cheese/Veggie or w/ Toppings Bufflao Chicken	Cheese/Veggie or w/ Toppings Chicken & Broccoli	Cheese/Veggie or w/ Toppings Stuffed Crust
Specialty Salads & Grab Go Wraps Available Everyday w/ Fruit and Milk	Grilled Chicken Caesar Greek Salad Buffalo Chicken Salad Chef Salad Assorted Wraps Greek Salad	Grilled Chicken Caesar Greek Salad Buffalo Chicken Salad Chef Salad Assorted Wraps Greek Salad	Grilled Chicken Caesar Greek Salad Buffalo Chicken Salad Chef Salad Assorted Wraps Greek Salad	Grilled Chicken Caesar Greek Salad Buffalo Chicken Salad Chef Salad Assorted Wraps Greek Salad	Grilled Chicken Caesar Greek Salad Buffalo Chicken Salad Chef Salad Assorted Wraps Greek Salad

