



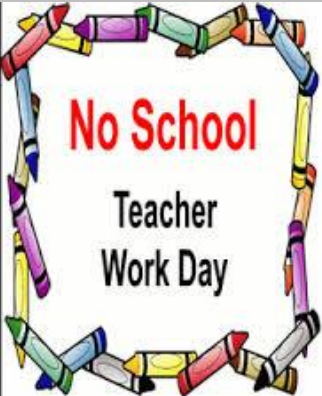



March 2020 - Discovery - Breakfast / Lunch Menu

NEWTON-CONOVER CITY SCHOOLS

Students are offered 5 components which make a regular lunch. Students may decline up to two components, however one of their choices must be a vegetable or a fruit to be considered a regular lunch. **Students taking only 1 or 2 items, or taking 3 items without a vegetable or fruit will be charged a la carte prices.**

Available Daily at Breakfast - * Cereal * Poptarts * Breakfast Loaf * Fruit * Juice * Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
2 Breakfast Sausage Biscuit 28 Lunch Orange Chicken w/rice 47 Ckn & Chz Quesadilla 24 Sweet Carrots 21 Steamed Green Peas 16 USDA Fruit Cup 19/22 Sliced Peaches 14	3 Breakfast Fr Tst Sticks w/syrup 55 Lunch Pork Chop w/gvy & roll 48 Chicken & Waffles 62 Turnip Greens 3 Mashed Potatoes 13 Baked Apples 31 Mixed Fruit 19	4 Breakfast Breakfast Pizza 27 Lunch Turkey Tetrazinni w/roll 68 Glazed Ham & Cz Croissant 34 Steamed Broccoli 4 Glazed Swt Potatoes 45 Sweet Blueberries 22 Mandarin Oranges 26	5 Breakfast WG Breakfast Donut 41 Lunch Cheeseburger 29 Cajun Ckn Pasta w/Garlic Brd 41 Potato Wedges 18 Baked Beans 41 Pears 18 USDA Fruit Cup 19/22	6 Breakfast Flapstick IW w/syrup 34 Lunch Dominos Pizza 28 Pulled Pork Sandwich 37 Fish Sandwich 39 Corn 21 Gold Rush Veg Juice Box 10 Applesauce 15 Sliced Peaches 14		
9 Breakfast Chicken Biscuit 35 Lunch Walkin' Taco 34 Chicken Nuggets w/roll 46 Pinto Beans 24 Sweet Carrots 21 USDA Fruit Cup 19/22 Pears 18	10 Breakfast Cinnamon Roll 47 Lunch Premium Chicken Sandwich 41 Cheese Sticks 41 Corn 21 Seasoned Green Beans 6 Apple Crisp 60 Mixed Fruit 19	11 Breakfast SSG Breakfast Pizza 25 Lunch Breakfast for Lunch 15 Chicken Fajitas 34 Potato Tots 16 Gold Rush Veg Juice Box 10 Sweet Blueberries 22 Mandarin Oranges 26	12 Breakfast Dutch Waffle w/syrup 68 Lunch Cheeseburger 29 Buffalo Ckn Flatbread Pizza 30 Potato Wedges 18 Baked Beans 41 Sliced Peaches 14 USDA Fruit Cup 19/22	13 		
Breakfast Prices 2019 - 2020 Grades K to 12 - \$1.25 Reduced Rate - \$0.00 Entrée Only - \$1.00 Milk Only - \$0.50	Lunch Prices 2019 - 2020 Grades 6-12- \$2.75 Reduced Rate - \$0.40 Entrée Only - \$1.75 to \$2.00 Milk Only - \$0.50		Cost of Meals for March 2020 - (20 days) <table border="1"> <tr> <td> Breakfast Grades K to 12 - \$25.00 Reduced Rate - \$0.00 </td> <td> Lunch Grades K to 5 - \$55.00 Reduced Rate - \$8.00 </td> </tr> </table>		Breakfast Grades K to 12 - \$25.00 Reduced Rate - \$0.00	Lunch Grades K to 5 - \$55.00 Reduced Rate - \$8.00
Breakfast Grades K to 12 - \$25.00 Reduced Rate - \$0.00	Lunch Grades K to 5 - \$55.00 Reduced Rate - \$8.00					

<p>16</p> 	<p>17</p>  <p>Breakfast Fr Tst Sticks w/syrup 55</p> <p>Lunch Pork Chop w/gvy & roll 48 Chicken & Waffles 62 Turnip Greens 3 Mashed Potatoes 13 Baked Apples 31 Mixed Fruit 19</p>	<p>18</p> <p>Breakfast Breakfast Pizza 27</p> <p>Lunch Turkey Tetrazinni w/roll 68 Glazed Ham & Cz Croissant 34 Steamed Broccoli 4 Glazed Swt Potatoes 45 Sweet Blueberries 22 Mandarin Oranges 26</p>	<p>19</p> <p>Breakfast WG Breakfast Donut 41</p> <p>Lunch Cheeseburger 29 Cajun Ckn Pasta w/Garlic Brd 41 Potato Wedges 18 Baked Beans 41 Pears 18 USDA Fruit Cup 19/22</p>	<p>20</p> <p>Breakfast Flapstick IW w/syrup 34</p> <p>Lunch Dominos Pizza 28 Pulled Pork Sandwich 37 Fish Sandwich 39 Corn 21 Gold Rush Veg Juice Box 10 Applesauce 15 Sliced Peaches 14</p>
<p>23</p> <p>Breakfast Chicken Biscuit 35</p> <p>Lunch Walkin' Taco 34 Chicken Nuggets w/roll 46 Pinto Beans 24 Roasted Baby Carrots 7 USDA Fruit Cup 19/22 Pears 18</p>	<p>24</p> <p>Breakfast Cinnamon Roll 47</p> <p>Lunch Premium Chicken Sandwich 41 Cheese Sticks 41 Corn 21 Seasoned Green Beans 6 Apple Crisp 60 Mixed Fruit 19</p>	<p>25</p> <p>Breakfast SSG Breakfast Pizza 25</p> <p>Lunch Breakfast for Lunch 15 Chicken Fajitas 34 Potato Tots 16 Gold Rush Veg Juice Box 10 Sweet Blueberries 22 Mandarin Oranges 26</p>	<p>26</p> <p>Breakfast Dutch Waffle w/syrup 68</p> <p>Lunch Cheeseburger 29 Buffalo Ckn Flatbread Pizza 30 Potato Wedges 18 Baked Beans 41 Sliced Peaches 14 USDA Fruit Cup 19/22</p>	<p>27</p> <p>Breakfast Sauage & Chz Croissant 76</p> <p>Lunch Pepperoni Pizza 30 Ckn Teriyaki w/rice & roll 109 Fish Sandwich 39 Sweet Carrots 21 Steamed Broccoli 4 Applesauce 15 Fruit Punch 14</p>
<p>30</p> <p>Breakfast Sausage Biscuit 28</p> <p>Lunch Orange Chicken w/rice 47 Ckn & Chz Quesadilla 24 Sweet Carrots 21 Steamed Green Peas 16 USDA Fruit Cup 19/22 Sliced Peaches 14</p>	<p>31</p> <p>Breakfast Fr Tst Sticks w/syrup 55</p> <p>Lunch Pork Chop w/gvy & roll 48 Chicken & Waffles 62 Turnip Greens 3 Mashed Potatoes 13 Baked Apples 31 Mixed Fruit 19</p>		 <p>Dates to Remember</p> <p>3/13 & 3/16 Workdays 3/17 Saint Patrick's Day 3/30 Birthday Monday</p>	

Menus, Nutrition, and Allergen Information can be found on our system website: www.newton-conover.org - Menus are subject to change. Notice is given when Possible

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