

# September 2019

## West Valley Secondary Menu



Deposit online, plus **auto-payment options:**

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(call CN office for student I.D.)

972-6040 or 972-6048

Monday	Tuesday	Wednesday	Thursday	Friday
2)  <b>No School Labor Day</b>	3) Breakfast Sausage Pizza, Fruit  Spaghetti w/Meat Sauce Mini Corn Dogs <i>Choice of:</i> salad, edamame, cucumber, peaches, grapes	4) Mini Pancake Sausages, Fruit  Cheese Zombie French Bread Pizza <i>Choice of:</i> salad, tomato soup, cauliflower, rosy applesauce, orange slices	5) Turkey Ham & Egg Sandwich, Fruit  BBQ Chicken Salad Chicken Nuggets <i>Choice of:</i> salad, breadstick, baby carrots, local apples, banana	6) French Toast Sticks, Fruit  Fish Sandwich Corn Dog <i>Choice of:</i> salad, sweet corn, veggie sticks, pears, fruit bowl
9) Mini Waffles & Sausage, Fruit  Mozzarella Sticks w/Marinara Chicken Sandwich <i>Choice of:</i> salad, baby carrots, edamame, mixed fruit, fruit bowl	10) Breakfast Sausage Pizza, Fruit  Taco Soup w/Cornbread Cheeseburger <i>Choice of:</i> salad, broccoli, tomato slices, pineapple tidbits, grapes	11) Mini Pancake Sausages, Fruit  Orange Chicken Rice Bowl Pepperoni Pizza Rippers <i>Choice of:</i> salad, cucumbers, red peppers, peaches, orange slices	12) Turkey Ham & Egg Sandwich, Fruit  Chef Salad Chicken Strips <i>Choice of:</i> salad, dinner roll, baby carrots, strawberries, banana	13) French Toast Sticks, Fruit  Bean & Cheese Nacho Bites Beef Hot Dog <i>Choice of:</i> salad, sweet corn, veggie sticks, melon, fruit bowl
16) Mini Waffles & Sausage, Fruit  Chicken Teriyaki Burger Beef Soft Taco <i>Choice of:</i> salad, baby carrots, edamame, pears, fruit bowl	17) Breakfast Sausage Pizza, Fruit  Tater Tot Casserole Pepperoni Pizza Pockets <i>Choice of:</i> salad, breadstick, broccoli, sweet corn, <b>Local Fruit</b>	18) Mini Pancake Sausages, Fruit  Cheese Zombie French Bread Pizza <i>Choice of:</i> salad, tomato soup, cauliflower, rosy applesauce, orange slices	19) Turkey Ham & Egg Sandwich, Fruit  SW Chicken Salad Popcorn Chicken <i>Choice of:</i> salad, cornbread, baby carrots, local apples, banana	20) French Toast Sticks, Fruit  Turkey Gravy w/Mashed Potatoes Chicken Sandwich <i>Choice of:</i> salad, homemade roll, green beans, blueberries, fruit bowl
23) Mini Waffles & Sausage, Fruit  Pizza Bites w/Flatbread Parmesan Chicken Sandwich <i>Choice of:</i> salad, baby carrots, edamame, strawberries, fruit bowl	24) Breakfast Sausage Pizza, Fruit  Chicken Alfredo w/Penne Mini Cheeseburgers <i>Choice of:</i> salad, broccoli, roasted zucchini, applesauce cup, local apples	25) Mini Pancake Sausages, Fruit  Beef Teriyaki Rice Bowl Bean & Cheese Burrito <i>Choice of:</i> salad, cherry tomatoes, cucumber, mixed fruit, orange slices	26) Turkey Ham & Egg Sandwich, Fruit  Popcorn Chicken Salad Chicken Nuggets <i>Choice of:</i> salad, breadstick, baby carrots, pineapple tidbits, banana	27) French Toast Sticks, Fruit  Tostado w/Chips Corn Dog <i>Choice of:</i> salad, crinkle fries, veggie sticks, sidekicks, fruit bowl
29) Mini Waffles & Sausage, Fruit  Sloppy Joe Sandwich Chicken & Waffles <i>Choice of:</i> salad, baby carrots, edamame, mixed berries, fruit bowl			 <b>WV menu feature</b> <i>Washington State grown and harvested products</i>	 <b>Local Stone Fruits</b>

### Offered daily:

- **Additional Breakfast Choices:** Homemade Muffin, Homemade Cinnamon Bread, Yogurt & Grahams, 100% Fruit Juice
- **Milk Choices:** Fat Free Chocolate & White Milk, Soy Milk. Milk may be purchased for \$.50 to compliment meals from home.

This institution is an equal opportunity provider.

Menu items may change without notice.

8/12/2019