

2018-2019

Lakeside High School MENU

Ashtabula Area City Schools



Lunch Meal Calendar

AUGUST 2018

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

SEPTEMBER 2018

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

OCTOBER 2018

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

NOVEMBER 2018

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

DECEMBER 2018

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

JANUARY 2019

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

FEBRUARY 2019

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

MARCH 2019

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

APRIL 2019

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

MAY 2019

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

MONDAY
• Chicken Tenders w/Scooby-Doo Grahams
• Steamed Cauliflower
• Applesauce

TUESDAY
• Calzone w/Marinara Dip
• Steamed Broccoli
• Cinnamon Pears

WEDNESDAY
• Cheeseburger w/Goldfish
• Baked Beans
• Carrot Stix w/Ranch
• Mixed Fruit

THURSDAY
• Kids' Choice
• Steamin' Corn
• Mandarin Oranges

FRIDAY
• Pizza
• Carrot Stix w/Ranch
• Diced Peaches

Lunch - Week 1

MONDAY
• Chicken Patty Sandwich
• Tater Tots
• Cinnamon Pears

TUESDAY
• CornDog w/Sun Chips
• Green Beans
• Mandarin Oranges

WEDNESDAY
• Salisbury Steak Hoagie
• Carrot Stix w/Ranch
• Baked Beans
• Cinnamon Pears

THURSDAY
• Kids' Choice
• Sun Spots
• Pineapple Bits

FRIDAY
• Personal Pan Pizza
• Steamed Broccoli
• Side Kick (100% Juice Slushie)

Lunch - Week 2

MONDAY
• Grilled Chicken Sandwich w/Pretzels
• French Fries
• Applesauce

TUESDAY
• Meatballs w/Breadstick
• Steamed Broccoli
• Diced Peaches

WEDNESDAY
• Turkey Burger w/Scooby-Doo Grahams
• Baked Beans
• Mandarin Oranges

THURSDAY
• Kids' Choice
• Sweet Potato Fries
• Diced Pears

FRIDAY
• Pizza
• Green Beans
• Carrot Stix w/Ranch
• Pineapple Bits

Lunch - Week 3

MONDAY
• Chicken Fries w/Goldfish
• Steamed Cauliflower
• Applesauce

TUESDAY
• Quesadilla
• Salsa Cup
• Refried Beans
• Diced Peaches

WEDNESDAY
• Sloppy Joes w/Sun Chips
• Steamed Broccoli
• Cinnamon Applesauce

THURSDAY
• Kids' Choice
• Peas
• Mixed Fruit

FRIDAY
• Stuffed Crust Pizza
• Diced Carrots
• Diced Pears

Lunch - Week 4

All student **LUNCH COMBO MEALS** include choice of an entrée, fruit, veggie and milk! Students must select a fruit or veggie with a Lunch Combo Meal.

Meals are at NO COST for students!

All Ashtabula Area City Schools are participating in the new Community Eligibility Provision (CEP), offered by the USDA for low income school districts that qualify, which allows the Nutrition Services Department to provide **ONE School Breakfast Meal and ONE School Lunch Meal per student per day free or charge.**

In order to receive the free breakfast and/or lunch meal, students must select the minimum amount of items to make a combo meal or they will be charged a la carte pricing. All students must still enter their PIN when receiving their meals or a la carte items at the cashier stand.

Money may still be placed on students' accounts to be used for purchasing a la carte items. If sending in a check, please make it payable to Ashtabula Area City Schools. Sending cash with elementary-age students is not encouraged. Credit card payments are accepted at www.PayForIt.net. Please keep in mind that if your child carries over a negative balance they will not be able to purchase extra items or snacks, until the negative balance is paid in full.

Lunch Items Offered Daily

- Chef Salad with Croutons and Mini Bread
- Peanut Butter and Jelly Sandwich with String Cheese and Grahams
- Romaine Side Salad • Fresh Fruit

Lunch Items A La Carte

- Featured Entrée of the Day...\$2.25
- Deli, Wrap, Sub and other Sandwiches.....\$2.25
- Large Side Item.....\$1.25
- Small Side Item.....\$.75
- Whole Fruit.....\$.50
- String Cheese.....\$.50
- Extra Salad Dressing (large)...\$.50
- Extra Salad Dressing (small)...\$.25

Drinks

- Extra Milk (1/2 pint).....\$.45
- Large Water.....\$1.00
- Small Water.....\$.50
- 100% Chilled Juices.....\$.35

Meal Pricing

- Student Lunch (includes milk).....No Charge
- Adult Lunch.....\$3.00
- Student Breakfast (includes milk).....No Charge
- Adult Breakfast.....\$2.00

Breakfast Menu

MONDAY
• Bagels
• Fresh Fruit
• Juice

TUESDAY
• Mini Waffles
• Fresh Fruit
• Juice

WEDNESDAY
• Breakfast Pizza
• Fresh Fruit
• Juice

THURSDAY
• Pancake and Sausage on a Stick
• Fresh Fruit
• Juice

FRIDAY
• Mini Pancakes
• Fresh Fruit
• Juice

All student **BREAKFAST COMBO MEALS** include milk! Students must select a fruit or juice with the Breakfast Combo Meal.

Breakfast Items Offered Daily: Nutri-Grain Breakfast Bars, String Cheese and Grahams.



Ashtabula Area City Schools Nutrition Services Department

Director: Pamela Peck • pamela.peck@acs.net
6600 Sanborn Road • Ashtabula, Ohio 44004
440-993-2490 • www.acs.net

Information Regarding Food Allergies, Sensitivities and Diabetic Students: On the Point of Sale student ID system, which is used on all cafeteria serving lines, we can flag your child for food allergies or other food concerns. A physician's statement is required for specific food substitutions in the case of life threatening allergies (this includes milk). It is the parent's responsibility to review the monthly menu and contact the director of Nutrition Services with questions regarding specific content of food items (440-993-2490). We do not ban any food from the school setting and we are NOT a Peanut/Nut-Free school district. We use the guidelines as set forth in the The School Food Allergy Program by The Food Allergy and Anaphylaxis Network (FAAN). Carb counts and nutritional information for most food items are available. Please call or email for any other information. This institution is an equal opportunity provider.