

Kings Canyon USD
WASHINGTON ELEMENTARY LUNCH
FEBRUARY 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				Feb - 1 SPAGHETTI & MEAT SAUCE K- SWEET POTATO FRIES SALAD Harvest Fruit Cup, Variety MILK - Variety CONDIMENTS ASSORT
Feb - 4 Beef/Cheese Taco Stick CARROT STICKS GREEN BEANS RAISINS MILK - Variety CONDIMENTS ASSORT	Feb - 5 CHICKEN,OVEN FRIED MASHED POTATOES & GRAVY SALAD Harvest Fruit Cup, Variety MILK - Variety CONDIMENTS ASSORT	Feb - 6 Grilled Cheese Integ Whole GR SALAD Harvest BAKED BEANS (VEGETARIAN) Fruit Cup, Variety MILK - Variety CONDIMENTS ASSORT	Feb - 7 Chimichanga K-12 BROCCOLI SALAD Harvest 1/2 Cup Fresh Fruit MILK - Variety CONDIMENTS ASSORT	Feb - 8 PIZZA MAX STIX CHEESE WG B CARROTS GLAZED SALAD Harvest 1/2 Cup Fresh Fruit MILK - Variety CONDIMENTS ASSORT
Feb - 11 HOLIDAY	Feb - 12 CHICKEN & GRAVY K-5 SALAD Harvest Spudsters, potatoes 1/2 Cup Fresh Fruit MILK - Variety	Feb - 13 CHICKEN BURGER POTATO WEDGES SEASONED SALAD Harvest Fruit Cup, Variety MILK - Variety CONDIMENTS ASSORT	Feb - 14 Chicken Nugget;shaped Vegetable Medley SALAD Harvest 1/2 Cup Fresh Fruit MILK - Variety HOLIDAY COOKIE CONDIMENTS ASSORT	Feb - 15 Beef/Cheese Taco Stick BAKED BEANS (VEGETARIAN) SALAD Harvest APPLE CRISP - ALL MILK - Variety
Feb - 18 HOLIDAY	Feb - 19 Southwest Quesadilla K-5 SALAD Harvest BEANS REFRIED SPICY Fruit Cup, Variety MILK - Variety CONDIMENTS ASSORT	Feb - 20 CHICKEN NUGGET; K-5 SALAD Harvest Vegetable Medley RAISINS MILK - Variety CONDIMENTS ASSORT	Feb - 21 Cheezy Bites K-5 SALAD Harvest CARROTEENIES Fruit Cup, Variety MILK - Variety	Feb - 22 PIZZA PEPPERONI WEDGE Spudsters, potatoes SALAD Harvest 1/2 Cup Fresh Fruit MILK - Variety CONDIMENTS ASSORT
Feb - 25 BURRITO XTREME LUNCH BEA Sweet Corn CARROTEENIES Fruit Cup, Variety MILK - Variety CONDIMENTS ASSORT	Feb - 26 BEEF RIB Q HONEY PIERRE SALAD Harvest GREEN BEANS 1/2 Cup Fresh Fruit MILK - Variety	Feb - 27 Chimichanga K-12 BAKED BEANS (VEGETARIAN) SALAD Harvest 1/2 Cup Fresh Fruit MILK - Variety CONDIMENTS ASSORT	Feb - 28 WG Cheeseburger Buddies CARROTEENIES SALAD Harvest RAISINS MILK - Variety	

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.