

NEW CALENDAR YEAR BEGINS WITH GRADE CARDS

**Coordinated School Health
Linda B. McGill
Athens City Schools**

Welcome to the new year of 2019! The hectic lives we've lived in December now settles back into routines of schedules, activities, and life as usual. We all need breaks, but we all need structure as well. I hope each of you spent time with family and friends, and that you're as ready as I am to get back to life.

Students will be bringing home their grade cards for the first semester of school this Friday, January 11. If you have concerns, be sure to contact your child's teacher(s) by calling the school for an appointment or by email. They will be most happy to work with you for the good of your student.

Athens City Middle School continues a full schedule of basketball games for the rest of January. These lead up to the Sectional Tournament games, followed by the District Tournament games. Check out the ACMS website for any changes that may be made.

Home games were scheduled on Monday and Tuesday against Chilhowee and Dayton City. Tomorrow, Jan. 10th, the Cougars are at Rockwood, with games at 5,6, and 7 p.m. Make-up games at Sweetwater are scheduled on Friday, Jan. 11, beginning at 4 p.m. On Monday, Jan. 14, they are at home against Rhea county, beginning at 4:30. Tuesday home games are against Meigs County, beginning at 4 p.m. Come out and support the Cougars!

Mark Tuesday, Jan. 15th, on your calendars for a Systemwide Family Engagement Event. "Reading is SNOW Much Fun" family night will be held at City Park, beginning at 6 p.m. If you've never attended one of these seminars, you've been missing some exciting events. Representatives from individual schools will be on hand. Reading is a most important skill for each child to attain. Athens City emphasizes reading by offering many types of reading activities. If you haven't seen our "Let's Read 20" Bus around town at events, you must stop and take a look.

Athens City Schools is holding a drive to collect supplies for our furry friends out in the community. If you love dogs (as much as they love you), drop by a donation of canned dog food, Dawn liquid detergent, plastic garbage bags and the like to one of our schools. These will be given to the Humane Society for use during these cold days. This is part of our Rachel's Challenge program, where students are shown how to be an active part of their community. Drives of this kind teach students habits for

a lifetime. Active participation in the community strengthens the child and the community as well.

The Athens City Board of Education has its monthly meeting scheduled for next Monday, January 14th. It will be held at Athens City Middle School, beginning at 5:30. As always, the public is invited to attend.

Alerts are coming out from the CDC regarding the spread of flu throughout the states. If you or your family didn't receive a flu shot, it's not too late to get one! You can get them at local pharmacies, local doctors' offices, or at our McMinn Health Department.

We are currently seeing a virus spreading in our area. Remember to wash your hands often, cover your cough in your elbow (Batman style), drink plenty of liquids, get lots of sleep and stay healthy!

1/9/19