

Parents:

All students in grades 6-8, participating in interscholastic sports, must submit a current physical (valid for one calendar year), prior to the first day of practice. If the first day of practice is greater than 90 days from the date of the physical, parents must complete the Health History Update Questionnaire.

In addition, the Sudden Cardiac Health Pamphlet must be read and the Sign Off sheet signed by both the parent and the student athlete. No one will be permitted to participate in practices or games until all forms are received. All sports forms can be found on the Saint Elizabeth web site. Questions may be directed to the Health Office. Thank you for your cooperation.

Denise Jaffe RN, CSN