

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 08/15/2019																
Elementary Cycle 1-Lunch	Total	100														
NACHOS WITH GROUND BEEF	1/3 cup	50	154	19	280	0.46	0.61	109.5	406	*0.19	*1	7.99	7.36	10.34	4.22	*0.20
BEAN & CHEESE BURRITO/KID SMART	1 EACH	50	130	2	205	3.50	1.35	50.0	50	0.6	*N/A*	6.0	18.5	4.5	1.00	0.00
SPANISH RICE	1/2 CUP	50	67	*0	*46	*0.50	*0.36	*1.9	*16	*1.09	*0	*1.4	*11.68	*2.03	*0.39	*0.00
PINTO BEANS: cooked	1/2 CUP	50	72	*0	*13	*3.19	*1.04	*25.6	*0	*1.43	*0	*4.47	*13.02	*0.25	*0.05	*0.00
CARROT STICKS	1/4 CUP	100	15	0	24	0.99	0.11	11.7	5920	2.09	2	0.33	3.39	0.09	0.01	0.00
CHERRY TOMATO	1/4 Cup	100	105	0	30	3.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	3.0	18.0	3.0	0.00	*N/A*
PICO DE GALLO	1/4 c	100	13	*0	*2	*0.58	*0.23	*5.8	*387	*33.1	*2	*0.53	*2.55	*0.3	*0.04	*0.00
PEACHES, SLICED-WORLD HORIZONS	1/2 CUP	100	70	0	10	1.00	0.36	20.0	100	1.2	*N/A*	1.0	17.0	0.0	0.00	0.00
FRUIT, FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK - Variety	HALF PINT	30	31	2	47	0.00	0.02	63.0	60	*0.24	*N/A*	2.4	4.8	0.25	0.15	0.00
PICANTE SAUCE- BRAUN BEF-AMIGO	2 Tbsp	20	2	0	32	0.00	*N/A*	*N/A*	20	1.2	*N/A*	0.0	0.4	0.0	0.00	*N/A*
RANCH DRESSING	2 TBSP	20	8	1	39	0.02	0.01	7.0	4	0.09	*0	0.22	0.51	0.61	0.11	*0.00
Weighted Daily Average			728	*25	*729	*15.64	*4.28	*308.3	*7239	*59.22	*16	*28.05	*112.81	*21.57	*6.02	*0.20
% of Calories											*8.8%	*15.4%	*62.0%	*26.7%	*7.4%	*0.3%
Nutrient Guideline			550-650		1230										<10.00	

Fri - 08/16/2019																
Elementary Cycle 1-Lunch	Total	100														
MAC n CHEESE	6 OZ	20	56	5	134	0.40	0.22	80.0	150	0.0	*N/A*	3.4	5.8	2.2	1.00	0.00
FISH STICKS NORTH ATLANTIC	3 EACH	80	144	36	208	1.60	0.86	16.0	0	0.0	*N/A*	12.0	14.4	4.8	0.40	0.00
COLE SLAW	1/2 CUP	50	86	6	67	1.01	0.26	19.0	1101	12.3	*2	0.64	3.63	7.95	0.87	*0.00
SPINACH: frozen,boiled	1/2 CUP	100	32	0	92	3.52	1.86	145.4	11458	2.09	0	3.81	4.56	0.83	0.15	0.00
SWEET POTATO FRIES STRAI	1/2 C	100	140	0	160	3.00	0.72	40.0	1000	1.2	*N/A*	1.0	20.0	6.0	0.00	0.00
GHT-SI																
FRUIT COCKTAIL-WORLD HO RIZON	1/2 CUP	100	126	0	6	1.50	0.54	0.0	150	7.2	*N/A*	1.5	31.5	1.5	0.00	0.00
FRUIT, FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK - Variety	HALF PINT	30	31	2	47	0.00	0.02	63.0	60	*0.24	*N/A*	2.4	4.8	0.25	0.15	0.00
CONDIMENT, KETCHUP PACK	2 EACH	20	4	0	40	0.00	0.00	0.0	40	0.0	*N/A*	0.0	1.2	0.0	0.00	0.00
ET-SYSC																
TARTAR SAUCE	2 TBL SE RIVING	20	16	1	55	0.02	0.02	0.1	24	0.03	*1	0.01	1.23	1.19	0.13	*0.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			695	50	810	13.44	4.69	377.3	14260	*41.05	*14 *8.3%	25.47 14.7%	102.72 59.1%	24.93 32.3%	2.75 3.6%	*0.00 *0.0%
Nutrient Guideline			550-650		1230											<10.00

Weighted Average			711	*37	*770	*14.54	*4.48	*342.8	*10749	*50.13	*15 *19.2%	*26.76 *15.0%	*107.76 *60.6%	*23.25 *29.4%	*4.38 *5.5%	*0.10 *0.1%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target*	Miss Data	Shortfall*	Overage*	Error Messages (if any)*
Calories	711		550 - 650					
Cholesterol (mg)	37				Missing			
Sodium 1 (mg)	770		1230		Missing			
Sodium 2 (mg)	770		935		Missing			
Fiber (g)	14.54				Missing			
Iron (mg)	4.48				Missing			
Calcium (mg)	342.8				Missing			
Vitamin A (IU)	10749				Missing			
Sugars (g)	15	8.53%			Missing			
Vitamin C (mg)	50.13				Missing			
Protein (g)	26.76	15.05%			Missing			
Carbohydrate (g)	107.76	60.60%			Missing			
Total Fat (g)	23.25	29.42%			Missing			
Saturated Fat (g)	4.38	5.54%	<10.00%		Missing			
Trans Fat ¹ (g)	0.10	0.13%			Missing			

*Data comparisons are not available for one or two day selections

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 08/19/2019																
Elementary Cycle 2-Lunch	Total	100														
CHICKEN FRIED STEAK SAND WICH	SANDWIC	75	369	34	595	3.02	4.06	75.4	0	0.0	*N/A*	17.29	40.7	16.9	6.01	*0.00
Tangerine Chicken	serv	25	100	19	228	*0.50	0.72	10.0	0	0.0	*N/A*	6.75	9.75	4.0	0.87	*0.00
SEASONED RICE	1/2 cup	20	14	0	40	0.00	0.09	0.1	13	0.76	*0	0.2	2.35	0.27	0.05	*0.00
MASHED POTATOES-SIMPLOT	1/2 CUP	20	18	0	76	0.00	0.07	4.0	0	6.0	*N/A*	0.4	3.4	0.3	0.00	0.00
Oriental Vegetable Blend	1/2 cup	100	0	0	0	0.02	0.01	0.3	4	0.16	*N/A*	*N/A*	0.06	0.0	0.00	0.00
ORANGES	1 EACH	100	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK - Variety	HALF PINT	20	21	1	31	0.00	0.01	42.0	40	*0.16	*N/A*	1.6	3.2	0.17	0.10	0.00
SWEET AND SOUR SAUCE	2 TBSP	15	4	0	10	0.02	0.02	0.8	5	0.21	*1	0.08	0.8	0.02	0.00	*0.00
GRAVY, MIX-FAT FREE-MORRI SON	2 tbsp	20	12	0	97	0.00	0.00	8.7	0	0.0	*0	0.4	2.42	0.0	0.00	0.00
Weighted Daily Average			642	54	1079	*8.25	5.28	193.6	554	*76.35	*21	*28.34	89.56	21.98	7.09	*0.00
% of Calories											*13.0%	*17.6%	55.8%	30.8%	9.9%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

Tue - 08/20/2019																
Elementary Cycle 2-Lunch	Total	100														
CHICKEN SPAGHETTI	1 CUP	65	169	41	562	0.93	0.46	*141.7	259	*5.46	*1	12.97	13.24	7.12	2.80	*0.11
PEPPERONI PIZZA	1SLICE	20	91	11	240	0.50	0.56	62.6	*126	*0.81	*N/A*	5.19	8.56	4.23	2.09	*0.00
GREEN BEANS: frozen,boiled	1/2 CUP	100	19	0	1	2.03	0.45	28.4	283	2.77	1	1.01	4.35	0.11	0.03	0.00
CORN: frozen, yellow	1/2 CUP	100	67	0	1	1.98	0.39	2.5	164	2.89	3	2.1	15.92	0.55	0.08	0.00
PEARS WITH CHERRIES	1/2 CUP	100	35	0	2	0.87	*0.16	*0.0	*0	*0.52	*N/A*	*N/A*	8.72	0.0	0.00	*N/A*
CHOCOLATE CHIP COOKIES	1 EACH	20	26	3	17	0.09	0.12	1.9	24	0.0	*2	0.29	3.24	1.35	0.47	*0.00
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK - Variety	HALF PINT	20	21	1	31	0.00	0.01	42.0	40	*0.16	*N/A*	1.6	3.2	0.17	0.10	0.00
Weighted Daily Average			487	55	856	8.79	*2.33	*292.9	*1172	*30.59	*18	*23.87	72.83	13.76	5.62	*0.11
% of Calories											*14.5%	*19.6%	59.9%	25.4%	10.4%	*0.2%
Nutrient Guideline			550-650		1230										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 08/21/2019																
Elementary Cycle 2-Lunch	Total	100														
CORN CHIP PIE(GLUTEN FREE)	1/2 CUP	30	125	*24	*311	*0.35	*0.54	*54.0	*65	*0.17	*0	*7.31	*5.61	*7.85	*2.59	*0.05
BBQ ON A BUN-BEEF	SERVINGS	70	269	*44	536	*0.83	2.42	66.7	*126	*1.1	*5	16.76	28.8	9.43	3.36	*0.00
KIDNEY BEANS: canned,drained	1/2 CUP	20	22	0	76	1.10	0.30	8.7	0	0.31	0	1.34	3.71	0.15	0.04	0.00
CARROTS:frozen, boiled	1/2 CUP	75	20	0	32	1.81	0.29	19.2	9268	1.26	2	0.32	4.23	0.37	0.07	0.00
JUICE-VARIETY	6 OZ	50	50	*0	11	*0.00	0.10	4.0	*0	21.94	*N/A*	*0.21	12.28	*0.0	*0.00	*0.00
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK - Variety	HALF PINT	20	21	1	31	0.00	0.01	42.0	40	*0.16	*N/A*	1.6	3.2	0.17	0.10	0.00
Weighted Daily Average			567	*70	*998	*6.48	*3.86	*208.3	*9776	*42.92	*20	*28.25	*73.44	*18.19	*6.20	*0.05
% of Calories											*14.0%	*19.9%	*51.8%	*28.9%	*9.8%	*0.1%
Nutrient Guideline			550-650		1230										<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 08/22/2019																
Elementary Cycle 2-Lunch	Total	100														
ENCHILADAS & SAUCE-ELEMENTARY	SERVING	30	125	*20	*210	*0.51	0.64	35.8	*84	*0.27	*0	6.64	*7.96	7.39	3.00	*0.00
CHICKEN FAJITAS	1 EACH	70	272	42	387	2.13	1.73	63.0	245	4.65	*8	16.51	27.18	10.69	2.29	*0.02
SPANISH RICE	1/2 CUP	50	67	*0	*46	*0.50	*0.36	*1.9	*16	*1.09	*0	*1.4	*11.68	*2.03	*0.39	*0.00
REFRIED BEANS	1/2 CUP	20	48	0	145	2.12	0.69	31.6	5	0.32	*0	2.73	7.05	1.09	0.26	*0.00
MEXICAN PLATE SALAD	1 CUP	30	5	0	168	0.59	0.33	139.8	683	3.46	*0	0.22	1.1	0.04	0.01	*0.00
PINEAPPLE CHUNKS:canned,lt syr	1/2 CUP	100	66	0	1	1.01	0.49	17.6	48	9.45	16	0.45	16.95	0.15	0.01	0.00
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK - Variety	HALF PINT	20	21	1	31	0.00	0.01	42.0	40	*0.16	*N/A*	1.6	3.2	0.17	0.10	0.00
PICANTE SAUCE- BRAUN BEF-AMIGO	2 Tbsp	10	1	0	16	0.00	*N/A*	*N/A*	10	0.6	*N/A*	0.0	0.2	0.0	0.00	*N/A*
PICO DE GALLO	1/4 c	100	13	*0	*2	*0.58	*0.23	*5.8	*387	*33.1	*2	*0.53	*2.55	*0.3	*0.04	*0.00
Weighted Daily Average			678	*64	*1007	*9.82	*4.67	*351.4	*1793	*71.09	*38	*30.80	*93.46	*22.06	*6.14	*0.02
% of Calories											*22.2%	*18.2%	*55.2%	*29.3%	*8.2%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 08/23/2019																
Elementary Cycle 2-Lunch	Total	100														
BREADED CHICKEN SANDWICH	SANDWIC	40	160	12	304	1.60	1.44	48.0	0	0.48	*N/A*	7.2	15.2	7.8	2.00	0.00
CORN DOG:Turkey Jumbo State F	1 EACH	60	168	19	396	1.20	1.08	48.0	0	10.8	*N/A*	5.4	18.6	7.8	2.10	0.00
SPINACH SALAD	1 CUP	50	80	*0	*13	*0.64	*0.50	*18.6	*1408	*12.67	*3	*0.54	*4.03	*7.1	*1.01	*0.00
SWEET POTATO FRIES-MCCAIN	4 oz. servin	50	73	0	20	1.33	0.24	0.0	0	3.2	*N/A*	1.33	12.0	2.33	0.00	0.00
FRUIT SALAD-FRESH	1/2 CUP	100	70	0	7	2.27	0.41	21.1	133	31.8	*10	0.94	17.77	0.24	0.05	*0.00
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK - Variety	HALF PINT	20	21	1	31	0.00	0.01	42.0	40	*0.16	*N/A*	1.6	3.2	0.17	0.10	0.00
CONDIMENT, KETCHUP PACK	2 EACH	20	4	0	40	0.00	0.00	0.0	40	0.0	*N/A*	0.0	1.2	0.0	0.00	0.00
ET-SYSC																
CONDIMENT,MUSTARD PACK	1 EACH	20	0	0	14	0.00	0.22	8.0	20	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
ET-SYSCO																
Weighted Daily Average			636	*32	*826	*9.43	*4.09	*199.5	*1918	*77.09	*24	*17.72	*87.59	*25.66	*5.31	*0.00
% of Calories											*15.0%	*11.1%	*55.1%	*36.3%	*7.5%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

Weighted Average			602	*55	*953	*8.55	*4.05	*249.2	*3042	*59.61	*24	*25.80	*83.37	*20.33	*6.07	*0.04
											*35.8%	*17.1%	*55.4%	*30.4%	*9.1%	*0.1%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	602		550 - 650	100%				
Cholesterol (mg)	55				Missing			
Sodium 1 (mg)	953		1230		Missing			
Sodium 2 (mg)	953		935		Missing		18	Correction Required - Sodium too High
Fiber (g)	8.55				Missing			
Iron (mg)	4.05				Missing			
Calcium (mg)	249.2				Missing			
Vitamin A (IU)	3042				Missing			
Sugars (g)	24	15.93%			Missing			
Vitamin C (mg)	59.61				Missing			
Protein (g)	25.80	17.14%			Missing			
Carbohydrate (g)	83.37	55.39%			Missing			
Total Fat (g)	20.33	30.39%			Missing			
Saturated Fat (g)	6.07	9.08%	<10.00%		Missing			
Trans Fat ¹ (g)	0.04	0.05%			Missing			

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protrn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 08/26/2019																
Elementary Cycle3-Lunch	Total	100														
PIZZA POCKETS	40 SERVINGS		146	*27	*167	*0.88	*1.30	*64.9	*70	*0.83	*0	*10.84	*11.99	*5.81	*2.33	*0.00
WG MOZZARELLA STICKS (RICH'S)	5 EA	60	240	15	270	1.50	1.20	274.8	257	274.8	*N/A*	12.0	21.0	12.0	4.50	0.00
CARROTS,FRESH,RAW	1/2 CUP	100	46	0	78	3.18	0.34	37.4	18944	6.69	5	1.05	10.86	0.27	0.04	0.00
CORN COBBETTE-BRAUN BEE F-INN/W	EAR	100	154	0	31	3.14	2.26	0.0	0	7.54	*N/A*	5.64	35.48	1.57	0.00	*N/A*
PEARS WITH CHERRIES	1/2 CUP	100	35	0	2	0.87	*0.16	*0.0	*0	*0.52	*N/A*	*N/A*	8.72	0.0	0.00	*N/A*
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK - Variety	HALF PINT	20	21	1	31	0.00	0.01	42.0	40	*0.16	*N/A*	1.6	3.2	0.17	0.10	0.00
RANCH DRESSING	2 TBSP	20	8	1	39	0.02	0.01	7.0	4	0.09	*0	0.22	0.51	0.61	0.11	*0.00
PIZZA SAUCE; LABATT FOOD SERVI	1/8 CUP	20	4	0	36	0.36	0.13	0.0	90	1.62	*N/A*	0.36	1.08	0.0	0.00	*N/A*
BUTTER: individual	PAT	50	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			715	*44	*656	*12.34	*5.61	*440.0	*19682	*310.23	*17	*32.43	*108.45	*20.64	*7.13	*0.00
% of Calories											*9.6%	*18.2%	*60.7%	*26.0%	*9.0%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

Tue - 08/27/2019																
Elementary Cycle3-Lunch	Total	100														
BEANS & FRANKS	.75 CUP	30	83	10	332	1.50	1.31	28.1	31	*1.24	*3	3.41	8.61	4.24	1.46	*0.00
GRILLED CHICKEN SANDWICH	1 EA	70	196	35	371	2.10	1.76	70.0	0	0.0	*N/A*	14.7	19.6	6.65	1.75	0.00
CUCUMBER,WITH PEEL,RAW	1/2 CUP	100	8	0	1	0.26	0.15	8.3	55	1.46	1	0.34	1.89	0.06	0.02	0.00
BLACK-EYED PEAS:from dry,boil	1/2 CUP	15	15	0	31	0.83	0.32	3.1	2	0.05	0	0.99	2.66	0.07	0.02	0.00
CANDIED APPLES	1/2 cup	50	42	0	19	1.27	0.07	3.3	29	2.44	9	0.44	10.86	0.09	0.01	*0.00
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK - Variety	HALF PINT	20	21	1	31	0.00	0.01	42.0	40	*0.16	*N/A*	1.6	3.2	0.17	0.10	0.00
RANCH DRESSING	2 TBSP	10	4	0	19	0.01	0.01	3.5	2	0.05	*0	0.11	0.25	0.3	0.05	*0.00
CONDIMENT, KETCHUP PACK	2 EACH	10	2	0	20	0.00	0.00	0.0	20	0.0	*N/A*	0.0	0.6	0.0	0.00	0.00
ET-SYSC																
CONDIMENT,MUSTARD PACK	1 EACH	10	0	0	7	0.00	0.11	4.0	10	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
ET-SYSCO																
BAKED CHIPS-VARIETY	1BAG	25	36	0	56	0.50	0.13	13.8	13	0.23	*N/A*	0.56	5.5	0.72	0.28	*0.00
Weighted Daily Average			468	47	888	8.87	4.07	189.9	477	*23.60	*25	22.87	68.77	12.51	3.74	*0.00
% of Calories											*21.5%	19.6%	58.8%	24.1%	7.2%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 08/28/2019																
Elementary Cycle3-Lunch	Total	100														
CHEESEBURGER ON A BUN	1 EACH	30	85	14	200	0.90	1.08	58.5	90	0.0	*N/A*	7.05	8.7	2.55	1.13	0.00
CORN DOG:Turkey Jumbo State F	1 EACH	70	196	22	462	1.40	1.26	56.0	0	12.6	*N/A*	6.3	21.7	9.1	2.45	0.00
SWEET POTATO FRIES-MCCAIN	4 oz. servin	75	110	0	30	2.00	0.36	0.0	0	4.8	*N/A*	2.0	18.0	3.5	0.00	0.00
BURGER SALAD	1/2 cup	50	8	0	348	0.67	0.23	29.1	959	3.12	1	0.44	1.66	0.16	0.04	0.00
PINEAPPLE CHUNKS:canned,lt syr	1/2 CUP	100	66	0	1	1.01	0.49	17.6	48	9.45	16	0.45	16.95	0.15	0.01	0.00
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK - Variety	HALF PINT	20	21	1	31	0.00	0.01	42.0	40	*0.16	*N/A*	1.6	3.2	0.17	0.10	0.00
CONDIMENT, KETCHUP PACK	2 EACH	10	2	0	20	0.00	0.00	0.0	20	0.0	*N/A*	0.0	0.6	0.0	0.00	0.00
ET-SYSC																
CONDIMENT,MUSTARD PACK	1 EACH	10	0	0	7	0.00	0.11	4.0	10	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
ET-SYSCO																
RANCH DRESSING	2 TBSP	10	4	0	19	0.01	0.01	3.5	2	0.05	*0	0.11	0.25	0.3	0.05	*0.00
Weighted Daily Average			552	38	1119	8.38	3.74	224.6	1446	*48.16	*28	18.67	86.66	16.15	3.82	*0.00
% of Calories											*20.4%	13.5%	62.8%	26.3%	6.2%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

Thu - 08/29/2019																
Elementary Cycle3-Lunch	Total	100														
TACOS-BEEF	SERVINGS	30	160	*25	*144	*1.29	*1.09	*71.1	*159	*1.2	*0	*8.06	*11.57	*9.19	*3.39	*0.00
BEAN & CHEESE BURRITO/KID SMART	1 EACH	70	182	3	287	4.90	1.89	70.0	70	0.84	*N/A*	8.4	25.9	6.3	1.40	0.00
SPANISH RICE	1/2 CUP	50	67	*0	*46	*0.50	*0.36	*1.9	*16	*1.09	*0	*1.4	*11.68	*2.03	*0.39	*0.00
PINTO BEANS: cooked	1/2 CUP	100	145	*0	*26	*6.39	*2.08	*51.2	*0	*2.86	*1	*8.93	*26.03	*0.51	*0.10	*0.00
MEXICAN PLATE SALAD	1 CUP	100	18	0	559	1.96	1.09	466.1	2276	11.53	*2	0.73	3.67	0.13	0.02	*0.00
PEACHES, SLICED-WORLD H ORIZONS	1/2 CUP	100	70	0	10	1.00	0.36	20.0	100	1.2	*N/A*	1.0	17.0	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK - Variety	HALF PINT	20	21	1	31	0.00	0.01	42.0	40	*0.16	*N/A*	1.6	3.2	0.17	0.10	0.00
PICANTE SAUCE- BRAUN BEF-AMIGO	2 Tbsp	20	2	0	32	0.00	*N/A*	*N/A*	20	1.2	*N/A*	0.0	0.4	0.0	0.00	*N/A*
PICO DE GALLO	1/4 c	100	13	*0	*2	*0.58	*0.23	*5.8	*387	*33.1	*2	*0.53	*2.55	*0.3	*0.04	*0.00
Weighted Daily Average			737	*30	*1139	*19.01	*7.31	*741.9	*3344	*71.16	*16	*31.36	*117.60	*18.83	*5.48	*0.00
% of Calories											*8.4%	*17.0%	*63.8%	*23.0%	*6.7%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 08/30/2019																
Elementary Cycle3-Lunch	Total	100														
GRILLED CHEESE SANDWICH	SERVINGS	50	126	6	261	1.00	1.10	38.7	225	*0.0	*0	3.27	14.25	5.9	2.23	0.71
FISH SOFT TACO	2 EA	50	185	30	188	2.33	0.90	23.3	0	0.0	*N/A*	11.0	24.5	5.0	0.58	0.00
SALAD,TOSSED: no dressing	1 cup	50	22	0	13	1.86	0.68	27.1	5994	9.97	2	1.18	4.77	0.27	0.04	0.00
CHERRY TOMATO W/CELERY STICK	1/2 Cup	50	55	0	27	1.74	*0.03	*6.0	*67	*0.47	*0	1.6	9.45	1.53	0.01	*0.00
FRUIT COCKTAIL-WORLD HO RIZON	1/2 CUP	100	126	0	6	1.50	0.54	0.0	150	7.2	*N/A*	1.5	31.5	1.5	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	100	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
MILK - Variety	HALF PINT	20	21	1	31	0.00	0.01	42.0	40	*0.16	*N/A*	1.6	3.2	0.17	0.10	0.00
CONDIMENT, KETCHUP PACK ET-SYSC	2 EACH	20	4	0	40	0.00	0.00	0.0	40	0.0	*N/A*	0.0	1.2	0.0	0.00	0.00
RANCH DRESSING	2 TBSP	20	8	1	39	0.02	0.01	7.0	4	0.09	*0	0.22	0.51	0.61	0.11	*0.00
BAKED CHIPS-VARIETY	1BAG	50	73	0	113	1.00	0.27	27.5	25	0.45	*N/A*	1.12	11.0	1.44	0.56	*0.00
TARTAR SAUCE	2 TBL SE RVING	20	16	1	55	0.02	0.02	0.1	24	0.03	*1	0.01	1.23	1.19	0.13	*0.00
Weighted Daily Average			696	40	774	11.87	*3.76	*185.6	*6846	*36.36	*15	22.22	117.20	17.80	3.80	*0.71
% of Calories											*8.5%	12.8%	67.4%	23.0%	4.9%	*0.9%
Nutrient Guideline			550-650		1230										<10.00	
Weighted Average			634	*40	*915	*12.09	*4.90	*356.4	*6359	*97.90	*20	*25.51	*99.74	*17.19	*4.79	*0.14
											*28.6%	*16.1%	*63.0%	*24.4%	*6.8%	*0.2%

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Victoria I.S.D.

Base Menu Spreadsheet

Weighted Values - Detailed

Aug 26, 2019 thru Aug 30, 2019

Elementary Cycle3-Lunch

Generated on: 7/10/2019 6:33:02 AM

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
		% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)									
Calories	634		550 - 650	100%													
Cholesterol (mg)	40				Missing												
Sodium 1 (mg)	915		1230		Missing												
Sodium 2 (mg)	915		935		Missing												
Fiber (g)	12.09				Missing												
Iron (mg)	4.90				Missing												
Calcium (mg)	356.4				Missing												
Vitamin A (IU)	6359				Missing												
Sugars (g)	20	12.72%			Missing												
Vitamin C (mg)	97.90				Missing												
Protein (g)	25.51	16.11%			Missing												
Carbohydrate (g)	99.74	62.97%			Missing												
Total Fat (g)	17.19	24.42%			Missing												
Saturated Fat (g)	4.79	6.81%	<10.00%		Missing												
Trans Fat ¹ (g)	0.14	0.20%			Missing												

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