

Pride & Honor Activities Code

Central Valley School District's Extra and Co-Curricular Activities Guiding Principles

- ◆ Programs should complement and support the *Portrait of a Central Valley Learner*. Extra and co-curricular program offerings should create opportunities for student learning in academic, intramural, cultural and athletic areas.
- ◆ Programs should be open to all eligible students, should be age appropriate, and designed to promote/develop students' self-worth, confidence, responsibility, leadership, citizenship, ethical development and health/fitness. Emphasis on participation, skill building and sportsmanship should be the cornerstone of all programs.
- ◆ Partnerships with community organizations should be encouraged to provide a wide range of activities.
- ◆ Involving the family in the support and participation of these programs should be encouraged at the building level.
- ◆ Parent and student acceptance of this *Pride & Honor Activities Code* shall be required in order to participate in extra and/or co-curricular activities.
- ◆ Parents, coaches and community should be encouraged to participate and support programs in many ways, but most importantly, by modeling good sportsmanship for our children.
- ◆ Programs should promote competitive excellence in our interscholastic activities up to state level competition.
- ◆ Equity in district funding should be provided for all district-approved activities.
- ◆ Intramural clubs and activities should be developed to encourage maximum participation.

Policy Concerning Minimizing Loss of Class Time to Extra and Co-Curricular Activities

One of the primary aims of extra and co-curricular activities is to promote the health and safety of participating students.

While the Central Valley School District is aware of the important role that interscholastic athletics play in the development of students, the district is also committed to the philosophy that the primary purpose of its secondary schools is to academically prepare students to become productive citizens upon graduation.

Therefore, a minimum loss of class time for students participating in extra and co-curricular activities shall be a primary goal of the Central Valley School District.

An athlete who is absent from school for one or more periods on the day of a contest/practice must obtain permission from his/her principal or designee before he/she is eligible to take part in the contest. This protects both the player and the coach. A boy/girl too ill to attend school is probably not physically fit for competition. If his/her absence was for some other reason, the principal should determine the propriety of the absence. A pre-arranged absence for a school activity or for a doctor/dentist appointment is eligible if the absence was pre-approved by the school.

District and WIAA Regulations

Students in grades 7-12 who participate in the activity programs of Central Valley School District (CVSD) shall be governed by the rules and regulations of the Washington Interscholastic Activities Association, (WIAA), Central Valley School District, the district's Responsibilities and Rights Policy (3200) and rules specific to each individual sport/activity. The rules and regulations are in effect from the day the student's first activity begins (first turnout) and continues until the participant ceases to be a secondary student in CVSD. All ASB recognized clubs or organizations shall be subject to these policies, rules and regulations.

Prior to participation each student shall present evidence of the following:

- ❶ Currently enrolled in CVSD (5 of 6 classes in a semester-high school or quarter-middle school)
- ❷ Pay an ASB/Greater Spokane League (GSL) fee and any equipment/uniform fees
- ❸ *Concussion Information Sheet* signed by the student and parent/guardian (must be renewed annually)
- ❹ *Sudden Cardiac Arrest Sheet* signed by the student and parent/guardian (must be renewed annually)
- ❺ *Athletic Activity Eligibility & Proof of Insurance* signed by the student and parent/guardian providing eligibility information, emergency medical information, insurance waiver, and agreeing to this *Pride & Honor Activities Code*
- ❻ A *Pre-Participation Physical Evaluation* form (signed by a medical authority licensed to perform medical examinations) must be on file in the business office, stating the fitness of the student to undertake the proposed athletic participation together with suggestions for activity modifications if necessary. Physicals for athletic participation are in effect for two years from the date the physical was performed by the medical authority
- ❼ Specific sport/activity *Safety Guidelines* signed by parent/guardian acknowledging risks (do not cut off the bottom portion of the form)

All of the above forms will be submitted to the business office prior to the first turnout. Clearance to participate in activities/sports will not be given without them.

Incomplete paperwork will not be accepted by the business office.

To resume participation following an illness or injury serious enough to require medical care, a participating student must present to school officials a physician's written release (full release to participate or release with stipulations).



Activity Season

The WIAA rules and regulations apply to each student who participates during the defined activity season that begins with the first practice and concludes with the last game/contest, including state tournaments. District rules and regulations apply for the school year.

Academic Eligibility

Participants shall be checked for academic eligibility at the beginning of each activity season and at all progress checks during the activity season.

Students will meet WIAA and district standards for participation. A high school student who has been in regular attendance at least fifteen (15) weeks of the previous semester or a middle school student who has been in regular attendance at least seven (7) weeks of the previous quarter, but who fails to make WIAA academic requirements will be placed on probation/suspension and is ineligible for contests during the probationary/suspension period.

- ♦ For middle school students, the probationary/suspension period is the first two weeks of the sports season including the first contest, which may occur the subsequent (third) week.
- ♦ For high school students, the probationary/suspension period is the first five weeks of the succeeding semester.

Middle School

Grade checks will be completed prior to each of the four middle school sports seasons. The most recent grading period, either final quarter grades or mid-quarter progress report (IPR) grades, will establish each student's eligibility for each sports season in which they participate. At the time of a grade check and subsequent established reporting periods, students may not be failing (no "F" grades) any classes and must maintain a 2.0 GPA. Students not meeting these criteria may participate in the Academic Assistance Program (see below) in order to continue participating in practices through the first competition for their school, though they will not be eligible for this first competition of the season. The day after the first competition for their school, the student can submit a progress report to their coach for reinstatement consideration. Students who continue to not meet the district academic eligibility requirements may continue to participate in the Academic Assistance Program during the season, and continue practicing with the team, however, they will remain ineligible for competitions until academically eligible.

High School

Each high school student is eligible for reinstatement on Monday of the week following the end of the school's probationary period, providing s/he has met WIAA and district standards. If at the end of the probationary period, a student does not meet the district standards, s/he may maintain eligibility by actively participating in the school's academic assistance program.

All Students

All students will maintain passing grades in all subjects. In addition, a student will have and maintain a minimum GPA of 2.00 with no "F" grades in all progress checks in order to meet district

eligibility. If a student does not meet district academic eligibility, s/he must enroll and actively participate in the school's academic assistance program. The academic record at the end of the last middle school quarter/high school semester will be final, except for grades earned in a regularly accredited summer school program and accepted by the district for determination of eligibility the subsequent fall.

A student with an incomplete (I) grade will be assigned to the school's academic assistance program for two (2) weeks or until the incomplete is made up. If upon completion of the grade the student has a GPA of 2.00 or higher and no "F" grades, he/she becomes eligible for competition. If the incomplete becomes an "F" grade or the GPA is below 2.00, the student may continue enrollment in the school's academic assistance program. If the student chooses not to continue in the school's academic assistance program, he/she will be ineligible to attend practices or compete until the activity season.

CVSD Academic Assistance Program

The academic assistance program is designed to provide a supervised study environment in an extended day format for students. Any student who participates in district activity programs and does not meet the district grade and/or GPA eligibility standards (see above) must attend and fully participate in the academic assistance program.

General operating guidelines for the academic assistance program are as follows:

- ♦ Students shall attend a minimum of 90 minutes per week.
- ♦ The length of the academic assistance program will be a minimum of 30 minutes per day.
- ♦ The program will be staffed by qualified personnel.
- ♦ Each school will be responsible for the organization, staffing and implementation of the program.

Student responsibilities in the academic assistance program are as follows:

- ♦ Students are expected to be on time, fully participate in study and demonstrate appropriate behavior in the program.
- ♦ Students must be prepared with appropriate study materials (e.g., daily planner, assignments, books, etc.).
- ♦ At any time, if a student chooses not to continue in the school's academic assistance program, s/he shall be ineligible to attend practices or compete.

Practices, Contests and Performances

A participant is expected to attend all school practices, team meetings, contests and performances. If a participant finds it necessary to miss a practice, meeting, contest or performance, prior arrangements must be made with the coach/advisor.

A participant shall not quit one activity and be eligible for another activity in the same season without the consent of the coaches/advisors of each activity and the principal/designee. The participant must also be in compliance with WIAA and/or league rules and regulations.

Every effort shall be made to minimize time out of class for all participants in interscholastic sports/activities.

If a student is to be removed from a practice/activity in excess of the current school day by the coach/advisor, the coach/advisor imposing such discipline shall notify the parent/guardian. If the proposed removal is in excess of one day, the coach/advisor as well as the principal/designee, shall informally review the proposed discipline prior to its imposition. If any discipline is imposed by a school staff member, the parent/guardian must be notified. A student who has lost the privilege to participate may petition the principal for reconsideration.

Appearance

A participant is required to be neat, clean, and well groomed in a manner that does not cause a disruption of the educational process, damage school property, or present health or safety problems.

Equipment

- ◆ School-owned equipment and uniforms, which are checked out by a participant in any activity are his/her responsibility. Loss or misuse of this equipment shall be the financial obligation of that participant. Materials or equipment issued to a participant are not to be used by others.
- ◆ A participant shall not be allowed to continue in another activity until all school financial obligations are met.

Transportation

When transportation is provided by the school district, a participant shall travel to and from an activity in the vehicle provided.

A parent/guardian intending to transport their own student to and/or from a school sponsored event shall complete an *Alternate Transportation Request Form* (2320F4) prior to departure.

Parental Concerns/Issues – Programs

Parental concerns/issues regarding activities/programs must be addressed at the individual building with the coach. If the concern/issue is not ameliorated, an appeal may be made to the building principal/designee. The decision of the building principal shall be final on activity program issues.

Ejection Policy

A player, coach, or bench personnel of a team who is ejected from a contest shall be prohibited from participating in the next scheduled game. (WIAA Rule 18.25) The head coach shall notify the building administrator of the ejection by the following day.

Transfers

The procedures outlined in Central Valley School District's Board Policy 3130 and 3130AP (School Choice: Resident Students) shall be followed for in-district transfer of students.

Self-Reporting

Students and parents are encouraged to self-report infractions of this *Pride & Honor Activities Code* by contacting the school administration.

Discipline Procedures

A student shall comply with Central Valley School District's *Student Responsibilities and Rights* (Policy 3200), *Pride & Honor Activities Code*, and WIAA rules and regulations. If a participant engages in conduct detrimental to the activity, group, school, or community, s/he shall be subject to discipline, up to and including loss of privilege to participate. Participants should be positive and respectful towards all those with whom they associate. Discipline for non-compliance shall be imposed in the order of the three preceding references.

If a student is to be removed from a practice/activity in excess of the current school day by the coach/advisor, the coach/advisor imposing such discipline shall notify the parent/guardian. If the proposed removal is in excess of one day, the coach/advisor as well as the principal/designee, shall informally review the proposed discipline prior to its imposition.

If any discipline is imposed by a school staff member, the parent/guardian must be notified. A student who has lost the privilege to participate may petition the principal for reconsideration.

Progressive disciplinary sanctions imposed for *Pride & Honor Activities Code* infractions in grades 7 and 8 terminate at the end of the eighth grade year. Sanctions, including those listed under the "Use of Illegal Substances" section, shall be cumulative in grades 9-12, or until the student has no remaining eligibility under WIAA rules and regulations.

Appeal Process for Disciplinary Action

When infractions occur within the activities program, the following process may be followed:

Upon the imposition of penalty for infraction(s) of said rules or regulations, any aggrieved student and parent/guardian of said student shall have the right to an informal conference with the activities director and coach. If the student and parent/guardian do not make a written request for this informal conference within five (5) school days of the disciplinary action, they will have waived their right to the conference and appeal procedure. The informal conference is to be held within three (3) school days of the request.

Disciplinary actions remain in force unless an appeal is upheld.

- A. The aggrieved party may appeal, in writing, to the principal within three (3) school days of the decision of the informal conference. The principal, after reviewing the case, shall render a decision within three (3) school days of the hearing.
- B. If the party remains aggrieved they may appeal the principal's decision, in writing, to the superintendent/designee within three (3) school days. The superintendent/designee, after hearing the case, shall render a decision within three (3) school days.

Use of Illegal Substances

School and WIAA rules and regulations are intended to discourage the use of alcohol, tobacco, legend drugs, and controlled substances and to encourage the use of school and community resources. Such resources should be identified for students who have had a violation and seek help or are referred for assessment.

Legend Drugs, Controlled Substances, Marijuana/Cannabis, and Drug Paraphernalia

Penalties for the possession, use or sale of legend drugs (drugs obtained through prescription, RCW 69.41.020-050), controlled substances (RCW 69.50), marijuana/cannabis, and drug paraphernalia shall be as follows:

First Violation - A participant shall be immediately ineligible for interscholastic competition in the current interscholastic sports/activity program for the remainder of the season. Ineligibility shall continue until the next activity season in which the participant wishes to participate or unless the student accesses the aforementioned resource. Should the violation occur out-of-season, a minimum four (4) week suspension from games/contests/activity shall be served during the next activity season in which the student wishes to participate pending approval by the eligibility board.

In order to be eligible to participate in the next activity season, the student shall meet with the school eligibility board, consisting of coaches, counselors and administrators selected by the principal, to request approval to participate. The school eligibility board will recommend to the principal appropriate action to be taken in the student's case. The school principal shall have the final authority as to the student's participation in future activities.

A participant who seeks and receives help for a problem with the use of legend drugs (RCW 69.41.010 identified substances) or controlled substances and controlled substance analogs (RCW 69.50.101 identified substances) shall be given the opportunity for assistance through the school and/or community agencies. In no instance shall participation in a school and/or community approved assistance program excuse a student from subsequent compliance with this regulation. However, successful utilization of such an opportunity or compliance with the activities code by the student may allow him/her to have eligibility reinstated in that activity season, pending recommendation by the school eligibility authority.

Second Violation - A participant who again violates any provision of RCW 69.41.020 through 69.41.050 shall be ineligible for interscholastic competition and school activities for a period of one (1) calendar year from the date of the second violation.

Third Violation - A participant who violates for a third time RCW 69.41.020 or RCW 69.50 shall be permanently ineligible for interscholastic competition and school activities.

Alcohol/Tobacco Products and Attendance at Parties

A participant will not knowingly, or with reason to know, attend any party or other gathering of students where alcoholic beverages, tobacco products or any other tobacco innovation (e.g. electronic cigarettes), drugs (including drug paraphernalia),

controlled substances, or other mood-altering chemicals are present. Failure to leave immediately shall constitute a violation of this *Pride & Honor Activities Code* and subject to the consequences indicated hereafter.

Any violation of district policy (*Student Responsibilities and Rights*) concerning unlawful possession, distribution, sale or use of alcohol/tobacco products, shall result in the following specific disciplinary action:

First Violation - A participant shall be removed from regularly scheduled games/contests/activity for a minimum period of two (2) weeks, but shall be required to attend all practices and successfully complete a tobacco/alcohol awareness program. The student and parent/guardian shall meet with the Assistant Principal/Activities Coordinator. The Assistant Principal/Activities Coordinator shall oversee the student's discipline and recommend when appropriate, his/her return to interscholastic activities. In the event that the two (2) week removal carries over into another activity season, the removal shall continue with the new activity and the student shall not participate in the first contest/event in the new season.

Second Violation - A participant who violates a tobacco, alcohol, or attendance at a party regulation for the second time shall be removed from the activity for the remainder of the season or four (4) weeks of games/contests/activity whichever is greater. Ineligibility shall continue until the next activity season in which the participant wishes to participate unless the student accesses the assistance program outlined. Should the violation occur out-of-season, a minimum four (4) week suspension from games/contests/activity shall be served during the next activity season in which the student wishes to participate pending approval by the eligibility board.

In order to participate in the next activity season, the student shall request to meet with the school eligibility board, consisting of coaches, counselors and administrators selected by the principal, to request approval to participate. The school eligibility board will recommend to the principal appropriate action to be taken in the student's case. The school principal shall have the final authority as to the student's participation in future activities.

A participant who seeks and receives help for a problem with the use of alcohol and/or tobacco products shall be given the opportunity for assistance through the school and/or community agencies. In no instance shall participation in a school and/or approved community assistance program excuse a student from subsequent compliance with this regulation. However, successful utilization of such an opportunity or compliance with the activities code by the student may allow him/her to request eligibility reinstatement in that activity season, pending recommendation by the school eligibility authority.

Third Violation - A participant who violates for a third time shall be ineligible for interscholastic competition and school activities for a period of one (1) calendar year from the date of the second violation. Prior to reinstatement in the activities program, the student and his/her parent/guardian shall request to meet with the school administration to review the student's status for participation in activities.

Fourth Violation - A participant shall be permanently ineligible for interscholastic competition and school activities.