

Central School Breakfast Menu 2018-2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Assorted Cereal Biscuit & Sausage Sausage & Cheese Bagel Yogurt Parfait Oatmeal Fruit Juice & Milk	Assorted Cereal French Toast Sticks Scrambled Egg Square Sausage Patty Yogurt Parfait Fruit Juice & Milk	Assorted Cereal Biscuit Chicken Patty Cheese Toast Fruit Yogurt Parfait Juice & Milk	Assorted Cereal Ham, Egg, & Cheese Croissant Mini Pancakes Yogurt Parfait Fruit Juice & Milk	Assorted Cereal Biscuit & Sausage Gravy Mini Waffles Yogurt Parfait Fruit Juice & Milk

Central School Lunch Menu February 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Pizza Chicken and Noodles Fresh Green Salad Steamed Corn Assorted Fresh & Canned Fruit Graham Crackers Milk
4 Brunswick Stew w/ Hush Puppies General Tso Chicken Stir Fry Vegetables Brown Rice Egg Roll Applesauce & Grapes Ice Cream Cup Milk	5 Cheeseburger Sliders Crispitos Sweetlings Green Peas Sliced Peaches Kiwi Milk	6 Pulled Pork Sandwich Chicken Bites w/Roll Collard Greens Black Eye Peas Fresh Apple Sliced Pears Milk	7 Hotdog on Bun Chicken Alfredo w/ Breadstick Baby Carrots/Cherry Tomatoes with Ranch Dressing Green Beans Banana & Pineapple Chunks Milk	8 Stuffed Crust Pizza Hot Ham & Cheese Sandwich Fresh Green Salad Steamed Broccoli Assorted Fresh Fruit Assorted Canned Fruit Milk
11 Taco Salad w/ Fixings Mexican Pizza Refried Beans & Salsa Broccoli w/ Cheese Fresh Apple Fruit Cocktail Milk	12 Spaghetti w/Breadstick Corn dog Fresh Green Salad Steamed Carrots Sliced Pears Banana Milk	13 Cheeseburger on WW Bun Grilled Cheese Sandwich Chicken Vegetable Soup Lettuce/Tomato/Pickle French Fries Peach Cups & Kiwi Milk	14 Chicken Tenders Country Steak w/Gravy Whipped Potatoes Green Peas Grapes & Fruit Cocktail Chocolate Pudding Roll Milk	15 Pizza BBQ Chicken Sandwich Fresh Romaine Salad Steamed Corn Applesauce & Fresh Pear Milk
18 NO SCHOOL	19 Ham & Turkey Hoagie Chicken Bites w/Roll Green Beans Potato Wedges Banana Fruit Cocktail Milk	20 Chicken Fajitas w/Fixings Loaded Baked Potato (Pork) Refried Beans Sweet Potato Fries Fresh Orange & Applesauce Hush Puppies Milk	21 Chili with Cheez-Its Chicken Quesadilla/Salsa Baby Carrots/Ranch Green Peas Cinnamon Roll Fresh Apple & Strawberries Milk	22 Pizza Chicken and Noodles Fresh Green Salad Steamed Corn Assorted Fresh & Canned Fruit Graham Crackers Milk
25 Brunswick Stew w/ Hush Puppies General Tso Chicken Stir Fry Vegetables Brown Rice Egg Roll Applesauce & Grapes Ice Cream Cup Milk	26 Cheeseburger Sliders Crispitos Sweetlings Green Peas Sliced Peaches Kiwi Milk	27 Pulled Pork Sandwich Chicken Bites w/Roll Collard Greens Black Eye Peas Fresh Apple Sliced Pears Milk	28 Hotdog on Bun Chicken Alfredo w/ Breadstick Baby Carrots/Cherry Tomatoes with Ranch Dressing Green Beans Banana & Pineapple Chunks Milk	

Please prepay in the morning and verify your current address and phone number on your check.

Student Breakfast - \$1.75 Student Lunch - \$2.25
Visitor Lunch - \$4.00

GRAB and GO
Monday and Friday - PB & J
Tuesday and Thursday - Salad
Wednesday - Yogurt Box