

MARCH 2019

AASD Elementary Lunch Menu

Friday	1	Cheese or Pepperoni Pizza, Green Beans, Steamed Carrots
Monday	4	Chicken Patty Sandwich, French Fries, Baby Carrots
Tuesday	5	Crunchy Tacos, Baked, Beans, Steamed Corn
Wednesday	6	Macaroni and Cheese, Steamed Carrots, Celery Sticks
Thursday	7	General Tso's Chicken, Rice, Steamed Broccoli, Cucumber Slices
Friday	8	Toasted Cheese Sandwich, Tomato Soup, Green Peas
Monday	11	Popcorn Chicken, Dinner Roll, Cheesy Broccoli, Baby Carrots
Tuesday	12	Cheesy Chicken Quesadilla, Baked Beans, Steamed Corn
Wednesday	13	Hot Dog, French Fries, Red Pepper Strips
Thursday	14	Pasta with Meat Sauce, Breadstick, Green Peas, Cucumber Slices
Friday	15	Cheese Pizza Sticks with Sauce, Steamed Carrots, Italian Salad
Monday	18	Chicken Nuggets, Dinner roll, Cheesy Broccoli, Baby Carrots
Tuesday	19	Soft Tacos, Baked Beans, Cherry Tomatoes
Wednesday	20	Hot Ham and Cheese on Pretzel Roll, French Fries, Celery Sticks
Thursday	21	Chicken Mashed Potato, Dinner Roll, Mashed Potatoes, Steamed Corn
Friday	22	Cheese or Pepperoni Pizza, Italian Salad, Steamed Carrots
Monday	25	Chicken Patty Sandwich, Green Beans, Baby Carrots
Tuesday	26	Walking Tacos, Mexican Rice, Baked Beans, Steamed Corn
Wednesday	27	Hot Dog, French Fries, Red Pepper Strips
Thursday	28	General Tso's Chicken, Rice, Steamed Broccoli, Cucumber Slices
Friday	29	Toasted Cheese Sandwich, Tomato Soup, Green Peas

All meals come with Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit and Choice of Milk

What is a Meal? You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

Components: Meat or meat alternate, Choice of Vegetable, Choice of Fruit, Grain/Bread, Choice of Milk - 1% white, fat-free white, chocolate, vanilla and strawberry

Daily Fruit Selections may include: oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

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Other Daily Features: Hamburger, Cheese Burger, Steak and Cheese, Chicken Patty on a Bun, Spicy Chicken Patty on a Bun, Chicken Nuggets with Pretzel Stick, BBQ Pork Sandwiches

Deli: Turkey, Ham, Buffalo Chicken available in: Wraps, Hoagies, and Flatbreads

Pizza: Cheese, Pepperoni, and Buffalo Chicken Pizza

Fresh Salads served w/ a dinner roll: Chicken Caesar, Chopped Garden, Buffalo Chicken, Crispy Chicken

On the Go? Grab and Go Sandwiches, Crackers Cheese and Fruit.

Lunch Prices: Student \$2.05. Reduced \$0.40. Adult \$3.05.

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