

# TIFFIN MIDDLE LUNCH MENU

## February 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
02/04/2019	02/05	02/06	02/07	02/08
Hamburger Patty/Bun Cheese Slice	<b>Taco Tuesday</b> Soft/Hard Shell Taco Refried Beans	Teriyaki Chicken Over Brown Rice	Turkey/Ham/Cheese Sub or Wrap Lettuce/Tomato Pickle Spear	<b>Blue &amp; Gold Day</b> Sausage/Egg/Cheese Bagel
Stuffed Crust Pizza Lunch	Chicken Fajita  PBJ Sandwich	Coney Dog/Bun	Wedge Pizza	Meatball Sub w/Mozz. Cheese
Oven Fries  Baked Beans	Corn  Taco Soup/Crackers	Romaine Salad/Dressing  Cheesy Cauliflower  Green Beans	Veggie Pasta Salad  Broccoli/Cheese Sauce	Baked Potato Butter/Sour Cream  Veggie Choice
Fresh Fruit  Peaches	Cinnamon Applesauce  Fresh Grapes	Fresh Fruit  Banana w/Peanut Butter	Fresh Fruit  Mandarin Oranges	Fruit Choice
		Fortune Cookie		Tornado Treat
$\frac{1}{2}$ Pint Milk	$\frac{1}{2}$ Pint Milk	$\frac{1}{2}$ Pint Milk	$\frac{1}{2}$ Pint Milk	$\frac{1}{2}$ Pint Milk

**\*\*Menus subject to change without notice!**

**Student Lunch \$2.20**

**No Charges Please!**

\*\*Whole Grain Products Used

All Milk Served is Low Fat or Fat Free

We offer ala carte items for grades 6-8. If you do not want your child to buy these items please contact Food Service Dept. 419-447-5768.

**“This Institution is an Equal Opportunity Provider”**

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## February 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
02/11/2019	02/12	02/13	02/14	02/15
Chicken Nuggets w/Assorted Sauces WG Dinner Roll  Pizza Lunch	<u><b>Taco Tuesday</b></u> Double Wrap Taco Refried Beans  Fiestada Pizza  PBJ Uncrustable Sandwich	Spaghetti/Meat Sauce Warm Garlic Bread Stick  BBQ Rib Patty On WG Bun	Turkey & Gravy Dinner Roll  Mini Corn Dogs	<u><b>Blue &amp; Gold Day</b></u> French Toast Sticks w/Syrup Sausage  Stuffed Crust Pizza
Sweet Potato Tots  Cheesy Cauliflower	Corn  Taco Soup/Crackers	Romaine Salad/Dressing  Green Beans	Mashed Potatoes  Glazed Carrots	Potato Triangle  Broccoli/Cheese
Fresh Fruit  Peaches	Cinnamon Applesauce  Fresh Grapes	Fresh Fruit  Strawberry Cup	Fresh Fruit  Fruit & Yogurt Parfait	100% Apple Juice  Fruit
			Valentine Cake	Tornado Treat
$\frac{1}{2}$ Pint Milk	$\frac{1}{2}$ Pint Milk	$\frac{1}{2}$ Pint Milk	$\frac{1}{2}$ Pint Milk	$\frac{1}{2}$ Pint Milk

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## February 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
02/18/2019	02/19	02/20	02/21	02/22
Chicken & Cheese Wrap w/Lettuce/Tomatoes Pickles Dorito Chips  Stuffed Crust Pizza	<u>Taco Tuesday</u> Walking Taco  Chili Cheese Nachos  Fiestada Pizza	Pizza Calzone  Chicken Strips Dinner Roll	Lasagna Garlic Bread  Cheese Pizza Crunchers	<u>Blue &amp; Gold Day</u> Macaroni & Cheese w/Peanut Butter Bread  Stuffed Crust Pizza
Oven Fries  Broccoli/Cheese Sauce	Corn  Baked Beans	Ranch Baked Potato w/Sour Cream  Green Beans	Cole Slaw  Glazed Carrots  Romaine Lettuce/Dressing	Peas  Veggie Choice
Fresh Fruit  Peaches	Cinnamon Applesauce  Grapes	Fresh Fruit  Mandarin Oranges	Fresh Fruit  Peaches & Pears	Fruit Choice
	½ Pint Milk	½ Pint Milk	½ Pint Milk	½ Pint Milk

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## February 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
02/25/2019	02/26	02/27	02/28	03/01
Dutch Waffles Sausage Links  BBQ Pork Wrap w/Coleslaw  WG Pizza Lunch	<u>Taco Tuesday</u> Cheese Quesadilla w/Salsa  Taco Dog On Bun  WG Pizza	Popcorn Chicken Or General Tso Chicken w/Rice Bowls  Bosco Cheese Sticks w/Sauce	<u>Sub Day</u> Italian Sub  Pizza Sub  Ham & Cheese Sub  Veggie Sub	Grilled Cheese Sandwich Or Cook's Choice
Potato Triangle  Romaine Salad/Dressing	Corn  Fresh Veggies/Dip	Green Beans  Cheesy Cauliflower	Veggie Pasta Salad  Baked Beans  Broccoli/Potato Soup w/Crackers	Tomato Soup/Crackers  Veggie Choice
Fresh Fruit  Peaches	Cinnamon Applesauce  Fresh Grapes	Fresh Fruit  Mixed Fruit	Warm Apple Slices  Mandarin Oranges	Fruit Choice
		Fortune Cookie		
$\frac{1}{2}$ Pint Milk	$\frac{1}{2}$ Pint Milk	$\frac{1}{2}$ Pint Milk	$\frac{1}{2}$ Pint Milk	$\frac{1}{2}$ Pint Milk

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