



Weeks 1, 3, 5	MONDAY 12; 26	TUESDAY 13; 27	WEDNESDAY 14; 28	THURSDAY 1; 15; 29	FRIDAY 2; 16; 30
BREAKFAST	Marshmello Mateys or Cinnamon Toasters with Graham Crackers	Yogurt with Graham Crackers	Coffee Cake	Bagel with Cream Cheese	Cinnamon Roll
LUNCH	<p>Hamburger with Cucumber <i>Hamburguesa con Pepino</i></p> <p>Veggie Burger with Cucumber <i>Hamburguesa Vegetariana con Pepino</i></p> <p><i>Chicken Chef Salad</i></p>	<p>Turkey Soft Tacos with Brown Rice with Broccoli <i>Tacos de Pavo con Arroz y Brocoli</i></p> <p>Cheese Quesadilla and Broccoli <i>Quesadilla con Brocoli</i></p> <p><i>Greek Chicken Wrap</i></p>	<p>Chicken Nachos with Carrots <i>Nachos de Pollo con Zanahorias</i></p> <p>Cheese Nachos with Carrots <i>Nachos con Zanahorias</i></p> <p><i>Turkey and Cheese Croissant</i></p>	<p>Chicken and Waffles with Tater Gems <i>Pollo con Waffles y Papas</i></p> <p>Egg and Cheese Biscuit with Tater Gems <i>Sandwich de Huevo y Queso con Papas</i></p> <p><i>Southwest Chicken Wrap</i></p>	<p>BBQ Pulled Turkey Sandwich and Baked Beans <i>Sandwich de Pavo a la Barbacoa y Papas</i></p> <p>Grilled Cheese and Baked Beans <i>Sandwich Caliente de Queso y Papas</i></p> <p><i>Turkey and Cheese Sub</i></p>
Week 2, 4	MONDAY 5; 19	TUESDAY 6; 20	WEDNESDAY 7; 21	THURSDAY 8; 22	FRIDAY 9; 23
BREAKFAST		Buttermilk Bar	Coffee Cake	Cinnamon Roll	Banana Bread
LUNCH		<p>Minimum Day</p> <p>Fiesta Chicken Salad with Tortilla Chips and Carrots <i>Ensalada con Pollo y Totopos y Zanahorias</i></p> <p>Mixed Green Salad with Carrots <i>Ensalada de Vegetales y Zanahorias</i></p>	<p>Beef and Broccoli over Brown Rice with Broccoli <i>Carne de Res y Brocoli con Arroz y Brocoli</i></p> <p>Veggie Asian Wrap with Broccoli <i>Ensalada Asiatico Envuelto con Brocoli</i></p> <p><i>BBQ Steak Wrap</i></p>	<p>Chicken Tenders a Dinner Roll and Baked Beans <i>Trozos de Pollo con un Panecillo y Frijoles al Horno</i></p> <p>Grilled Cheese Sandwich with Baked Beans <i>Sandwich Caliente de Queso y Frijoles al Horno</i></p> <p><i>Chicken Caesar Wrap</i></p>	<p>Cheese Pizza with Cucumber <i>Pizza con Pepino</i></p> <p>Cheese Pizza with Cucumber <i>Pizza con Pepino</i></p>

Non-fat and 1% milk are available at each meal. 100% juice or fresh fruit is offered at breakfast. Fresh fruits and veggies are served with lunch.

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