



## Pinnacle Charter | Nurse's Corner

# May's Newsletter

### What does the school nurse do?

- Maintains health records of all students
- Assesses and treats illness or injury
- Monitors and treats chronic health conditions
- Administers medications
- Screens for vision and hearing

*"Sometimes a child is sad, homesick, or overwhelmed in class and just needs some TLC"*

### Health Office News

Reminder for next school year, 2019-2020!

Please bring in updated medication forms with doctor's and parent's signatures!

### Attention!

Pick up Meds May 20-22nd

If your child has medication(s) in the Nurse's Office, please don't forget to pick up the medication(s) at the end of the school year.

## Events in May

### 1. Field day

May 13- K, 1<sup>st</sup>

May 14- 2<sup>nd</sup>, 3<sup>rd</sup>

May 15- 4<sup>th</sup>, 5<sup>th</sup>

Make sure to apply sunscreen before sending your child to school on these particular days.

### 2. 5K Run May 10<sup>th</sup>

Please consider donating school uniforms!

- Boy's pants and polo shirts (sizes 5-7)
- Boy's polo shirts (sizes medium & large)

## Immunization Schedule:

If your child is currently in 5<sup>th</sup> Grade, they need to receive the TDAP vaccine by the beginning of 6<sup>th</sup> Grade. Any questions, please call at 303-450-3985 Extension 1022.

## Additional Spring Safety Tips

- Make outdoor time a safe time – wear a helmet when riding bikes, skateboards, and scooters. Knee pads and elbow pads are easy to wear and add more protection.
- Limit outdoor exposure when the pollen or mold counts are high if you have sensitivities. You can check daily particulate counts on the weather channel.
- Swimming pools will be opening this month – a great way to have some fun in the sun and spend time with family and friends. Review water and sun safety rules every day, and don't forget to use sunscreen. **sun safety:** Remember, the sun's rays are strongest between the hours of 10:00am and 4:00pm. Use SPF 15 or higher, even on cloudy days. It is important to get a healthy dose of sunshine each day 😊



Website:

[www.pinnaclecharterschool.org](http://www.pinnaclecharterschool.org)



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