



# I Walk, You Walk, We All Walk to School!

All North Adams Public Elementary School students are invited to join during us as we

**Walk to School on  
Tuesday, September 25<sup>th</sup>!**



*As part of "Start with Hello" week.*

**Please visit the North Adams Public Schools website for "walking school bus stop" maps and "park and walk" sites.**

Mass in Motion is working to increase physical activity among the youth and adults in the community. Walking to school keeps students active as well as prepares them for a day of learning.

For further information please contact: Amanda Chilson at [achilson@nbccoalition.org](mailto:achilson@nbccoalition.org) or 413-663-7588 Ext.16 or Emily Schiavoni at [eschiavoni@napsk12.org](mailto:eschiavoni@napsk12.org).

