

BENTON COUNTY SCHOOLS

LUNCH MENU

April 1 - April 30, 2019

Mar 8, 2019

Monday	Tuesday	Wednesday	Thursday	Friday
Apr - 1 Ham and Cheese on Bun Chicken Patty Sandwich Crinkle Cut Fries Trimmings Baby Carrots w/ Dressing Chilled Pear Halves Chocolate Milk Fat Free Milk	Apr - 2 Manager's Choice	Apr - 3 Grilled Chicken Sandwich BBQ Turkey Sandwich Baked Beans Confetti Coleslaw Fresh Orange Smiles Trimmings Mayonnaise Mustard, PC, MS1538 Ketchup Fat Free Milk	Apr - 4 Manager's Choice	Apr - 5 Turkey and Cheese Wrap Hamburger w/ Trimmings Trimmings Crinkle Cut Fries Whole Kernel Corn Chilled Peach Slices Apple Delicious Oatmeal Raisin Cookie Chocolate Milk Fat Free Milk
Apr - 8 Chicken Quesadillas Tuna Salad Saltine Crackers Tossed Salad w/ Dressing Steamed Brown Rice Chilled Pear Halves Assorted Fruit Juices Chocolate Milk Fat Free Milk	Apr - 9 Manager's Choice	Apr - 10 BBQ Pulled Pork Burger Hamburger w/ Trimmings Trimmings Crinkle Cut Fries Confetti Coleslaw Chilled Peach Slices Apple Delicious Oatmeal Raisin Cookie Chocolate Milk Fat Free Milk	Apr - 11 Cheesy Chicken Over/Rice Spicy Chicken Sandwich Green Beans Glazed Carrots Yeast Roll Trimmings Fresh Fruit Bowl Fat Free Milk Chocolate Milk	Apr - 12 Manager's Choice
Apr - 15 Manager's Choice	Apr - 16 Chicken Quesadillas Chicken Salad w/Crackers Refried Beans Steamed Brown Rice Tossed Salad w/ Dressing Assorted Fruit Juices Chilled Diced Pears Fat Free Milk	Apr - 17 Chef Salad Lemon Pepper Chicken Mashed Potatoes Seasoned Whole Green Beans Whole Wheat Roll Fresh Fruit Bowl Assorted Salad Dressings Chocolate Milk Fat Free Milk	Apr - 18 Manager's Choice	Apr - 19 HOLIDAY NO SCHOOL
Apr - 22 HOLIDAY NO SCHOOL	Apr - 23 Sliced Turkey with Gravy Tuna Salad Sandwich Steamed Brown Rice Green Beans Fresh Bananas Applesauce Yeast Roll Chocolate Milk Fat Free Milk	Apr - 24 Hot Dog Spaghetti & Meat Sauce Macaroni and Cheese Peas and Carrots Confetti Coleslaw Tossed Salad w/ Dressing Whole Wheat Roll Fresh Fruit Bowl Chocolate Milk Fat Free Milk	Apr - 25 BBQ Pulled Pork Burger Hamburger w/ Trimmings Trimmings Crinkle Cut Fries Confetti Coleslaw Chilled Peach Slices Apple Delicious Oatmeal Raisin Cookie Chocolate Milk Fat Free Milk	Apr - 26 Manager's Choice
Apr - 29 Manager's Choice	Apr - 30 Chicken Fajitas Beef Taco with Crispy Shell Salsa Spanish Rice Mexicali Corn Fresh Fruit Cup Chocolate Milk Fat Free Milk			

In accordance with Federal Law and U.S. Department of Agriculture policy, the Benton County School District does not discriminate on the basis of race, sex, age, religion, disability, or national origin.

All menus are subject to change according to product availability.

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.