

Penelope 2019 School Menu PK-12

	Monday	Tuesday	Wednesday	Thursday	Friday
<i>Breakfast</i> Apr.8-12	French Toast, Rich's Applesauce Orange Juice Apple Juice Grape Juice MILK: 1% Low Fat White Chocolate FF Syrup	Scrambled Eggs Buttered Toast, WG Raisins Orange Juice Apple Juice Grape Juice MILK: 1% Low Fat White Chocolate FF Jelly	Pancakes, WG Cheese Stick Peaches Orange Juice Apple Juice Grape Juice MILK: 1% Low Fat White Chocolate FF Syrup	Biscuit WG Pork Sausage Patty Bananas Orange Juice Apple Juice Grape Juice MILK: 1% Low Fat White Chocolate FF Jelly	Cinnamon Roll, WG Cinn. Toast Crunch Honeynut Cheerios Coco Puffs Apples JUICE: Orange, Apple, Grape MILK: 1% Low Fat White Chocolate FF
<i>Breakfast</i> Apr.15-19	Waffles, WG Cinn. Toast Crunch Honeynut Cheerios Coco Puffs Pineapple Tidbits JUICE: Orange, Apple, Grape MILK: 1% Low Fat White Chocolate FF Syrup	Breakfast Burrito W/Ham Salsa Raisins JUICE: Orange, Apple, or Grape MILK: 1% Lowfat White Chocolate FF	Pancakes, WG Cheese Stick Peaches Orange Juice Apple Juice Grape Juice MILK: 1% Low Fat White Chocolate FF Syrup	Biscuit WG Pork Sausage Patty Diced Pears Orange Juice Apple Juice Grape Juice MILK: 1% Low Fat White Chocolate FF Jelly	NO SCHOOL
<i>Breakfast</i> Apr.22-26	NO SCHOOL	Scrambled Eggs Buttered Toast, WG Raisins Orange Juice Apple Juice Grape Juice MILK: 1% Low Fat White Chocolate FF Jelly	Pancakes, WG Cheese Stick Peaches Orange Juice Apple Juice Grape Juice MILK: 1% Low Fat White Chocolate FF Syrup	Biscuit WG Pork Sausage Patty Pineapple Tidbits Orange Juice Apple Juice Grape Juice MILK: 1% Low Fat White Chocolate FF Jelly	Cinnamon Roll, WG Cinn. Toast Crunch Honeynut Cheerios Coco Puffs Apples, fresh JUICE: Orange, Apple, Grape MILK: 1% Low Fat White Chocolate FF
<i>Breakfast</i> Apr.29-May3	Waffles Cocoa Puffs Cinnamon Toast Crunch Honey Nut Cheerios Pineapple Tidbits JUICE: Orange, Apple, Grape MILK: 1% Low Fat White Chocolate FF Syrup	Breakfast Burrito W/Ham Salsa Raisins JUICE: Orange, Apple, or Grape MILK: 1% Lowfat White Chocolate FF	Pancakes, WG Cheese Stick Peaches Orange Juice Apple Juice Grape Juice MILK: 1% Low Fat White Chocolate FF Syrup	Biscuit WG Pork Sausage Patty Mandarin Oranges Orange Juice Apple Juice Grape Juice MILK: 1% Low Fat White Chocolate FF Jelly	Muffin, Cinn. Toast Crunch Coco Puffs Honeynut Cheerios Craisins JUICE: Orange, Apple, or Grape MILK: 1% Lowfat White Chocolate FF

This institution is an equal opportunity provider and employer.

Penelope School 2019 Menu K-8

	Monday	Tuesday	Wednesday	Thursday	Friday
Apr.8-12 <i>Lunch</i>	Ground Beef & Macaroni w/ Mexican Seasoning Garlic Breadstick WG Corn Carrot Sticks Garden Salad Mixed Fruit MILK: 1% Lowfat White Chocolate FF Ranch Dressing	Chicken Nuggets Mashed Potato/ Gravy Green Beans Mixed Berries MILK: 1% Lowfat White Chocolate FF Catsup	Hamburger Lettuce & Tomato Salad Sweet Potato Fries Celery Sticks Bananas MILK: 1% Lowfat White Chocolate FF Catsup Mustard	Alfredo Rotini w/Chicken Garlic Breadstick Green Beans Garden Salad Mandarin Oranges MILK: 1% Lowfat White Chocolate FF Ranch Dressing	Cheese Pizza Baked Beans Garden Salad Broccoli Florets Applesauce MILK: 1% Lowfat White Chocolate FF Ranch Dressing Catsup Mustard
Apr.15-19 <i>Lunch</i>	Soft Beef Tacos Pinto Beans Garden Salad Pineapple Tidbits MILK: 1% Lowfat White Chocolate FF Ice Cream Sandwich	Pork Roast Dinner Roll Mashed Potato/Gravy Glazed Carrots Broccoli Florets Applesauce MILK: 1% Lowfat White Chocolate FF	Hamburgers Lettuce & Tomato Salad Potato Wedges Bananas MILK: 1% Lowfat White Chocolate FF Catsup Mustard	Beef Nachos Refried Beans Garden Salad Celery Sticks Oranges,fresh MILK: 1% Lowfat White Chocolate FF Ranch Dressing	NO SCHOOL
Apr.22-26 <i>Lunch</i>	NO SCHOOL	Breaded Chicken Patty Dinner Roll Mashed Potato/Gravy Broccoli w/ Cheese Glazed Carrots Apples, fresh MILK: 1% Lowfat White Chocolate FF	Hamburger Lettuce & Tomato Salad Sweet Potato Fries Celery Sticks Bananas MILK: 1% Lowfat White Chocolate FF Catsup Mustard	Chicken Fajitas/Cheese/ Tortilla, WG Spanish Rice Pinto Beans Garden Salad Apricots MILK: 1% Lowfat White Chocolate FF Chocolate Pudding	Pepperoni Pizza Baked Beans Garden Salad Mixed Fruit MILK: 1% Lowfat White Chocolate FF Ranch Dressing
Apr.29-May3 <i>Lunch</i>	Fish Sticks/Bun Ranch Style Beans Garden Salad Diced Peaches Broccoli Florets Ranch Dressing MILK: 1% Lowfat White Chocolate FF	Salisbury Steak Dinner Roll Mashed Potato/Gravy Broccoli & Cheese Spicy Butternut Squash Apples, fresh MILK: 1% Lowfat White Chocolate FF	Hamburgers Lettuce & Tomato Salad Curly Fries Carrot Sticks Diced Pears MILK: 1% Lowfat White Chocolate FF Cookies Catsup Mustard	Chicken & Cheese Quesadillas Refried Beans Cucumbers, sliced Strawberries MILK: 1% Lowfat White Chocolate FF Ranch Dressing	Turkey Sandwich Lettuce & Tomato Salad Pork & Beans Mandarin Oranges MILK: 1% Lowfat White Chocolate FF Catsup Mustard Salad Dressing