

Week of Kindness

October 14-18

This past week, we learned about Rachel Scott. From the presentations that K-6 participated in, we have been given the challenge to practice positive gossip and to reach out to others with deliberate acts of kindness.

Homer-Center believes that each person can create their own chain reaction of kindness and create a safe and positive atmosphere for everyone to work and learn. We accept the challenge and plan to implement a week of kindness. Each day next week, we will practice different ways to get to know those in our building and to make a positive impact on one another.

Monday - Greet each other, especially by name when possible - A simple hi, hello, or even a smile can make a positive impact on someone's day.

Tuesday - Do something kind for someone else. Did you see someone drop a pencil? Pick it up for them. Does someone have their hands full and you can open a door for them? Help them out. A small act of kindness can make a huge impact on someone.

Wednesday - Make sure that everyone feels included. Look for others who might need a friend - this could be in class during group work, at lunch or at recess. Ask them to join your group or choose to sit with them at their lunch table.

Thursday - Get to know someone new. There are so many people, even those in our own classes that we don't really know. Sure, you may know their name, but do you know the kinds of activities that they like? Take a few moments to talk to someone new today.

Friday - Compliment someone. So often, we hear the things that we did wrong or negative things. Instead, tell someone what they did right or something that you really like about them. Our goal should always be to build each other up.