

# High School & Beyond Plan

## FRESHMAN YEAR



The High School and Beyond Plan is a state and district graduation requirement. Students must detail their plans for meeting high school graduation requirements and their plans for the first year following high school completion. The plan is intended to help students identify post-secondary paths such as education, military, travel and work by thinking about their future and providing motivation for their work in high school.

<b>Student Name:</b>		<b>Student ID:</b>	
<b>School:</b>			
<b>Advisory Teacher:</b>		<b>Counselor:</b>	

### DIRECTIONS:

- ◆ Use this form to complete the three requirements listed for this grade level. Be reflective as you use your Career Cruising lessons, your Graduation Audit and other resources to complete this plan.
- ◆ You are required to complete at least three choice activities during your high school career. Submit a Choice Activities form for any you did this year.
- ◆ After you have completed the freshman activities, sign below and submit this to your Advisory teacher on the assigned due date.

Requirements	Advisory Teacher Verification Initials	<input checked="" type="checkbox"/>
<b>1</b> Career Cruising – Learning Styles Inventory		<input type="checkbox"/>
<b>2</b> Reflective Questions (pgs 2-3)		<input type="checkbox"/>
<b>3</b> Graduation Audit/Credit Evaluation (pg 4)		<input type="checkbox"/>
<b>4</b> I completed one or more choice activities this year and have attached a Choice Activities form for each.		<input type="checkbox"/>

**I have completed this year's three requirements for reflecting on my plans for after high school.**

**Plan Due Date:**

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date

### 16 Career Clusters:

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Agriculture, Food & Natural Resources          | <input type="checkbox"/> Architecture & Construction | <input type="checkbox"/> Arts, A/V Technology & Communications    |
| <input type="checkbox"/> Business Management & Admin.                   | <input type="checkbox"/> Education and Training      | <input type="checkbox"/> Finance                                  |
| <input type="checkbox"/> Health Science                                 | <input type="checkbox"/> Hospitality & Tourism       | <input type="checkbox"/> Government & Public Admin.               |
| <input type="checkbox"/> Law, Public Safety, Corrections & Security     | <input type="checkbox"/> Manufacturing               | <input type="checkbox"/> Human Services                           |
| <input type="checkbox"/> Science, Technology, Engineering & Mathematics |  | <input type="checkbox"/> Information Technology                   |
|   |  | <input type="checkbox"/> Marketing                                |
|   |  | <input type="checkbox"/> Transportation, Distribution & Logistics |

# 1 Career Cruising – Learning Styles Inventory

Date Completed:

1. Go to [www2.careercruising.com/default/cplogin/CVSD](http://www2.careercruising.com/default/cplogin/CVSD)
2. LOG ON: Username = the prefix “CVSD-” followed by your Student ID (e.g., CVSD-123456)  
Password = your birthdate (e.g., if your birthday is 01/01/1997, your password is 01011997)
3. Click “Learning Styles Inventory” and follow directions to complete it.

## 2 Reflective Questions

### PART 1 – How does my learning style affect my academic success?

- A. Identify your primary and secondary learning styles according to your Learning Style Inventory results.
1. \_\_\_\_\_
  2. \_\_\_\_\_
- B. In which classes have you used your primary learning style most successfully? Give specific examples of strategies or learning tools associated with your style.
1. Class: \_\_\_\_\_  
Effective strategy/tool: \_\_\_\_\_
  2. Class: \_\_\_\_\_  
Effective strategy/tool: \_\_\_\_\_
- C. In the reference section below, refer to the list of learning tools that can help you maximize success in your classes. Think of your most challenging courses this term. Identify 2 specific strategies you **will** implement to improve your learning.
1. In my \_\_\_\_\_ class, I will \_\_\_\_\_, and
  2. I will \_\_\_\_\_
- D. Identify **two** personal habits that are helping you be successful.
1. \_\_\_\_\_
  2. \_\_\_\_\_
- E. Identify **two** personal habits that, if changed, will help you be even more successful.
1. \_\_\_\_\_
  2. \_\_\_\_\_

### Reference and Resources

**VISUAL LEARNERS** best understand information by seeing it. They respond well to pictures, charts, graphs, flash cards, color coding, etc. Teachers promote visual learning by using a projector to show visuals/examples of questions/solutions.

**Learning Tools for Visual Learners:**  
 Studying notes on overhead slides  
 Reading diagrams and handouts  
 Following a PowerPoint presentation  
 Reading from a textbook  
 Studying alone  
 Flash cards  
 Color coding notes

**AUDITORY LEARNERS** best understand information when they hear it. They rely on their own voice and the voices of others to remember details. Teachers who provide information orally promote auditory learning.

**Learning Tools for Auditory Learners:**  
 Participating vocally in class  
 Making tapes of class notes and listening to them  
 Reading assignments out loud  
 Studying with a partner or group  
 Verbal quizzing  
 Repetition

**KINESTHETIC LEARNERS** learn by doing. They generally do not like lecture or discussion classes, but prefer demonstrations and real-life applications. Teachers who include projects or manipulation of materials promote kinesthetic learning.

**Learning Tools for Kinesthetic Learners:**  
 Experiments  
 Making a model  
 Working with objects  
 Acting out a play  
 Standing or moving  
 Studying while performing an athletic activity

**PART 2 – How can I plan ahead to support my personalized pathway?**

- A. What career from your eighth grade Career Matchmaker interests you most?  
\_\_\_\_\_
  
- B. In Career Cruising, click on “Job Description” for this career. What are the daily tasks of this job and how do they fit your learning style?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
  
- C. What high school courses will support your career pursuit? Which can you take as a sophomore? As a junior or senior?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
  
- D. Does Spokane Valley Tech or NEWTECH Skill Center offer a program that supports your future career?  
\_\_\_\_\_  
\_\_\_\_\_
  
- E. What jobs/community service/job shadows support your future career?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
  
- F. What clubs/activities support your development for your future career?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
  
- G. Did you register as a College Bound Scholarship student in middle school?  Yes  No  
If Yes, check with your school counselor about your College Bound Scholarship eligibility.

**HSBP - Choice Activities**

You began your High School and Beyond Plan in middle school when you explored your interests and researched potential careers to pursue after high school graduation. Each year of high school, you will complete Career Cruising assignments and reflect more on your plans for after high school. There are required High School and Beyond Plan (HSBP) components for your freshman, sophomore, junior, and senior years.

In addition, over the course of your high school career you are required to select a minimum of **three** choice activities that relate to your post-secondary plans. These can be completed any time during high school. You will document and verify your activities by completing a form for each activity. Check below any activities you completed this year and for which you have a completed Choice Activities Form.

- |  |  |
|--|--|
| <input type="checkbox"/> Job shadow experience                                     | <input type="checkbox"/> Site visit to Spokane Valley Tech   |
| <input type="checkbox"/> Interview of someone in your chosen field                 | <input type="checkbox"/> Site visit to NEWTECH Skill Center  |
| <input type="checkbox"/> Assessment linked to your Pathway (SAT, ACT, ASVAB, etc.) | <input type="checkbox"/> Job or college application  |
| <input type="checkbox"/> Site visit to college or training center                  | <input type="checkbox"/> Letter of interest/inquiry for a job                                      |
| <input type="checkbox"/> Visit to a career fair or college fair                    | <input type="checkbox"/> Job Interview   |
| <input type="checkbox"/> Visit with a military recruiter                           | <input type="checkbox"/> Career Cruising Independent Research Project - assigned by your counselor |

### 3 Graduation Audit/Credit Evaluation

#### ▶ 1. Class Credits and Competencies

Subject Area	Credits Required for Graduation	Grade 9		Grade 10		Grade 11		Grade 12		Total to Date
		S1	S2	S1	S2	S1	S2	S1	S2	
English Language Arts	4									
Mathematics	3									
Science (Including one lab science in grades 10-12)	2									
Social Studies	World History	1								
	U.S. History	1								
	Civics	½								
	Current World Problems	½								
Health (½) & Fitness (1½)	2									
Fine, Visual or Performing Arts	1									
Occupational Ed/Career & Tech Ed	1									
Electives (Barker 5½)	7									
Advisory (No credit; indicate grade earned each semester)	0									
<b>TOTAL</b> (Barker 20)	<b>23</b>									

Are you on track for completing graduation credit requirements?  Yes  No  
 If No, see your school counselor immediately to develop a plan.

#### ▶ 2. Assessment of State Academic Standards

The "HS and Beyond Plan" is what you are currently working on. It will be changed to "Met" when you have completed all four years of the high school plan. Your final transcript will show whether you earned a **Certificate of Academic Achievement (CAA)** or a **Certificate of Individual Achievement (CIA)** in addition to meeting assessment graduation requirements.

Requirement	Met	Waived	Not Met
ELA Standard	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Science Standard	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Mathematics Standard	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
HS and Beyond Plan	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Certificate Type			
WA State History	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

These are state assessments or options. Your record will show "Met" for satisfactory in-state assessments or options. Your record will show "waived" for requirements waived by satisfactory out-of-state assessments.

Most Central Valley students completed **Washington State History** in middle school. Sometimes other states' versions of a state history class can be used to fulfill this requirement. See your counselor if your Graduation Audit does not show "Met" or "Waived"

#### ▶ 3. High School & Beyond Plan Each year, you will work on your plans for after high school.

High School & Beyond Plan (HSBP)	Grade 9
Indicate whether this year's required Career Cruising and HSBP assignments are complete.	Yes <input type="checkbox"/> No <input type="checkbox"/>

If you are missing Career Cruising or High School and Beyond Plan assignments, what is your plan for completing them?

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