

Zionsville Food Service Cafeteria Chatter

Summer 2019

It's
SUMMER
Time

Post These Dates on Your Fridge!

Memorial Day, No School	Monday	May	27
Last Student Day	Tuesday	May	28
Last ZCS Foodservice Staff Day	Wednesday	May	29
Graduation	Sunday	June	2
Kitchen Set Ups & Deliveries	Week of	July	29
Back to School In-Service	Monday	August	5
• ESC Board Room	9:30am – 3:00pm		
First Student Day	Wednesday	August	7
No School, Labor Day	Monday	September	2
Fall Festival Parade	Saturday	September	7
No School, Fall Break	Mon-Fri	October	14-18
No School, Thanksgiving	Wed-Fri	November	27-29
No School, Winter Break	Mon-Fri (x2)	December 23 - Jan 3	

CASHIER'S CORNER: DID YOU KNOW?

By: Lisa Bond

Since August ZCS Cafes have served on average:	
1,638 servings per month of French bread pizza	3 Café locations
1,771 servings per month of Chicken nuggets	3 Café locations
2,172 servings per month of Cheese stuffed breadsticks	8 Café locations
1,130 servings per month of Spicy chicken sandwich	10 Café locations
1,502 servings per month of Breakfast with French toast	5 Café locations
1,130 servings per month of Grilled Cheese	10 Café locations
2,375 servings per month of Hamburger/Cheeseburger	10 Café locations
2,683 servings per month of Bagel yogurt entrees	7 Café locations
49,055 total transactions per month between HS,MS, WMS	6 Café locations (8/7/18 thru 5/7/19)
26,893 total transactions per month at Elementary	5 Café locations (8/7/18 thru 5/7/19)

- We had 6 students who submitted the "Kids Coupon" in August from BME, ZWest, Eagle, PVE, for the "fruit or veggie PROMO"
- Breakfast PROMO update: For March and April we have had eight coupons redeemed for the free breakfast benefit bar. Those participating this week at breakfast will have until May 28 to redeem their coupons.
- Reminder: Anyone running a POS will be completing the online Meal Magic refresher before August 7, 2019 (completion forms will be sent with Back to School packets)
- As of May 13, 2019 we have approximately 224 new students coming to ZCS district this upcoming school year.

Sources: ZCS Food Service Office, Meal Magic.net suite

PRODUCTION POINTS: YEAR END PRODUCTION TIPS

By: Amy White

As we finish out the year we do our best to use up all of our perishable items. These are items like fresh produce, yogurt, eggs, and cheese (that cannot be frozen). The tricky part is to balance a reduction of inventory while still maintaining an appealing selection of items for our customers. Keep these thoughts in mind as we enter the final weeks.

- When you run out of fresh fruits add additional varieties of canned and frozen fruits to your offerings each day. 2-3 offerings would be ideal. One thing to note, do not open up large amounts of canned fruit each day leaving you with lots of leftovers, be conservative, you can always open more during lunch service.
- As you run out of fresh vegetables plan to offer additional hot vegetable selections. We have already put popular potato items on the final menu days, but try steaming corn or broccoli to give variety as well. Also, be sure to put out the Sunset Sip as a vegetable option and help move it out of the freezer.
- We will run out of eggs and yogurts for the bagel/yogurt and protein pack meals. We put some popular items on the last days. Grilled cheese was added to give a vegetarian option that doesn't involve perishable foods. In addition to these, feel free to order light for those days and offer an additional hot entrée from inventory in your freezer as an extra choice to add variety to their offerings
- Lastly, get with your teachers and secretaries to determine any upcoming class parties and field trips that are planned. You will most likely see a reduction in participation due to these activities as we near the end of the year. Let's try to avoid over-production on these final days.

June

Jody (SGE) 2
 Rosalie (SUB) 3
 Windy (SUB) 17
 Tammy (PVE) 19
 Judy (PVE) 19
 Pam (SGE) 24

July

Mamta (UE) 1
 Christine (WMS) 3
 Pam (FC) 6
 Chris (SGE) 9
 Ashley (BME) 25

August

Sue (BME) 1
 Eva (FSO) 2
 Marie (HS) 7
 Lisa (PVE) 9
 Megan (ZMS) 15
 Lori (SUB) 16
 Sally (UE) 16
 Amy (FSO) 18
 Tracey (SUB) 28



If we missed your birthday, please accept our apologies and know that we wish you a very happy birthday.

DIRECTOR'S NOTES

By: Jan Swander

Welcome to May and the end of another school year! I know this year has been challenging within the cafes and for the department overall. Events have forced many of us out of our comfort zones, both literally and figuratively! As happens each year, a request is made for those who know they won't be returning in August, to kindly let HR or myself know so we can plan. This is always an awkward request and it's understandable that sometimes you just don't know what will happen, yet I make the request for the benefit of the team. As everyone knows, there is much which occurs that cannot be planned, so having a HEADS UP is greatly appreciated and again, a "gift" that is given to your co-workers. This also comes in the format of the Letter of Reasonable Assurance (LORA) provided by ZCS Human Resources (HR). Each of you should have received such a letter so be sure to submit it as requested by HR!

OK, now THAT is out of the way, it's time to THANK EACH AND EVERY ONE of you for ALL you have done to get us through this year. Special thanks to those who show up with a smile and a CAN DO attitude and inspire the rest of us to KEEP AT IT! Without doubt, this approach can come and go, yet hopefully we aren't all on the "down" side at the same time! Keep focused on the finish line, DO KEEP SMILING and know that positively or negatively, you ARE making a difference and an impact on others! What will YOUR impact be?????

GOOD TO MYSELF!

Does everyone recall the importance of practicing GOOD TO MYSELF moments in relation to STRESS? The idea of recognizing and practicing activities that reward yourself is a powerful tool to combat stress as our department learned at our March 2019 Special Presentation made by the St. Vincent Employee Assistance Program (EAP).

The following activities were identified by ZCS Food Service Team Members during the April 2019 Staff In-Services held in each kitchen. Perhaps the list will give you a few ideas!

Reading (5 responses), shopping, working in the garden (3 responses), Starbucks, time alone, time outside (2 responses), meditate, napping, talking about issues, walking (2 responses), breathing, leaving situation, watching tv (3 responses), enjoying vacations, being still, playing with pets or kids (2 responses), being with family, crafts, helping others, sleeping in, and soothing music.

Remember that each ZCS employee is able to utilize the services of the EAP at no charge. Contact the St. Vincent EAP at 317-338-4900 OR 1-800-544-9412.

NEW OPPORTUNITIES AWAIT

This summer, just like every other summer, no doubt there will be positions that may become available. Watch the website AND stay in the know in case you are looking for a new opportunity within our department!



Congratulations!

Perfect Attendance

August 8th – May 13th

Lynda (SGE)

317-338-4900

"Only he who attempts the absurd is capable of achieving the impossible."

~Miguel de Unamuno

MOTIVATIONAL CORNER

By: Eva Heath



2019 FALL FESTIVAL PARADE

Mark your calendar for Saturday, September 7, 2019 and join the ZCS Food Service Department for the 1.2 mile parade route through downtown Zionsville! The parade will step off at 10:00 am from the Zionsville Community High School and the theme this year is "Be a Superhero 2". Many of you may recall that last year's parade, with the theme of "Be a Superhero", was rained out and disappointed many. Come join the fun; you won't regret it!



CONGRATULATIONS TO THOSE GRADUATING!

Let's recognize these graduates for the remarkable accomplishments they've made in their academic journey. Congratulations to them AND to the family and friends who have supported and encouraged them along the way!

Anne (BME) Daughter Alexandra graduating from Lebanon High School
Anne (BME) Stepdaughter Kailyn graduating from Lebanon High School
Carla (BME) Husband Kevin graduating from IN Wesleyan
Cheryl (BME) Daughter Mariah graduating from Columbia College-Chicago
Dorothy (PVE) Granddaughter Kiera graduating from University of Indianapolis
Jim (PVE) Daughter Madison graduating from ZCHS
Jim (PVE) Son Zach graduating from ZCHS
Kathy (UE) Son Cole graduated from IUPUI in December
Megan (ZMS) Son Dakota graduating from Brownsburg High School
Nancy (Z'West) Grandson Aaron graduating from Purdue
Pam (SGE) Granddaughter Victoria graduating from ZCHS
Sue (BME) Grandson Zachary graduating from IU South Bend
Tammy (PVE) Daughter Kat graduating from Brownsburg High School

OPEN HOUSE AND BACK TO SCHOOL DAYS

High School & Freshman Center Back to School Days

July 29 th 7:00 a.m. – 3:00 p.m.	Juniors and Seniors
July 30 th 7:00 a.m. – 3:00 p.m.	Freshmen and Sophomores

Zionsville Middle School Back to School Days

July 29th and July 30th
12:30 p.m. – 6:00 p.m.

5 th /6 th OPEN HOUSE	7 th /8 th OPEN HOUSE
August 13 th 6:00 p.m. – 7:30 p.m.	August 20 th 6:00 p.m. – 7:30 p.m.

Z'West Middle School Back to School Days

July 29th 12:00 p.m. – 6:00 p.m.
July 30th 10:00 a.m. – 5:00 p.m.

5 th /6 th OPEN HOUSE	7 th /8 th OPEN HOUSE
August 13 th 6:00 p.m. – 7:30 p.m.	August 20 th 6:00 p.m. – 7:30 p.m.

Boone Meadow, Eagle, Pleasant View, Stonegate, Union Preschool and Elementary Schools

OPEN HOUSE/ICE CREAM SOCIAL	BACK TO SCHOOL CURRICULUM NIGHT
August 5 th 5:00 – 6:30 p.m.*	August 22 nd 5:30 p.m. – 8:00 p.m.*

*Dates and times are not yet confirmed.

This institution is an equal opportunity provider.

This is a publication by and for the ZCS Food Service staff. If you would like to submit an article or idea for the next publication, please contact Amy W. 317.873.1232 x11620 or awhite@zcs.k12.in.us