

**Monday**
**Tuesday**
**Wednesday**
**Thursday**
**Friday**
**5**
**6**
**7**
**1**
**2**
**8**
**9**

Bean Burritos or Tamales  
Chips and Salsa  
Cowboy Caviar  
Watermelon  
  
Salad Bar

**12**

Spaghetti & Garlic Bread  
Or Corn Dog  
Zucchini  
Caesar Salad  
Cantaloupe  
Salad Bar

**13**

Pulled Pork  
Coleslaw  
Potato Wedges  
Honeydew  
  
Salad Bar

**14**

Taco Salad  
Refried Beans  
Corn  
Watermelon  
  
Salad Bar

**15**

Pepperoni Pizza or  
Cheese Pizza  
Caesar Salad  
Grapes  
  
Salad Bar

**16**

Cheeseburgers  
Potato Salad  
Honeydew Melon  
  
Salad Bar

**19**

Grilled Chicken Sandwiches  
Pesto Pasta Salad  
Carrot Sticks  
Cantaloupe  
  
Salad Bar

**20**

Southwest Chicken Wrap  
Carrot Sticks  
Orange Wedges  
  
Salad Bar

**21**

Meatball Subs  
Caesar Salad  
Broccoli  
Baked Apples  
  
Salad Bar

**22**

Nachos  
Chili  
Pico de Gallo  
Cilantro Rice  
  
Salad Bar

**23**

Soft Chicken Taco  
Spanish Rice  
Taco Salad  
Honeydew  
  
Salad Bar

**26**

Ground Beef and Macaroni  
Zucchini  
Garlic Bread Stick  
Pears  
  
Salad Bar

**27**

Chicken Parm or Turkey  
Avocado Panini  
Hummus and Veggies  
Grapes  
  
Salad Bar

**28**

Baked Chicken  
Honey Glazed Carrots  
Potato Salad  
Whole Wheat Roll  
Pears  
Salad Bar

**29**

Fish Sticks or Hamburgers  
Macaroni and Cheese  
Veggies and Hummus  
Peaches  
  
Salad Bar

**30**


Applications are available for the Free and Reduced Breakfast and Lunch Program. Applications may be picked up in the school office or are available to fill out online on the district website.

**Breakfast Price:** Paid \$2.25 Reduced \$0.30

**Lunch Price:** Paid \$3.00 Reduced \$0.40

Contact the Food Service Department to resolve any issues with your child's lunch account at 707-725-4461 ext. 3095 or e-mail Regina Salmon: rsalmon@fuhdsdistrict.net