



# Gustine High & Middle School

## February 2019 Breakfast & Lunch Menu



Find menus, nutrition, allergen information and more online or on your phone!

Download School Menus by Nutrislice to your smartphone from the App Store or visit: [Gustine.nutrislice.com](http://Gustine.nutrislice.com)

Monday	Tuesday	Wednesday	Thursday	Friday
				Chili Cheese Baked Potato Carrots Fresh Fruit Chicken Nuggets
Bacon Cheddar Melt Seasoned Wedge Fresh Fruit Sandwich	Bean & Cheese Burrito Seasoned Pinto Beans Fresh Fruit Grilled Chicken Sand	Orange Chicken Steamed Rice & Broccoli Fresh Fruit Pizza	Cheesy Pizza Pasta Steamed Carrots Fresh Fruit Hot Dog	Tostilocos Steamed Corn Fresh Fruit Burrito
Chicken & Waffles Seasoned Wedge Fresh Fruit Hamburger	Beef Nachos w/ Beef, Cheese & Refried Beans Fresh Fruit Corn Dog	General Tso Chicken Steamed Rice & Broccoli Fresh Fruit Pizza	Valentines Day Macaroni & Cheese Steamed Carrots Fresh Fruit Macaroni & Cheese	Chicken Nuggets Dinner Roll 3 Bean Salad Fresh Fruit Chicken Nuggets
PRESIDENTS BREAK				
Popcorn Chicken Bowl w/ Corn Fresh Fruit Hamburger	Enchiladas Seasoned Pinto Beans Fresh Fruit Corn Dog	Sweet & Sour Chicken Steamed Rice & Broccoli Fresh Fruit Pizza	Breakfast for Lunch Pancakes, Berries, Sausage & Potatoes Fresh Fruit Macaroni & Cheese	

### SO DELI

#### Cold Sandwiches & Wraps

#### Monday

Ham & Cheese Sandwich

#### Tuesday

Italian Sub

#### Wednesday

Turkey & Cheese Sandwich

#### Thursday

Grilled Triple Cheese Sand.

#### Friday

Sunbutter & Jelly

### Breakfast

#### Monday

Pancakes & Strawberries

#### Tuesday

Parfait

#### Wednesday

Breakfast Pizza

#### Thursday

French Toast w/ Peaches

#### Friday

Ham & Cheese Bagel

Cereal & Cereal Bars

served daily



Classic Cheese Pizza and Pepperoni Pizza served daily, All pizza made w/ reduced fat cheese & whole grain crust. Includes Veggie & Fruit.

#### Specials

Monday: Aloha Pizza

Tuesday: Buffalo Chicken Pizza

Wednesday: Jalapeno Pepperoni Pizza

Thursday: BBQ Chicken

Friday: Philly Cheesesteak Pizza

### grilled

Lean beef burgers w/ cheese barbequed daily. Breaded chicken sandwiches available daily.

#### Specials

Monday: Avocado Cheeseburger

Tuesday: Chili Cheese Dog

Wednesday: Jalapeno Burger

Thursday: Hot Dog

Friday: BBQ Bacon Cheese Burger

### wild greens

Fresh Food Fast- Packaged for Grab N' Go (Salads served with a dinner roll)

#### Specials

Monday: Buffalo Chicken Salad

Tuesday: Popcorn Chicken Salad

Wednesday: Caesar Salad

Thursday: Cranberry Spinach Salad

Friday: Chicken BLT Salad

**Breakfast Prices FREE FOR ALL STUDENTS** Adults: \$2.50 **Lunch Prices FREE FOR ALL STUDENTS** Adults: \$4.00 Milk & Bottled Water: \$0.50

For questions please call the Nutrition Services office at (209) 854-6747 or visit our website at <http://gustine.businesscatalyst.com/cafeteria> - Menus available online!

The School Lunch Program is operated in accordance with U.S. Department of Agriculture policy which does not permit discrimination because of race, color, sex, age, handicap or national origin. Any person who believes that he or she has been discriminated against in any U.S.D.A. activity should write to the Secretary of Agriculture, Washington, D.C. 20250. Food Service Provided by Chartwells School Dining Services.

To get nutritional information please check out the Nutrislice App. Download it free from the Google Play or iTunes Store. Ingredients and menu items subject to change without notice. Students offered a choices of 1% unflavored milk or nonfat chocolate milk. Gluten Free Option