



The Commonwealth of Massachusetts  
 Executive Office of Health and Human Services  
 Department of Public Health  
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**PRE-PARTICIPATION HEAD  
 INJURY/CONCUSSION REPORTING FORM  
 FOR EXTRACURRICULAR ACTIVITIES**

This form should be completed by the student's parent(s) or legal guardian(s). It must be submitted to the Athletic Director, or official designated by the school, *prior* to the start of each season a student plans to participate in an extracurricular athletic activity.

|                |     |               |           |
|----------------|-----|---------------|-----------|
| Student's Name | Sex | Date of Birth | Grade     |
| School         |     | Sport         |           |
| Home Address   |     |               | Telephone |

**Has student ever experienced a traumatic head injury (a blow to the head)?** Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, when? Dates (month/year): \_\_\_\_\_

**Has student ever received medical attention for a head injury?** Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, when? Dates (month/year): \_\_\_\_\_

If yes, please describe the circumstances:

**Was student diagnosed with a concussion?** Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, when? Dates (month/year): \_\_\_\_\_

Duration of Symptoms (such as *headache, difficulty concentrating, fatigue*) for most recent concussion: \_\_\_\_\_

Parent/Guardian: Name: \_\_\_\_\_  
 (Please print)

Parent/Guardian: Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Student-Athlete: Signature: \_\_\_\_\_ Date: \_\_\_\_\_



## Westport Jr./Sr. High School Athletic Department Concussion History Reporting Form

### CONCUSSION POLICY

In compliance to Massachusetts Concussion Law (Chapter 166 of Acts of 2010), student-athletes and their parents, coaches, athletic directors, school nurses, and physicians must learn about the consequences of head injuries and concussions through training programs and written materials. ***The law requires that athletes and their parents inform their coaches about prior head injuries at the beginning of the season.*** Subsequently, the Westport Jr./Sr. High School Athletic Department requires the following mandates from student-athletes and their parent/guardian concerning head injury & concussion.

1. All student-athletes & their parent/guardian must read the concussion policy in the student-athlete/parent handbook.
2. Parents are to read the Center for Disease & Control's *Concussion Fact Sheet for Parents*, available online via [https://www.cdc.gov/headsup/pdfs/highschoolsports/parents\\_fact\\_sheet-a.pdf](https://www.cdc.gov/headsup/pdfs/highschoolsports/parents_fact_sheet-a.pdf)
3. Student-Athletes are to read the Center for Disease & Control's *Concussion Fact Sheet for Student-Athletes*, available online via [https://www.cdc.gov/headsup/pdfs/highschoolsports/athletes\\_fact\\_sheet-a.pdf](https://www.cdc.gov/headsup/pdfs/highschoolsports/athletes_fact_sheet-a.pdf)
4. For additional information on concussion & head-related injuries, free online courses are available through National Federation of High Schools, [www.nfhslearn.com](http://www.nfhslearn.com), and the Center for Disease & Control, <https://www.cdc.gov/headsup/index.html>