

DB High School (12:15-1:13pm) ~ MARCH 2019

Pricing: Lunch \$2.60

NATIONAL SCHOOL BREAKFAST WEEK MARCH 4-8

Ala Carte prices range from \$.50 - \$3.50

LUNCH Menu for Week of MARCH 4th thru MARCH 8th (Week 1) Lines 1, 2, and 3

Monday (W1D1)	Tuesday (W1D2)	Wednesday (W1D3)	Thursday (W1D4)	Friday (W1D5)
Chicken Parmesan Sandwich (43) Seasoned Green Beans (5) Waffle Fries (19) Baby Carrot Cups (8) Flavored Applesce(13) Peaches (18)	Bacon Cheeseburger (31) Seasoned Potato Wedges (15) Baked Beans (36) Cucumber/Tomato Cup (3) Banana(22)Apple(12)Carmel(19)	<u>Breakfast for Lunch</u> French Toast Stix(26) & Egg Omllet Potato Tots (15) Baked Cinnamon Apples(5) Fresh Vegetable Cup (3) Orange Wedges(8)	Cheese Sticks (33) Marinara (6) Steamed Broccoli(5) Glazed Carrots (16) Leafy Green Salad (2) Fruit Gelatin(20)MixedBerry Cup(33)	Chick Poppers(17)Sauce*Roll (27) Mashed Potatoes (22) Steamed Peas(11) Baby Carrot Cups (8) Blush Pears(19) Raisels (35)

LUNCH Menu for Week of MARCH 11th thru MARCH 15th (Week 2) Lines 1, 2, and 3

Monday (W2D1)	Tuesday (W2D2)	Wednesday (W2D3)	Thursday (W2D4)	Friday (W2D5)
Hot & Spicy Chicken Sandwich (43) Seasoned Green Beans (5) Waffle Fries (19) Baby Carrot Cups (8) Flavored Applesce(13)Pineapple(19)	Hot Dog with Chili(33) Tater Tots (15) Baked Beans (36) Creamy Coleslaw (9) MM Fruit Salad (38) Banana(22)	Chicken Pot Pie (42) Steamed Broccoli(5) Glazed Carrots (16) Garden Veggie Cup (3) Red Grapes(8)Raisels (35)	Corndog Nuggets (40) Pinto Beans(5) Corn Niblets (5) Fresh Vegetable Cup (3) OrangeWedges(8)BlushingPears(23)	Teacher In-Service No School

LUNCH Menu for Week of MARCH 18th thru MARCH 22nd (Week 3) Lines 1, 2, and 3

Monday (W3D1)	Tuesday (W3D2)	Wednesday (W3D3)	Thursday (W3D4)	Friday (W3D5)
Big Chicken Sandwich (43) Seasoned Green Beans (5) Waffle Fries (19) Baby Carrot Cups (8) Flavored Applesce(13)Pineapple(19)	Taco Salad (40) Corn Niblets (5) Black Beans (15) Cucumber/Tomato Cup (3) Banana (22) Peaches (18-30)	Italian Baked Ziti (26) & Garlic Bread (14) Steamed Broccoli(5) Glazed Carrots (16) Leafy Green Salad (2) Mixed Grapes(8) Craisins (28)	Cheesy Chicken Quesadilla (35) Southwestern Beans (15) Corn Niblets (5) Celery/Green Pepper Cup (3) FruitGelatin(20)Blushing Pears (23)	Chicken Fries(15)Sauce*Roll (27) Mashed Potatoes (22) California Blend Veg(3) Baby Carrot Cups (8) Raisels (35) Fruit Slushie (20)

SPRING BREAK MAR. 25th - MAR. 29th

Numbers in parenthesis () indicate the carb counts for the item listed

"This institution is an equal opportunity provider."

KIOSK LUNCH CHOICES AVAILABLE DAILY (Activities Lobby, Soc Stud Pod)		Cafe Express	
*Assorted Hot Entrees	*Fresh Baked Pizza (35-36)	*Pizza (29)	*Veggies - Asstd.
*Fruit & Yogurt Parfaits (72)	*Variety of Fruit & Fresh Veggies	*Daily Entrée	*WG Cookies (24) *Chips
*Various Grab & Go Salads	*Chips, Asstd Grains, Cereal Bars	*Un crustable (33)	*Ice Cream/Frozen Yogurt
*Fast Pack (46)/PBJ Fast Pack (86)	*Rice Krispies, Baked Cookies(32)	*Fast Packs (40)	*Dippin Dots
*Assorted Sandwiches	*Assortment of Milk and beverages	*Fruit - Asstd.	*G2, Powerade
		*Iced Mocha Latte (6) & Sweet Tea(9)	

All breakfasts/lunches must contain a fruit or vegetable.

For more information about meals, nutrition, and our online payment system, visit our website at www.k12k.com.

(Line 4) SUB SANDWICH STATION - SALAD BAR - BAKED POTATOES			
Salad Bar \$2.60	CHEF SALAD ONLY	* Sub Sandwich Station \$2.60	* Includes Chips
(includes meat) (15)		* Fresh Baked Sub Roll (32) with 2 oz Meat(s) of Choice:	
Assorted Grains - up to 2 choices		* (Ham, Turkey, Roast Beef, Pastrami & Cheese)	
Fruit Choices - up to 2		* Variety of Veggie Toppings and Condiments	
Loaded Baked Potato Entrée (40) -includes 2oz cheese, butter, & sour cream (pick up a fruit or milk to make a meal)			
Please note: The combination of the salad bar AND sandwich bar will result in ala carte pricing.			

Soup Available on Monday, Wednesday & Friday - \$1.50



BREAKFAST

NATIONAL SCHOOL BREAKFAST WEEK MARCH 4-8

BREAKFAST MENU (Cafeteria) Students must choose a fruit for meal pricing					Breakfast Pricing: \$1.50
Monday	Tuesday	Wednesday	Thursday	Friday	
Sausage Biscuit (26) Apple juice / Fruit	Egg & Cheese Croissant (28) Orange Juice / Fruit	Sunrise Sausage & Egg Slider (28) Apple Juice / Fruit	Ham Cheese Croissant (28) Orange Juice / Fruit	Chicken(8) Biscuit (27) Apple Juice / Fruit	
Breakfast items offered on a daily basis: Cereal (14-25) / Fruit (12-20) / Fruit Juice (13-19) Assorted Fruit (12-22)		Rotating Alternate Breakfast Choices : Poptart (37)/Muffin (23-28)/Cereal Bar (26-29)		Milk choices offered with breakfast and lunch daily: 1% milk (11) 1% Chocolate milk (24) / 1% Strawberry milk (22) FF White Milk (12)	
2nd Chance Kiosk Breakfast - \$1.50 Served in Activities lobby, Soc Stud Pod & CTE Bldg					**Breakfast Meal includes a Juice and Fruit and Milk Choices
Monday	Tuesday	Wednesday	Thursday	Friday	
Sausage or Chicken Biscuit (29)	Rotating Banana Bread (44)/WG Donuts(41) Bfst Parfait(40)/Mini Pancakes(29) French Toast(26)/Syrup (31) Choc chip French Toast(35)	Ham/Cheese Croissant (28)	Rotating Banana Bread (44)/WG Donuts(41) Bfst Parfait(40)/Mini Pancakes(29) French Toast(26)/Syrup (31) Choc chip French Toast(35)	Sausage or Chicken Biscuit (29)	

Numbers in parenthesis () indicate the carb counts for the item listed