

Quaker Valley Elementary Menu



And



Lunch Prices for 2018-2019



A complete lunch is \$2.90

An a la carte lunch entrée is \$3.00

*A complete meal includes choice of 2 fruits and 2 veggies and choice of low fat milk



QVSD is joining the global movement to make **positive changes** for a **healthier lifestyle**. Look for the **V**.

The following Alternative meals are served daily for \$2.90:

- Garden Salad -Baked Potato -PB&J
- Bagel and Yogurt -Grilled or Crispy Chicken Salad
- Grilled or Crispy Chicken Sandwich on a Wheat Bun

Additional items are available for an extra charge of:

A la carte lunch items:

Side of Fruit or Veggies - \$.75



Side of Grain - \$.85 (rice, pasta, bread, or roll as side)

Beverages:

Milk - \$.85 100% Fruit Juice - \$.75



Small Bottle of Water - \$.85



Large Bottle of Water - \$1.00



Wellness Friendly Snacks:

Trix Yogurt - \$1.00



String Cheese Stick - \$.85



Small Snack - \$.75 Large Snack - \$1.00



Special Treats:

Low Fat/Low Sugar Cookie - \$.50



Low Fat/Low Sugar Ice Cream or Dessert - \$1.00

Parents can access their child's café balance, deposit funds, and set up recurring payments at www.myschoolbucks.com.

*Please check out the Café tab on the QVSD website for interesting nutrition information, Free and Reduced Meal Applications, and photos of the delicious food we are serving your children!

Reference our updated Food Policy at: www.qvsd.org

USDA is an equal opportunity provider and employer.

Meatless Monday	Tuesday	Wednesday	Thursday	Friday
		A May 1	B May 2	C May 3
	May 3 rd is School Lunch Hero Day so make sure that you thank your wonderful cafeteria ladies for the fantastic job they do keeping you well fed!	Teriyaki BBQ Chicken with Brown Rice Sunshine Carrots Choice of Fresh Fruit Choice of Milk *Fortune Cookie*	Italian Pasta with Meat/ Marinara Sauce Garlic Breadstick Big and Strong Broccoli Choice of Fresh Fruit Choice of Milk	KASA Cheese OR Pepperoni Pizza Giant Green Beans Choice of Fresh Fruit Choice of Milk SCHOOL LUNCH HERO DAY
D May 6	A May 7	B May 8	C May 9	D May 10
V French Toast Sticks Trix Yogurt & Mozzarella Cheese Stick Sunshine Carrots Tater Tots Choice of Fresh Fruit Choice of Milk	Super Nacho Grande Boat (Seasoned Beef, Cheese, Toppings, Corn Nacho Chips) Golden Corn Black Bean Salsa Choice of Fresh Fruit Choice of Milk	Chicken Tenders Assorted Sauces Warm Dinner Roll Sunshine Carrots Emoji Smiley Fries Choice of Fresh Fruit Choice of Milk	Italian Pasta with Meat/ Marinara Sauce Garlic Breadstick Big and Strong Broccoli Choice of Fresh Fruit Choice of Milk	Homemade Cheese and Pepperoni Pizza Giant Green Beans Hummus with Veggies Choice of Fresh Fruit Choice of Milk
A May 13	B May 14	C May 15	D May 16	May 17
V Potato Pete Pierogis Garlic Breadstick Big and Strong Broccoli Choice of Fresh Fruit Choice of Milk	Power Up Burger on Bun OR Hot Dog on Bun Magical Baked Beans Oven Fries Choice of Fresh Fruit Choice of Milk	Crispy Chicken Nuggets Warm Dinner Roll Mashed Potatoes with Gravy Mixed Up Veggies Choice of Fresh Fruit Choice of Milk	Italian Pasta with Meat/ Marinara Sauce Garlic Breadstick Big and Strong Broccoli Choice of Fresh Fruit Choice of Milk	NO SCHOOL 
A May 20	B May 21	C May 22	D May 23	A May 24
V Cheese Ravioli with Marinara Sauce Garlic Breadstick Sunshine Carrots Choice of Fresh Fruit Choice of Milk	Wild Walking Taco (Seasoned Beef, Cheese, Toppings, Baked Doritos) Brown Rice Black Beans/Golden Corn Choice of Fresh Fruit Choice of Milk	Chicken Tenders Assorted Sauces Warm Dinner Roll Sunshine Carrots Emoji Smiley Fries Choice of Fresh Fruit Choice of Milk	Italian Pasta with Meat/ Marinara Sauce Garlic Breadstick Big and Strong Broccoli Choice of Fresh Fruit Choice of Milk	*Memorial Celebration* Hero Stripes Chicken Patriotic Soft Pretzel USA Golden Corn Choice of Freedom Fruit Choice of Memorial Milk
May 27	B May 28	C May 29	D May 30	A May 31
☆ NO SCHOOL Memorial Day ☆	<i>Chef's Choice!</i>	<i>Chef's Choice!</i>	<i>Chef's Choice!</i>	<i>Chef's Choice!</i>
B June 3	C June 4	D June 5	A June 6	B June 7
<i>Chef's Choice!</i>	<i>Chef's Choice!</i>	<i>Chef's Choice!</i>	<i>Chef's Choice!</i>	<i>Chef's Choice!</i>
C June 10	D June 11			
<i>Chef's Choice!</i>	Last Day of School!	Have a GREAT Summer!		



Thank you for a great school year! We wish all of your children a safe and exciting summer, and we look forward to providing them delicious and nutritious food again next year!

