



California schools stay safe while blocking bullying

by Nysa Gonzalez, student reporter

All too often we see school violence, shootings, and tragedies happening in classrooms in the United States. There was a day when school was the safest place, but in today’s time, students worry for their safety any moment they walk in a classroom.

The tragic reality is hitting schools across the nation. To ensure that every student feels safe when coming to school, California R-1 Schools are trying to be proactive. An ounce of prevention is worth a pound of cure.

California schools are taking many measures to prevent bullying and aggressive behavior in every area of the district. Various methods are used in the classrooms to ensure there is no

bullying and less of a risk for violence.

The elementary uses many bully blocking methods that students will take with them forever. The Buddy Bench, where kids can sit if they do not have buddy at recess, and Bucket Fillers, where students learn about the power of their words and actions, are focused on younger levels at California Schools to help them grow into positive students.

California Middle School uses Bully Boxes where students can anonymously make a statement about a bullying or school safety incident. Administration checks the boxes regularly and addresses all incidents reported from students.

Technology screening and flagging techniques are used at the

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Sponsored by CHS Student Council

Parents’ Night Out

Split into age groups, kids will enjoy a movie, games in the gym, craft time, and snacks.

Saturday, April 21, 5:00-9:00 p.m.

Potty Trained - 5th grade

\$7 per child if pre-registered by April 19

\$10 per child at the door

--Registration forms will be sent home with CES students.

--Otherwise, contact ashley.atteberry@californiak12.org.

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|---|---|--|--|
| | | 3 Spring Break District AG Contest @ Warrensburg JV Track @ Osage MS Track @ CHS JV/V BB @ Hallsville | 4 School in session for make-up day | 5 MS Track @ Eldon District FFA Contest @ Warrensburg JV/V BB vs. Crocker | 6 Read A Thon Celebration 1:00 in CES Multipurpose Room Var BB vs. St. Elizabeth | 7 |
| | | 8 | 9 CES PTO Meeting 6:30 p.m. in cafeteria California Invitational TSA CDE JV/V Golf vs. Osage | 10 6th Grade Orientation 6:00 p.m. @ Middle School JV/V BB @ Jamestown | 11 FFA District Envirothon @ Jefferson City Var Golf SoBoCo Classic @ Eagle Knoll Board meeting 6 p.m. in CHS Library | 12 JV/V Golf vs. Fulton @ Osage JV/V BB vs. Osage |
| 15 | 16 Var Golf @ Centralia JV/V BB v. Eldon | 17 Var Track @ Osage MS Track @ Eldon | 18 | 19 5th Grade Concert 7:00 p.m. in CPAC EOC Testing-Biology Var Golf @ Old Hawthorne JV/V Track @ Centralia MS Track @ Versailles | 20 No School (Teacher Professional Development) JV/V BB vs. Versailles | 21 Parents Night Out 4:30-9:00 p.m. @ CHS |
| | | HS & MS Cheerleading Tryout Clinic @ CHS Gym | | | State FFA Convention | |
| MAP Testing Week @ Elementary School | | | | | | |
| 22 HS/MS Spring Band Concert 2:00 p.m. in CPAC | 23 JV Tri-County Track @ Hallsville | 24 Var Track Guy Rush Memorial Meet @ Home MS Track @ Osage JV/V BB @ SoBoCo Beginning Band Night 6:00 p.m. | 25 JV/V Tri-County Golf @ Eagle Knoll | 26 State Solo/Ensemble Contest @ Columbia JV/V Golf @ Eldon MS Track @ South Callaway JV/V BB @ Harrisburg | 27 | 28 Var BB Bonus Game @ Tolton State Music Contest @ Mizzou |
| EOC Testing-Algebra I & Government | | | | | | |
| MAP Testing Week @ Elementary School | | | | | | |
| 29 | 30 CES PTO Meeting 6:00 p.m. in cafeteria District Golf @ Buffalo | 1 MS Conference Track @ Home JV/V BB @ Warsaw Chapter FFA Banquet in Commons California Kids Talent Show 7:00 p.m. in CPAC | 2 HS Spring Music Concert 7:00 p.m. in CPAC | 3 Var Tri-County Track @ Versailles JV/V BB @ Knob Noster | 4 Lions Club Track Meet Var Track @ Home | 5 Prom @ West Ridge Event Center 7:00-11:00 |
| EOC Testing-English I & II | | | | | | |
| 6 MS Spring Choral Concert 4:00 p.m. in CPAC | 7 Golf Sectionals JV/V BB vs Blair Oaks Scholarship Awards Night 6:30 p.m. in CPAC | 8 HS Music Banquet Seniors’ Last Day of School | 9 Baccalaureate 7:00 p.m. in CPAC | 10 3rd grade Field Trip to Capitol & Runge 5th grade Graduation 7:00 p.m. in CPAC | 11 PreK Program 2:00 p.m. in CES Music Room | 12 District Track @ CHS |

Sheltered Reality gives a beat to character education

by Paige Johnson

Coming all the way from Iowa City, IA; Sheltered Reality (SR) showed CES kids music with meaning and what it takes to believe in themselves and other people.

Teaching through music and storytelling, Steve Schlosser, executive director of SR, got all the students on their feet Friday, March 16.

School counselors Christiane Goans and Tawnya Clause attended the 2017 Missouri School Counselors Association fall conference and went to the SR session together.

Goans took the lead on coordination efforts to have SR do an assembly for California. With a lot of work and administrative support, she was able to take an idea and make it into a reality for the students and staff.

Clause said, "We were mesmerized and knew that this would really captivate kids as well as deliver a positive message. We hope it inspires kids to persevere.

"Students are constantly challenged here at school and it is tempting for them to give up when things are difficult. We have high expectations for students and we know that with high expectations you must have high support in order to achieve goals," said Clause.

The counselors' character focus for



March is "Perseverance," and the school definition of perseverance is to "Never Give Up."

With at least 6,000 shows in his 22 years of performing, Schlosser said, "The kids were great! especially the third through fifth grade group. They were truly some of the best kids (and teachers)



Sheltered Reality has ever played for."

Schlosser promoted three steps to success: (1) take a chance, (2) to never give up, and (3) believe in yourself.

Clause said, "These steps are skills and mindsets that students can draw upon during anytime in their life."

With fifth graders nearing the end of elementary, "these steps may play a particular importance as they transition into middle school."

In order for children to take a chance, they have to want to try something new. This could be finding a new interest or just simply wanting to join a group like SR.

Every year, Schlosser has a specific goal that coordinates with his presentations that year.

This year's theme is to believe in other people and yourself.

He wants to show how kindness can have an impact on people, that being helpful and putting others first can have a great impact on the world. In his own way, he puts on shows by playing drums to music in a fun and positive manner.

Students and teachers were invited to the stage during the assembly to join in the drumming. Sheltered Reality gives the option for kids who are interested to attend camps provided during the summer.

Clause said, "We wanted to enhance the kids' learning in regards to developing great character. Bringing in a group like Sheltered Reality reinforces all the things we teach all year long, and it creates an exciting learning experience that many kids will never forget!"



In my room . . . Rocking the 120th day of first grade with Kendra Hall

by Jocelyn Wells

Kendra Hall's class, along with the rest of California first grade, celebrated the 120th day of school on March 2nd.

Missouri Learning Standards require that all first grade students write and count to 120.

Hall's students celebrated the 120th day in many ways. Most of the class dressed up as rock stars. They wore bandanas and sunglasses, and some students even brought in "guitars." All of this was because the students "rocked the first grade," said Hall.

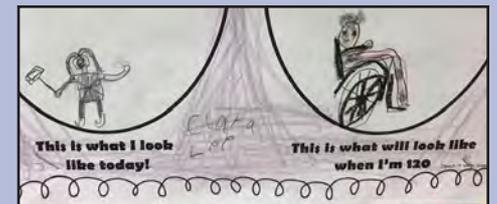
Everything had to do with the number 120, from reading 120 books to doing 120 exercises, and some students even brought in 120 snacks. Students also drew what they thought they would look like when they turned 120.

Jana Lawson and Rowyn Scheidt both said that their favorite part of the 120th day was, "the snacks because we don't get to have snacks a lot."

Counting and writing to 120 is a huge part in passing the first grade. Students who don't pass take the test again until they do pass.



As first grade rock stars, students get the red carpet treatment.



For an activity, students drew what they would look like when they turned 120 years old.

Fries, reading, and fun

by Annastyn Trimble

McTeacher Night is a fundraising event that McDonald's organizes to bring the love of reading and food together for every child. While enjoying a delicious meal, elementary students are encouraged to explore the world of books. Teachers from the local elementary school are on hand to help students read and discover new books. McTeacher Night is all about good food, great books, and a better education.



Clockwise from left: Mrs. Angela Butts-Althoff, Ms. Amie Doll, and Mr. Gary Baker introduce books to students.



(photos by Kayla Barnard)

current 5th grade students & parents

6th Grade Orientation

Tuesday, April 10, 6:00 p.m.

Middle School Gym

Beginning Band Night

Tuesday, April 24, 6:00-8:00 p.m. @ CMS



Fourth through eighth success in Versailles math contest

by Dakota Henry

California middle school did well at the annual Versailles Math contest. It was the middle school's second year participating.

Grades fourth to eighth went to Versailles to participate with eight other schools. Team trophies were given for placing in the top three points spots for each grade level.

The sixth grade team earned third place, seventh grade earned first, fourth grade earned second, and fifth grade earned third. Also, many California students earned trophies and medals for their individual talent in mathematics.

very ninth; Austin Suen, fifth; and Ryan King,



fourth.

Seventh grade individual medalists were Martin Kilmer, seventh; Angelic Linhardt, fifth; and Hunter Berendzen, first.

Eighth grade individual medalist was Alyssa Roney, second place.

Teachers that accompanied the students were Andrea Johnson, Kenny Goans, Amber Dunwoody, Michelle Haas, Principal Matt Abernathy, Rachel Hees, and Mazie Osman.

The middle school students all were impressive in the math contest and congratulations to all of them.



Fourth grade individual medalists were Derek Jordan, tenth; Haden Oliver, eighth; and Claire Peterson and Boden Wasser, fourth.

The fifth grade individual medalists included Maryah Hoback-Blair, sixth; and Tristan Nokes, fourth.

Sixth grade individual medalists were Mabree Cooper, tenth; Morgan Campbell,

Middle schoolers attend CMU music festival

by Trinity Bays

Every year Central Methodist University in Fayette, Missouri hosts a music festival. Students from California Middle School who are enrolled in band and choir attended this all-day festival on Friday, March 2.

The majority of the students were in seventh and eighth grade, only a few sixth graders attended the festival. The seventh and eighth graders performed as a combined band under the direction of Mr. Tyler Edwards who teaches middle school and high school band.

At this music festival students perform, get feedback from judges, and watch performances by other students their age from different schools. Being open to anyone grades sixth through twelfth, over 40 schools participate annually on average.

"We participated in the festival because it's a great learning experience for young musicians," said Edwards. It allows them the opportunity to perform and learn advanced musical concepts that are required with collaborative small ensembles and solos."

The festival doesn't just include band



This sixth grade trumpet trio, Paige Morris, Isabelle Rohrbach, and Evy McGill, earned a one rating at the Central Methodist University music contest.

and choir. Some schools bring orchestras and pianists. Large choirs and orchestras perform along with smaller vocal and instrumental solos and ensembles. These performances are judged by professionals who have a great deal of musical experience and knowledge.

The seventh and eighth combined band received a 2 rating; the flute trio of Alyssa Roney, Kate Freiner, and Gabby Rohrbach earned a 1 rating; the sixth grade trumpet trio of Evy McGill, Paige Morris, and Isabelle Rohrbach earned a 1 rating; Gabby Rohrbach also earned a 1 rating for a vocal solo and piano solo.

This is the only music festival that the middle school attends. Edwards expects that they will participate in upcoming years; however, it has been a while since the middle school has participated in this festival.

In my room . . . Bowled over in boys P.E.

by Peyton Peters

When March comes around, the middle school boys P.E. classes know what time it is. It's time for them to go bowling for a month. Teacher Doug Miller takes the students.

The students pay \$15 for the month-long activity. They bowl for around 30 minutes, except Wednesdays because the bowling alley has league. Moniteau R-1 has been using California Lanes for at least 35 years.

Coach Miller said, "bowling is a lifetime sport. It re-

quires focus and concentration to master."

He takes the boys bowling because they need a break from exercises but still takes need athleticism. Also, they learn different skills.

If the students have any questions, they can talk to the owner Rob Rimel to help them. As an added perk, if the students are hungry, snacks and drinks can be bought while bowling.

The students enjoy a break from exercising. They also enjoy this unit because they get to watch March Madness while at the bowling alley. According to Coach Miller the best middle school score this year was 201 by Eli Trimble, eighth grader.

Middle school isn't the only school that bowls. The high school P.E. classes also bowl, but they are scheduled in February.



Sixth Grader Experiences Regional Bee

by Turner Myers



to attend the Regional Spelling Bee at the University of Missouri campus in Columbia.

Last year, she watched her sister Alyssa Roney, currently in eighth grade, compete in the Regional Bee. This motivated Hillary to do better.

As the winner of the local spelling bee, sixth grader Hillary Roney had the privilege

"Hillary is a hard studier! She studied each night with her family," said Jill Meisenheimer, middle school librarian and California Bee organizer. "She's definitely a competitor at heart and was terribly disappointed in herself when she missed her second word."

Despite getting out in round two, Hillary outspelled fourteen other students from third through eighth grade.

Because Hillary has two more years to compete, Meisenheimer reassured the scholar, "There are two more years for you to nail this! Consider this year, a practice year."

This newsletter is a product of the CHS Mass Media class taught by Mrs. Christy Heimericks.

Pinto Connection staff:
Trinity Bays, Tyler Ford, Gracie George, Nyssa Gonzalez, Chey Harper, Dakota Henry, Jackie Hibdon, Paige Johnson, Jessa Kinchens, Turner Myers, Peyton Peters, Marni Smith, Annastyn Trimble, Jocelyn Wells

Contact Information: Print Media Class, California High School, 1501 W. Buchanan, California, MO 65018 or (573)796-4911
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online archives:
www.californiak12.org

California Performing Arts Center concert schedule

Fifth Grade Program - Thursday, April 19, 7:00 p.m.

HS/MS Spring Band Concert - Sunday, April 22, 2:00 p.m.

California Kids Talent Show - Tuesday, May 1, 7:00 p.m.

HS Choral Concert - Wednesday, May 2, 7:00 p.m.

MS Choral Concert - Sunday, May 6, 4:00 p.m.

CHS Mezzanine past, present, and future

by Gracie George

The California High School gym has a unique feature called a mezzanine.

The mezzanine is a small floor that is between two main levels of a building. At CHS, it is located above the locker rooms and is accessed by stairways in each hallway outside of the gym.

On the front side of the mezzanine are a “small” set of bleachers, which are used mainly during graduation. Sports filming and radio announcing takes place in this area also.

However, most patrons do not realize what is and has been on the other side of those bleachers.

At one point in time the California High School mezzanine was a place full of activity and students. Over the years the role of the mezzanine has changed with the various needs of the school.

The mezzanine was part of the original floor plans in 1994. It was used as the body conditioning area, established and led by Coach Geary Labuary with the help of several other coaches.

“Some good memories were having 70 kids up there lifting at 6:00 in the morning,” said Rick Edwards who served as an assistant football coach under Labuary and is now the CHS athletic director.

Norman Rohrbach, former California principal, said, “My good memories are of watching students work and make progress in whatever activity they were involved with.”

Over the years many coaches have utilized the space that the mezzanine provides. Coaches have used this for baseball, softball, cheerleading, football, and weights. The large area can hold several people, which is practical for team use.

Currently, the mezzanine houses batting cages, a pitching mound, a golf simulator, and PE equipment. Additionally, turf is installed on the floor so when



baseball players wear their cleats up there while practicing, they will not damage them.

The mezzanine was the primary spot for weight lifting before the weight building was built in 2000 at the California High School campus. The weight building was built because of the participation that occurred in the weight room in the mezzanine.

Edwards said, “there would be so many kids up there lifting and room was running out. Also, students would lift large weights and throw them down when they were finished, which caused ceiling problems.”

The cost of the weight building was donated to CHS by the community through the Quarterback Club.

When football was still played at Old Riley Field, the players would meet in the mezzanine before the game for quiet time with the coaches.

Although no longer a weight room, the cheerleaders still use it to practice when no other space is available. Baseball and softball use the mezzanine for batting and pitching practice when weather is bad outside.

Basketball uniforms and equipment continues to be stored here, and

the space could be used for wrestling practice if CHS chooses to add the sport.

The mezzanine has had multiple purposes throughout its 24 years. The amount of space allows for many different activities.

Rohrbach said, “In many ways, the mezzanine is an extension of the gymnasium, in that some of the things the gym would be used for could be done in the mezzanine, leaving the gym available for more.”

School Safety

cont. from pg 1

high school. They also have two open counselors who are always up for communication with students.

Dwight Sanders, California R-1 Schools superintendent, said that because of close and trusting relationships, our counselors often times are the first adult that students consider talking with when a student or school safety issue arises.

Sanders said, “I really feel like the most effective measure of preventing bullying and violence at school is to establish and foster an open line of communication. We have to create an environment where bullying behavior is unacceptable and not tolerated.”

“An open line of communication must also be prevalent between students and school staff members, school staff members and administrators, and administration to law enforcement when the need is there,” said Sanders.

He hopes that every student feels a close connection with at least one school staff member so that they are comfortable to share any concerns that they might have with that school adult.

Sanders added that California schools have some of the most compassionate and caring adults working that anyone could ask for.

In my room . . . Art students shape up

by Jessa Kinchens

Mr. Brad Friedrich’s ceramics class is currently creating both a vase and a face cup. These sophomores, juniors, and seniors are allowed to choose which of the two they complete first.

“In first semester we covered the pinch-pot and coil methods of hand building clay construction. So, the clay building process should be a review. The challenge may be designing the Face Cup and Vase,” Friedrich said of the familiarity of the projects.

Students are expected to put creativity into their pieces. They decide the theme, shape and design of their work. There are no limits on the imagination.

Because there are two tasks at the same time, the projects will take about four weeks. However, other smaller ceramic projects are done in that time such as glazing and firing past projects.

“Students use techniques of wedging and kneading clay, scoring, and use of slip. They study form, proportion, and relief,” Friedrich explains.

How attractive the piece looks is important; however, the students are graded on the creativity of their piece along with the proportion, quality, craftsmanship, and their use of the Elements of Art and Principles of Design.

Friedrich said, “We display finished projects in the art room display case for the student body and general public to view. We also enter some in the Moniteau County Youth Art Show in August.”



Junior Lesley Leon smooths out her vase as she adds the final touches.



Seniors in the CPAC

Scholarship Awards Night



Monday, May 7
6:30 p.m.

Baccalaureate

Wednesday, May 9
7:00 p.m.

