



In partnership with District 96 PTO and PTAs,
District 96 welcomes back:

**FREE and
open to the
community**

Award Winning Author and Speaker

CARRIE GOLDMAN

SOCIAL MEDIA & RISKY BEHAVIORS: HOW TO MAKE BETTER CHOICES

Join Carrie Goldman as she addresses the tricky topic of dealing with kids and the impulsive decisions they make using social media.

Topics Include:

- How to use social media with emotional intelligence
- Screen addiction and strategies you can use
- Social anxiety and social media behaviors
- Aggression and cyberbullying
- Impulsiveness online
- Understanding the herd mentality that drives viral videos and behaviors and learning to think as an independent person outside the pressure of the group
- Teaching bystanders to act as witnesses and allies when they see friends making poor choices.
- How to use restorative responses to misbehaviors

OCTOBER 10 AT 7:00 PM

**Hauser Jr. High School LRC
65 Woodside Road Riverside, IL**

Please RSVP at: bit.ly/d96rsvp