**FEBRUARY 2019**

**Meridian World School**

**Monday**
- Buttermilk Pancakes
- Maple Syrup
- Scrambled Egg
- Potatoes O’Brien
- Orange Juice/Fruit
- Choice of 1% or Skim Milk

**Tuesday**
- Turkey Tacos
- Mixed Bean Tacos
- Lettuce/Tomato
- Spanish Rice, Pinto Beans
- Fruit
- Choice of 1% or Skim Milk

**Wednesday**
- Grilled Chicken Sandwich
- Grilled Tofu Sandwich
- French Fries, Broccoli Salad
- Fruit
- Choice of 1% or Skim Milk

**Thursday**
- BBQ Chicken
- BBQ Grilled Tofu
- Ranch Style Beans, Green Beans
- Macaroni and Cheese
- Dinner Roll
- Choice of 1% or Skim Milk

**Friday**
- Beef or Black Bean Burger
- Whole Wheat Bun
- Lettuce, Tomato, Pickles
- French Fries
- Fruit
- Choice of 1% or Skim Milk

Please be sure to sign your child up for a meal account through [www.myschoolbucks.com](http://www.myschoolbucks.com)

For more information regarding the menu or ingredients, contact Leslie Sterzinger at Chef@mwschool.org

Paid: $4.25, Reduced: $0.40, Free: $0.00

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Don’t forget to add a Fruit or Vegetable to complete your Meal! Fruits and Veggies subject to change due to seasonal availability!