



# ABC Unified School District

16700 Norwalk Boulevard, Cerritos, CA 90703 (562) 926-5566

June 2018

Dear Parent or Guardian:

As a child progresses along the road to becoming a teenager, they will experience rapid physical and emotional growth. Your child will need to understand the maturity process, as well as decision making and coping skills, in order to deal responsibly with the various pressures they will encounter. It is important that they develop an appreciation and respect for family life as part of today's culture. In compliance with the Health Framework for California Public Schools, and the California Healthy Youth Act, your child will have lessons which address such issues as growth and development, pregnancy and birth, parenting, abstinence, birth control, decision making, and consequences of sexually transmitted diseases including HIV/AIDS education.

All material presented are age appropriate and taught by your child's teacher. Parents will be notified of any sex education assemblies or guest presenter, which will remain under the supervision of your child's teacher. You have the right to opt your child out of these lessons. An alternative educational activity shall be made available to pupils whose parents/guardians have requested that they not receive these lessons.

Information on your parental rights is available in the ABC Unified School District Student and Parent/Guardian Handbook, on our District's website [www.abcusd.k12.ca.us](http://www.abcusd.k12.ca.us), and at your child's school office. If you have any questions please call Academic Services at (562) 926-5566 ext. 21132.

Sincerely,

School Site Principal

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### **Request to opt out in compliance with the California Healthy Youth Act for comprehensive sexual health or HIV prevention.**

\_\_\_\_\_ No, I DO NOT want my child to participate in these lessons and would prefer alternative lessons.

\_\_\_\_\_  
(Child's Name)

\_\_\_\_\_  
(Parent/Guardian Signature)

\_\_\_\_\_  
(Date)

\_\_\_\_\_  
(Teacher's Name)

\_\_\_\_\_  
(Room Number)