

# SPRING 2019 GATE/SAS PARENT WORKSHOPS

## Unraveling Many Misunderstood Aspects of Giftedness Related to Perfectionism, Procrastination, and Self Esteem

**Dr. Nicole Tetreault** is a neuroscientist, writer, and speaker who specializes in neurodevelopment and neurodegenerative disorders. She received her Ph.D. from California Institute of Technology (Caltech). She is dedicated to translating the promise of neuroscience and positive psychology for individuals to live the best quality of life.



Most recently, she has focused her efforts on studying the gifted experience, which encompasses the brain and body connection, by investigating the latest neuroscience and physiology research. She is both a passionate intellectual and a devoted caregiver looking to help people by understanding the uniqueness of the gifted experience.

**FREE! Open to all LAUSD  
GATE/SAS parents.**

DATE	TOPIC	TIME	LOCATION
2/4/19	<b>Unraveling Many Misunderstood Aspects of Giftedness Related to Perfectionism, Procrastination, and Self Esteem</b>	<b>6:15-7:15 p.m.</b>	<b>Grant HS (NE)</b> 13000 Oxnard St., Van Nuys, CA 91401
2/7/19			<b>Nobel MS (NW)</b> 9950 Tampa Ave., Northridge, CA 91324
2/11/19			<b>White MS (S)</b> 22102 S Figueroa St., Carson, CA 90745
2/21/19			<b>Stevenson MS (E)</b> 725 S Indiana St., Los Angeles, CA 90023
2/25/19			<b>Loyola Village ES (W)</b> 8821 Villanova Ave., Los Angeles, CA 90045
2/28/19			<b>Sonia Sotomayor HS (C)</b> 2050 N. San Fernando Rd., Los Angeles, CA 90065