

MARCH 2020

Middle School Breakfast Menu

Porterville Unified School District

<p>2 Chocolate Muffin / Craisins Cranberry/Raspberry Juice</p>	<p>3 Cinnamon Roll Apple Slices / Berry Juice</p>	<p>4 Mini Pancakes Raisels / Grape Juice</p>	<p>5 Egg & Cheese Taco / Hot Sauce Banana / Apple Juice</p>	<p>6 Pop Tart / Yogurt Applesauce / Fruit Punch</p>
<p>9 Apple Bar Raisels / Apple Juice</p>	<p>10 Beef Sausage Sandwich Apple Slices / Grape Juice</p>	<p>11 Cocoa Puffs Bar/ Cheese Stick Cranberry Raspberry Juice Tangerine</p>	<p>12 Sausage Bagel Fresh Apple / Berry Juice</p>	<p>13 Mini Waffles Grapes / Fruit Punch</p>
<p>16 17 18 19 20</p> <p>Happy Spring Break</p>  				
<p>23 Pop Tart / Cheese Stick Craisins / Berry Juice</p>	<p>24 Chocolate Chip Muffin / Banana Cranberry Raspberry Juice</p>	<p>25 Beef Sausage Sandwich Fresh Grapes / Apple Juice</p>	<p>26 Cinnamon Roll Craisins /Grape Juice</p>	<p>27 Cocoa Puffs Bar / Cheese Stick Applesauce / Fruit Punch</p>
<p>30 Mini Waffles Apple / Grape Juice</p>	<p>31 Egg & Cheese Taco Apple Slices Cranberry Raspberry Juice</p>			

Choice of 1% plain or non-fat chocolate milk.

Condiments will be served w/appropriate menu items.

MENU SUBJECT TO CHANGE!

The USDA and PUSD are equal opportunity providers and employers.

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2020

MIDDLE SCHOOL MENU

PORTERVILLE UNIFIED SCHOOL DISTRICT

CHOICE OF 1% UNFLAVORED OR NON FAT FLAVORED MILK SERVED DAILY

<p>2</p> <p>Chicken Drumstick w/Roll Ham & Cheese Sub Sandwich w/Mayo Corn Dog w/ Ketchup & Mustard Tater Barrels w/Ketchup Baby Carrots w/Ranch Apple Slices</p>	<p>3</p> <p>Orange Chicken Rice Bowl Pizza Nada / Marinara Sauce Turkey & Cheese Sandwich Sriracha / Mayo / Mustard / Graham Veggie Boat #2 /Ranch Pkt (2) Orange</p>	<p>4</p> <p>Cheeseburger* w/Ketchup & Mayo Pepperoni Pizza*# Bologna & Cheese Sandwich /Mayo Broccoli / Cherry Tomatoes Ranch Raisels</p>	<p>5</p> <p>Spicy Chicken Tenders w/Roll Chicken Tamale w/Sunflower Seeds Ham & Cheese Sub /Mayo Veggie Boat #3 w/Tajin Spicy Oven Fries / Ketchup Fruit Cup</p>	<p>6</p> <p>Pepperoni Pizza*# Rib-B-Q Sandwich* Peanut Butter & Jelly Sandwich w/ Cheese Stick / Chickpeas Veggie Boat #2 w/Ranch Sorbet Fruit Cup / Chocolate Grahams</p>
<p>9</p> <p>Stuffed Pizza Pocket Chicken Taquitos / Guacamole Ham & Cheese Sub Sandwich w/Mayo & Mustard Side Salad w/Cherry Tomatoes Peach Fruit Cup</p>	<p>10</p> <p>Spaghetti w/Meat Sauce / Hot Roll TSO Chicken Rice Bowl Turkey & Cheese Sub / Mayo Veggie Boat #3 / Tajin Baby Carrots Banana</p>	<p>11</p> <p>Chicken Tamale / Cheese Stick Cheeseburger* / Ketchup Bologna & Cheese Sandwich w/Mayo Broccoli / Cherry Tomatoes / Ranch Spicy Oven Fries Strawberry Fruit Cup</p>	<p>12</p> <p>Turkey & Gravy W/Mashed Potatoes w/Hot Roll Ham & Cheese Sub / Mayo The Max Sticks / Marinara Sauce Cucumber Coins / Baby Carrots Apple Slices</p>	<p>13</p> <p>Pepperoni Pizza*# Rib-B-Q* Sandwich* Peanut Butter & Jelly Sandwich w/ Cheese Stick / Chickpeas Veggie Boat #2 w/Ranch / Goldfish Sorbet Fruit Cup</p>
<p>16</p> 	<p>17 18 19</p> 			<p>20</p> 
<p>23</p> <p>Stuffed Pizza Pocket Chicken Taquitos / Guacamole Ham & Cheese Sub Sandwich w/Mayo & Mustard Side Salad w/Cherry Tomatoes Peach Fruit Cup</p>	<p>24</p> <p>Spaghetti w/Meat Sauce / Hot Roll TSO Chicken Rice Bowl Turkey & Cheese Sub / Mayo Veggie Boat #3 / Tajin Baby Carrots Banana</p>	<p>25</p> <p>Chicken Tamale / Cheese Stick Cheeseburger* / Ketchup Bologna & Cheese Sandwich w/Mayo Broccoli / Cherry Tomatoes / Ranch Spicy Oven Fries Strawberry Fruit Cup</p>	<p>26</p> <p>Turkey & Gravy W/Mashed Potatoes w/Hot Roll Ham & Cheese Sub / Mayo The Max Sticks / Marinara Sauce Cucumber Coins / Baby Carrots Apple Slices</p>	<p>27</p> <p>Pepperoni Pizza*# Rib-B-Q* Sandwich* Peanut Butter & Jelly Sandwich w/ Cheese Stick / Chickpeas Veggie Boat #2 w/Ranch / Goldfish Sorbet Fruit Cup</p>
<p>30</p> <p>Chicken Drumstick w/Roll Ham & Cheese Sub Sandwich w/Mayo Corn Dog w/ Ketchup & Mustard Tater Barrels w/Ketchup Baby Carrots w/Ranch Apple Slices</p>	<p>31</p> <p>Orange Chicken Rice Bowl Pizza Nada / Marinara Sauce Turkey & Cheese Sandwich Sriracha / Mayo / Mustard / Graham Veggie Boat #2 /Ranch Pkt (2) Orange</p>			

All Breads & Pastas are Whole Grain
Menu subject to change

#DENOTES PORK ITEMS

*DENOTES BEEF ITEMS

ALL DIPS AND DRESSINGS ARE LOW FAT

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SUPPER MENU

PORTERVILLE UNIFIED SCHOOL DISTRICT

CHOICE OF 1% UNFLAVORED OR NON FAT FLAVORED MILK SERVED DAILY

2	3	4	5	6
Yogurt (1M/MA) Sunflower Seeds (1M/MA/ Chex Mix † (1BE) Zucchini Coins(½c V) Apple Slices(½c F)	Teriyaki Rice† (2M/MA/2BE) Cauliflower (½c V) Peach Fruit Cup (½c F) Sriracha Sauce	Cereal† (1BE) Cheese Stick (1M/MA) Yogurt (1M/MA) Broccoli Spears(½c V) Fresh Orange (½c F)	Pizza† (2M/MA/2BE) Cucumber Coins (½c V) Strawberry Fruit Cup (½c V) Ranch	Rib BBQ* Sandwich†(2M/MA/2BE) Jicama Sticks (½c V) Apple Slices (½c F) Tajin
9	10	11	12	13
Corndog† (2M/MA/2BE) Cucumber Coins (½c V) Apple (½c F) Ketchup & Mustard Pkts.	Cheese Stuffed Breadsticks† (2M/MA/2BE) Marinara Sauce (½c V) Berry Mix Fruit Cup (½c F)	Sunflower Seeds (1M/MA/1BE) Cheese Stick (1M/MA) Grahams† (1BE) Cucumber Coins (½c V) / Tajin Apple Slices (½c F)	Chicken Taquitos† (2M/MA/2BE) Cauliflower (½c V) Dressing Peach Fruit Cup (½c F)	Hamburger Slidert† (2M/MA/2BE) Jicama (½c V) Banana (½c F) Tajin
16	17	18	19	20
				
23	24	25	26	27
Spaghetti w/Meat* Sauce (2M/MA/.5BE/½cV) Dinner Roll† (1BE) Cucumber (½c V) Tajin Grapes (½c F)	Pizza† (2M/MA/2BE) Zucchini Coins (½c V) Ranch Packet Peach Fruit Cup (½c F)	Chex Mix† (1BE) Yogurt (1M/MA) Cheese Stick (1M/MA) Celery Sticks (½c V) Fresh Orange (½c F)	Hamburger Slidert† (2M/MA/2BE) Mayo & Ketchup Cherry Tomatoes (½c V) Berry Mix Fruit Cup (½c F)	Sunflower Seeds (1M/MA) Cheese Stick (1M/MA) Grahams† (1BE) Baby Carrots (½c V) / Ranch Craisins (½c F)
30	31			
Rib BBQ* Sandwich† (2M/MA/2BE) Corn (½c V) Apple Slices (½c F)	Corndog† (2M/MA/2BE) Ketchup & Mustard Packet Cherry Tomatoes (½c V) Peach Fruit Cup (½c F)			

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#DENOTES PORK ITEMS

†WGR

*DENOTES BEEF ITEMS

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