

January 2019

Learning Express Preschool at W&J Satellite Breakfast Menu

Tuesday	1	NO SCHOOL – HAPPY NEW YEAR
Wednesday	2	Breakfast Pizza, Fruit or Juice
Thursday	3	Egg & Cheese Bagel, Fruit or Juice
Friday	4	Assorted Cereals, Fruit or Juice
Monday	7	French Toast Sticks, Fruit or Juice
Tuesday	8	Waffles, Fruit or Juice
Wednesday	9	Scrambled Eggs with Toast, Fruit or Juice
Thursday	10	Egg & Cheese Sandwich, Fruit or Juice
Friday	11	Assorted Cereals, Fruit or Juice
Monday	14	French Toast Sticks, Fruit or Juice
Tuesday	15	Pancakes, Fruit or Juice
Wednesday	16	Breakfast Pizza, Fruit or Juice
Thursday	17	Egg & Cheese Bagel, Fruit or Juice
Friday	18	NO SCHOOL - INSERVICE
Monday	21	NO SCHOOL – MARTIN LUTHER KING DAY
Tuesday	22	Waffles, Fruit or Juice
Wednesday	23	Scrambled Eggs, Fruit or Juice
Thursday	24	Egg & Cheese Sandwich, Fruit or Juice
Friday	25	Assorted Cereals, Fruit or Juice
Monday	28	French Toast Sticks, Fruit or Juice
Tuesday	29	Pancakes, Fruit or Juice
Wednesday	30	Breakfast Pizza, Fruit or Juice
Thursday	31	Egg & Cheese Bagel, Fruit or Juice

All meals come with Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit and Choice of Milk

Alternative Breakfast Entrée: Assorted Cereal with Toast or Whole Grain Breakfast Bars

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Whole grain cereal selection may include: Cinnamon Toast Crunch, Cocoa Puffs, Reese's Puffs and Fruit Loops.

What is a Meal? You must choose at least 3 items. One must be a ½ cup of fruit.

What is an Item? Grain, Protein, Choice of Fruit, or Choice of Milk

Daily fruit selections may include: oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple and mandarin oranges, 100% fruit juice.

Breakfast Prices: Student \$1.00. Reduced \$0.30. Adult \$2.10.

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