

Victoria I.S.D.

Aug 20, 2018 thru Aug 24, 2018 Spreadsheet - Portion Values

May 24, 2018

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BREAKFAST-1

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 08/20/2018																
BREAKFAST-1	Total	6000														
WAFFLES, WG BAKER CRAFTER	2 EA	3000	140	0	240	2.00	1.44	120.0	0	0	0.0	4.0	24.0	4.0	0.00	0.00
CEREAL, VARIETY	SERVING	3000	104	0	173	1.20	4.14	98.0	440	88	5.04	1.4	21.4	1.4	0.10	0.00
APPLESAUCE, ROSY	1/2 cup	3000	96	0	62	1.71	0.18	7.0	9	1	12.78	1.41	23.46	0.22	0.04	*0.00
FRUIT, FRESH ASSORTED	1 EACH	3000	61	0	1	2.39	0.19	13.8	276	15	17.96	0.72	15.65	0.21	0.04	*N/A*
SYRUP, SMUCKERS BREAKFAS	1 EACH	3000	110	0	25	0.00	0.00	0.0	0	0	0.0	0.0	29.0	0.0	0.00	0.00
MARGARINE	1 EACH	1000	100	0	110	0.00	0.00	0.0	500	100	0.0	0.0	0.0	11.0	5.00	0.00
MILK - Variety	HALF PINT	5500	103	7	157	0.00	0.06	210.0	200	40	*0.8	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			367	6	412	3.65	3.03	311.9	629	106	*18.62	11.10	71.42	5.51	1.38	*0.00
% of Calories												12.1%	77.9%	13.5%	3.4%	*0.0%

Tue - 08/21/2018																
BREAKFAST-1	Total	6000														
DONUT HOLES- RICH'S	SERV	3000	280	0	300	3.00	0.81	13.8	11	2	0.0	5.0	30.0	15.0	7.00	0.00
CEREAL, VARIETY	SERVING	3000	104	0	173	1.20	4.14	98.0	440	88	5.04	1.4	21.4	1.4	0.10	0.00
JUICE, VARIETY FRUIT P.C.- VIT	CONTAIN	3000	98	0	14	0.00	*0.18	0.0	25	5	*14.25	0.25	23.75	0.0	0.00	0.00
FRUIT, FRESH ASSORTED	1 EACH	3000	61	0	1	2.39	0.19	13.8	276	15	17.96	0.72	15.65	0.21	0.04	*N/A*
MILK - Variety	HALF PINT	5500	103	7	157	0.00	0.06	210.0	200	40	*0.8	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			366	6	387	3.29	*2.72	255.3	560	92	*19.36	11.02	60.07	9.07	4.03	*0.00
% of Calories												12.0%	65.7%	22.3%	9.9%	*0.0%

Wed - 08/22/2018																
BREAKFAST-1	Total	6000														
SAUS-A-RAGE-PIERRE-BRAUN BEEF	3.15 OZ.	3000	232	17	521	0.81	1.73	78.7	31	6	0.14	9.1	25.8	10.5	5.30	0.00
CEREAL, VARIETY	SERVING	3000	104	0	173	1.20	4.14	98.0	440	88	5.04	1.4	21.4	1.4	0.10	0.00
PEACHES, DICED-DEL MONTE	1/2 CUP	3000	50	0	10	0.50	0.36	0.0	200	40	12.0	0.0	13.0	0.0	0.00	*N/A*
FRUIT, FRESH ASSORTED	1 EACH	3000	61	0	1	2.39	0.19	13.8	276	15	17.96	0.72	15.65	0.21	0.04	*N/A*
MILK - Variety	HALF PINT	5500	103	7	157	0.00	0.06	210.0	200	40	*0.8	8.0	16.0	0.83	0.50	0.00
GRAVY, MIX-FAT FREE-MORRIS	1 tbsp	2000	30	0	243	0.00	0.00	21.7	0	0	0.0	1.01	6.05	0.0	0.00	*0.00
JELLY	1 TBSP	2000	51	0	6	0.19	0.04	1.3	1	0	0.17	0.03	13.29	0.0	0.00	*N/A*
Weighted Daily Average			345	14	579	2.51	3.28	295.4	657	112	*18.36	13.29	59.04	6.82	3.18	*0.00
% of Calories												15.4%	68.5%	17.8%	8.3%	*0.0%

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	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 08/23/2018																
BREAKFAST-1	Total	6000														
PANCAKES AND SAUSAGE ON A STIC	1 PIECE	3000	210	20	390	0.00	1.44	20.0	0	0	0.0	7.0	20.0	12.0	3.00	0.00
CEREAL,VARIETY	SERVING	3000	104	0	173	1.20	4.14	98.0	440	88	5.04	1.4	21.4	1.4	0.10	0.00
FRUIT COCKTAIL-WORLD HORIZON	1/2 CUP	3000	126	0	6	1.50	0.54	0.0	150	30	7.2	1.5	31.5	1.5	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	3000	61	0	1	2.39	0.19	13.8	276	15	17.96	0.72	15.65	0.21	0.04	*N/A*
MILK - Variety	HALF PINT	5500	103	7	157	0.00	0.06	210.0	200	40	*0.8	8.0	16.0	0.83	0.50	0.00
SYRUP,PANCAKE	1 TBSP	3000	46	0	16	0.00	0.01	0.6	0	0	0.0	0.0	12.06	0.0	0.00	*N/A*
Weighted Daily Average			368	16	437	2.54	3.21	258.7	616	103	*15.83	12.64	64.97	8.32	2.03	*0.00
% of Calories												13.7%	70.6%	20.3%	5.0%	*0.0%

Fri - 08/24/2018																
BREAKFAST-1	Total	6000														
Pretzel Egg Sandwich	1 ea	3000	474	230	799	*3.00	3.87	246.5	643	143	0.34	31.31	43.08	20.1	8.45	*0.00
CEREAL,VARIETY	SERVING	3000	104	0	173	1.20	4.14	98.0	440	88	5.04	1.4	21.4	1.4	0.10	0.00
PEARS WITH CHERRIES	1/2 CUP	3000	70	0	4	1.74	*0.31	*0.0	*0	*0	*1.05	*N/A*	17.45	0.0	0.00	*N/A*
FRUIT,FRESH ASSORTED	1 EACH	3000	61	0	1	2.39	0.19	13.8	276	15	17.96	0.72	15.65	0.21	0.04	*N/A*
MILK - Variety	HALF PINT	5500	103	7	157	0.00	0.06	210.0	200	40	*0.8	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			449	121	632	*4.17	*4.31	*371.7	*863	*160	*12.93	*24.04	63.45	11.62	4.75	*0.00
% of Calories												*21.4%	56.6%	23.3%	9.5%	*0.0%

Weighted Average			379	33	489	*3.23	*3.31	*298.6	*665	*114	*17.02	*14.42	63.79	8.27	3.08	*0.00
												*15.2%	67.4%	19.6%	7.3%	*0.0%

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Nutrient	Menu AVG	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
		% of Cals	Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)									
Calories	379		554	68%		175		Correction Required - Calories are Low									
Cholesterol (mg)	33							*Target effective with 2014-2015 School Year!									
Sodium (mg)	489		540														
Fiber (g)	3.23				Missing												
Iron (mg)	3.31		3.00	110%	Missing												
Calcium (mg)	298.6		257.00	116%	Missing												
Vitamin A (IU)	665		985	68%	Missing	320		Correction Required - Vitamin A is Low									
Vitamin A (RE)	114		197	58%	Missing	83		Correction Required - Vitamin A is Low									
Vitamin C (mg)	17.02		13.00	131%	Missing												
Protein (g)	14.42	15.23%	10.00	144%	Missing												
Carbohydrate (g)	63.79	67.36%															
Total Fat (g)	8.27	19.64%	<=30.00%														
Saturated Fat (g)	3.08	7.31%	<10.00%														
Trans Fat ¹ (g)	0.00	0.00%			Missing												

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	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 08/27/2018																
BREAKFAST- 2	Total	6000														
CHOCOLATE MUFFIN	1 EA	3000	180	*N/A*	105	2.00	1.44	0.0	0	0	*N/A*	3.0	27.0	6.0	1.50	0.00
SAUSAGE LINK-EDDY'S-GLAZIE R FO	2.58 OZ	3000	190	40	560	0.00	1.08	20.0	0	0	0.0	11.0	3.0	15.0	5.00	0.00
CEREAL,VARIETY	SERVING	3000	104	0	173	1.20	4.14	98.0	440	88	5.04	1.4	21.4	1.4	0.10	0.00
PEACHES, DICED-DEL MONTE	1/2 CUP	3000	50	0	10	0.50	0.36	0.0	200	40	12.0	0.0	13.0	0.0	0.00	*N/A*
FRUIT,FRESH ASSORTED	1 EACH	3000	61	0	1	2.39	0.19	13.8	276	15	17.96	0.72	15.65	0.21	0.04	*N/A*
MILK - Variety	HALF PINT	5500	103	7	157	0.00	0.06	210.0	200	40	*0.8	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			387	*26	568	3.04	3.66	258.4	641	108	*18.23	15.39	54.69	12.07	3.78	*0.00
% of Calories												15.9%	56.5%	28.1%	8.8%	*0.0%

Tue - 08/28/2018																
BREAKFAST- 2	Total	6000														
OATMEAL	SERVINGS	3000	118	0	226	2.04	0.76	7.2	76	15	0.0	3.57	18.86	3.22	0.56	*N/A*
SAUSAGE PATTIES-JIMMY DEAN-BRA	1PATTY	3000	0	0	0	*N/A*	0.00	0.0	0	0	0.0	0.0	0.0	0.0	0.00	*N/A*
CEREAL,VARIETY	SERVING	3000	104	0	173	1.20	4.14	98.0	440	88	5.04	1.4	21.4	1.4	0.10	0.00
Blueberries	1/2 c	3000	40	0	0	2.20	0.14	6.0	36	2	2.0	0.32	9.5	0.5	0.04	0.00
FRUIT,FRESH ASSORTED	1 EACH	3000	61	0	1	2.39	0.19	13.8	276	15	17.96	0.72	15.65	0.21	0.04	*N/A*
MILK - Variety	HALF PINT	3000	103	7	157	0.00	0.06	210.0	200	40	*0.8	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			213	3	278	*3.91	2.65	167.5	514	80	*12.90	7.00	40.70	3.08	0.62	*0.00
% of Calories												13.2%	76.5%	13.0%	2.6%	*0.0%

Wed - 08/29/2018																
BREAKFAST- 2	Total	6000														
CINNAMON ROLL RICHES	1 EACH	3000	180	5	140	3.09	1.01	20.4	383	77	0.38	5.0	37.0	1.0	0.50	0.00
CEREAL,VARIETY	SERVING	3000	104	0	173	1.20	4.14	98.0	440	88	5.04	1.4	21.4	1.4	0.10	0.00
GRAPES,Fresh	1/2 CUP	3000	31	0	1	0.41	0.13	6.4	46	5	1.84	0.29	7.89	0.16	0.05	*N/A*
FRUIT,FRESH ASSORTED	1 EACH	3000	61	0	1	2.39	0.19	13.8	276	15	17.96	0.72	15.65	0.21	0.04	*N/A*
MILK - Variety	HALF PINT	5500	103	7	157	0.00	0.06	210.0	200	40	*0.8	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			282	9	301	3.55	2.79	261.8	756	129	*13.34	11.04	55.64	2.15	0.81	*0.00
% of Calories												15.6%	78.8%	6.8%	2.6%	*0.0%

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Thu - 08/30/2018																
BREAKFAST- 2	Total	6000														
BREAKFAST PIZZA	PIZZA	3000	210	15	480	2.00	1.80	100.0	200	40	0.0	9.0	26.0	7.0	2.00	0.00
CEREAL,VARIETY	SERVING	3000	104	0	173	1.20	4.14	98.0	440	88	5.04	1.4	21.4	1.4	0.10	0.00
BANANAS	1 EACH	3000	90	0	1	2.63	0.26	5.1	65	8	8.79	1.1	23.07	0.33	0.11	*N/A*
FRUIT,FRESH ASSORTED	1 EACH	3000	61	0	1	2.39	0.19	13.8	276	15	17.96	0.72	15.65	0.21	0.04	*N/A*
MILK - Variety	HALF PINT	5500	103	7	157	0.00	0.06	210.0	200	40	*0.8	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			327	14	471	4.11	3.25	300.9	674	112	*16.63	13.44	57.73	5.24	1.59	*0.00
% of Calories												16.4%	70.6%	14.4%	4.4%	*0.0%

Fri - 08/31/2018																
BREAKFAST- 2	Total	6000														
BAGEL WG	1 EACH	3000	120	0	170	3.00	1.44	20.0	0	0	0.0	5.0	24.0	1.0	0.00	0.00
CEREAL,VARIETY	SERVING	3000	104	0	173	1.20	4.14	98.0	440	88	5.04	1.4	21.4	1.4	0.10	0.00
APRICOTS,CND,EX LT SYRUP P K,W/	1/2 CUP	3000	111	0	5	3.63	0.68	22.7	2883	288	9.07	1.36	28.35	0.23	0.02	*N/A*
FRUIT,FRESH ASSORTED	1 EACH	3000	61	0	1	2.39	0.19	13.8	276	15	17.96	0.72	15.65	0.21	0.04	*N/A*
MILK - Variety	HALF PINT	5500	103	7	157	0.00	0.06	210.0	200	40	*0.8	8.0	16.0	0.83	0.50	0.00
CREAM CHEESE	1 TBSP	3000	50	16	47	0.00	0.06	14.2	195	55	0.0	0.86	0.59	4.96	2.80	*N/A*
JELLY	1 TBSP	3000	51	0	6	0.19	0.04	1.3	1	0	0.17	0.03	13.29	0.0	0.00	*N/A*
MARGARINE	1 EACH	1000	100	0	110	0.00	0.00	0.0	500	100	0.0	0.0	0.0	11.0	5.00	0.00
Weighted Daily Average			359	14	362	5.20	3.33	277.5	2164	277	*16.85	12.02	66.31	6.50	2.77	*0.00
% of Calories												13.4%	73.8%	16.3%	6.9%	*0.0%

Weighted Average			314	*13	396	*3.96	3.14	253.2	950	141	*15.59	11.78	55.01	5.81	1.91	*0.00
												15.0%	70.1%	16.7%	5.5%	*0.0%

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		% of Cals	Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)									
Calories	314		554	57%		240		Correction Required - Calories are Low									
Cholesterol (mg)	13				Missing			*Target effective with 2014-2015 School Year!									
Sodium (mg)	396		540														
Fiber (g)	3.96				Missing												
Iron (mg)	3.14		3.00	105%													
Calcium (mg)	253.2		257.00	99%		3.75		Correction Required - Calcium is Low									
Vitamin A (IU)	950		985	96%		35		Correction Required - Vitamin A is Low									
Vitamin A (RE)	141		197	72%		56		Correction Required - Vitamin A is Low									
Vitamin C (mg)	15.59		13.00	120%	Missing												
Protein (g)	11.78	15.02%	10.00	118%													
Carbohydrate (g)	55.01	70.14%															
Total Fat (g)	5.81	16.66%	<=30.00%														
Saturated Fat (g)	1.91	5.49%	<10.00%														
Trans Fat ¹ (g)	0.00	0.00%			Missing												

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BREAKFAST - 3

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/03/2018																
BREAKFAST - 3	Total	6000														
PANCAKES	2 EACH	3000	254	68	410	1.00	2.17	178.0	168	34	0.2	6.72	32.51	10.67	1.78	*N/A*
CEREAL, VARIETY	SERVING	3000	104	0	173	1.20	4.14	98.0	440	88	5.04	1.4	21.4	1.4	0.10	0.00
APPLESAUCE, ROSY	1/2 cup	3000	96	0	62	1.71	0.18	7.0	9	1	12.78	1.41	23.46	0.22	0.04	*0.00
FRUIT, FRESH ASSORTED	1 EACH	3000	61	0	1	2.39	0.19	13.8	276	15	17.96	0.72	15.65	0.21	0.04	*N/A*
MILK - Variety	HALF PINT	5500	103	7	157	0.00	0.06	210.0	200	40	*0.8	8.0	16.0	0.83	0.50	0.00
SYRUP, SMUCKERS BREAKFAS	1 EACH	3000	110	0	25	0.00	0.00	0.0	0	0	0.0	0.0	29.0	0.0	0.00	0.00
MARGARINE	1 EACH	1000	100	0	110	0.00	0.00	0.0	500	100	0.0	0.0	0.0	11.0	5.00	0.00
Weighted Daily Average			424	40	497	3.15	3.40	340.9	713	123	*18.72	12.46	75.68	8.85	2.27	*0.00
% of Calories												11.8%	71.5%	18.8%	4.8%	*0.0%

Tue - 09/04/2018																
BREAKFAST - 3	Total	6000														
DONUT HOLES- RICH'S	SERV	3000	280	0	300	3.00	0.81	13.8	11	2	0.0	5.0	30.0	15.0	7.00	0.00
CEREAL, VARIETY	SERVING	3000	104	0	173	1.20	4.14	98.0	440	88	5.04	1.4	21.4	1.4	0.10	0.00
JUICE, VARIETY FRUIT P.C.- VIT	CONTAIN	4000	98	0	14	0.00	*0.18	0.0	25	5	*14.25	0.25	23.75	0.0	0.00	0.00
FRUIT, FRESH ASSORTED	1 EACH	2000	61	0	1	2.39	0.19	13.8	276	15	17.96	0.72	15.65	0.21	0.04	*N/A*
MILK - Variety	HALF PINT	5500	103	7	157	0.00	0.06	210.0	200	40	*0.8	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			372	6	390	2.90	*2.71	253.0	518	90	*18.74	10.94	61.42	9.03	4.02	*0.00
% of Calories												11.8%	66.1%	21.9%	9.7%	*0.0%

Wed - 09/05/2018																
BREAKFAST - 3	Total	6000														
SAUSAGE ROLL	1 EACH	3000	405	40	902	2.55	3.33	51.5	0	0	0.0	17.75	43.2	17.85	5.60	*0.00
CEREAL, VARIETY	SERVING	3000	104	0	173	1.20	4.14	98.0	440	88	5.04	1.4	21.4	1.4	0.10	0.00
PEACHES, DICED-DEL MONTE	1/2 CUP	3000	50	0	10	0.50	0.36	0.0	200	40	12.0	0.0	13.0	0.0	0.00	*N/A*
FRUIT, FRESH ASSORTED	1 EACH	3000	61	0	1	2.39	0.19	13.8	276	15	17.96	0.72	15.65	0.21	0.04	*N/A*
MILK - Variety	HALF PINT	5500	103	7	157	0.00	0.06	210.0	200	40	*0.8	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			404	26	686	3.32	4.07	274.2	641	108	*18.23	17.27	61.29	10.49	3.33	*0.00
% of Calories												17.1%	60.6%	23.4%	7.4%	*0.0%

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Victoria I.S.D.

BREAKFAST - 3

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 09/06/2018																
BREAKFAST - 3	Total	6000														
PANCAKES AND SAUSAGE ON A STIC	1 PIECE	3000	210	20	390	0.00	1.44	20.0	0	0	0.0	7.0	20.0	12.0	3.00	0.00
CEREAL, VARIETY	SERVING	3000	104	0	173	1.20	4.14	98.0	440	88	5.04	1.4	21.4	1.4	0.10	0.00
FRUIT COCKTAIL-LIBBY'S-GLAZI	1/2 CUP	3000	69	0	7	1.21	0.35	7.3	248	25	2.3	0.48	18.07	0.08	0.01	*N/A*
FRUIT, FRESH ASSORTED	1 EACH	3000	61	0	1	2.39	0.19	13.8	276	15	17.96	0.72	15.65	0.21	0.04	*N/A*
MILK - Variety	HALF PINT	5500	103	7	157	0.00	0.06	210.0	200	40	*0.8	8.0	16.0	0.83	0.50	0.00
SYRUP, SMUCKERS BREAKFAS	1 EACH	3000	110	0	25	0.00	0.00	0.0	0	0	0.0	0.0	29.0	0.0	0.00	0.00
Weighted Daily Average			372	16	442	2.40	3.12	262.1	665	101	*13.38	12.13	66.72	7.61	2.04	*0.00
% of Calories												13.1%	71.8%	18.4%	4.9%	*0.0%

Fri - 09/07/2018																
BREAKFAST - 3	Total	6000														
Pretzel Egg Sandwich	1 ea	3000	474	230	799	*3.00	3.87	246.5	643	143	0.34	31.31	43.08	20.1	8.45	*0.00
CEREAL, VARIETY	SERVING	3000	104	0	173	1.20	4.14	98.0	440	88	5.04	1.4	21.4	1.4	0.10	0.00
FRUIT CUP	1/2 CUP	3000	114	0	24	2.13	0.82	21.7	304	47	12.88	1.29	29.55	0.14	0.03	*N/A*
FRUIT, FRESH ASSORTED	1 EACH	3000	61	0	1	2.39	0.19	13.8	276	15	17.96	0.72	15.65	0.21	0.04	*N/A*
MILK - Variety	HALF PINT	5500	103	7	157	0.00	0.06	210.0	200	40	*0.8	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			471	121	642	*4.36	4.57	382.5	1015	183	*18.84	24.69	69.50	11.68	4.77	*0.00
% of Calories												21.0%	59.0%	22.3%	9.1%	*0.0%

Weighted Average			408	42	531	*3.22	*3.57	302.5	710	121	*17.58	15.50	66.92	9.53	3.29	*0.00
												15.2%	65.5%	21.0%	7.2%	*0.0%

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Nutrient	Menu AVG	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	
		% of Cals	Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)										
Calories	408		554	74%		146			Correction Required - Calories are Low									
Cholesterol (mg)	42								*Target effective with 2014-2015 School Year!									
Sodium (mg)	531		540															
Fiber (g)	3.22				Missing													
Iron (mg)	3.57		3.00	119%	Missing													
Calcium (mg)	302.5		257.00	118%														
Vitamin A (IU)	710		985	72%			275		Correction Required - Vitamin A is Low									
Vitamin A (RE)	121		197	61%			76		Correction Required - Vitamin A is Low									
Vitamin C (mg)	17.58		13.00	135%	Missing													
Protein (g)	15.50	15.18%	10.00	155%														
Carbohydrate (g)	66.92	65.54%																
Total Fat (g)	9.53	21.01%	<=30.00%															
Saturated Fat (g)	3.29	7.24%	<10.00%															
Trans Fat ¹ (g)	0.00	0.00%			Missing													

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Victoria I.S.D.

Sep 10, 2018 thru Sep 14, 2018 Spreadsheet - Portion Values

May 24, 2018

Page 1

BREAKFAST - 4

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/10/2018																
BREAKFAST - 4	Total	6000														
BANANA BREAD SQUARES	SERVING	3000	149	17	130	0.80	0.90	38.0	45	9	1.4	2.41	25.56	4.31	1.10	*N/A*
SAUSAGE LINK-EDDY'S-GLAZIE R FO	2.58 OZ	3000	190	40	560	0.00	1.08	20.0	0	0	0.0	11.0	3.0	15.0	5.00	0.00
CEREAL,VARIETY	SERVING	3000	104	0	173	1.20	4.14	98.0	440	88	5.04	1.4	21.4	1.4	0.10	0.00
PEACHES, DICED-DEL MONTE	1/2 CUP	3000	50	0	10	0.50	0.36	0.0	200	40	12.0	0.0	13.0	0.0	0.00	*N/A*
FRUIT,FRESH ASSORTED	1 EACH	3000	61	0	1	2.39	0.19	13.8	276	15	17.96	0.72	15.65	0.21	0.04	*N/A*
MILK - Variety	HALF PINT	5500	103	7	157	0.00	0.06	210.0	200	40	*0.8	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			372	35	580	2.44	3.39	277.4	664	113	*18.93	15.10	53.97	11.22	3.58	*0.00
% of Calories												16.3%	58.1%	27.2%	8.7%	*0.0%

Tue - 09/11/2018																
BREAKFAST - 4	Total	6000														
YOGURT, STRAWBERRY-DANNO	1 EACH	3000	110	5	80	*N/A*	*N/A*	150.5	*N/A*	*N/A*	*N/A*	5.02	19.07	1.5	1.00	0.00
TOAST BREAD,HONEY WHEAT-NATURE	SLICE	3000	104	0	155	1.00	1.08	0.0	169	34	0.0	2.0	14.0	4.21	0.84	0.84
CEREAL,VARIETY	SERVING	3000	104	0	173	1.20	4.14	98.0	440	88	5.04	1.4	21.4	1.4	0.10	0.00
Blueberries	1/2 c	3000	40	0	0	2.20	0.14	6.0	36	2	2.0	0.32	9.5	0.5	0.04	0.00
FRUIT,FRESH ASSORTED	1 EACH	3000	61	0	1	2.39	0.19	13.8	276	15	17.96	0.72	15.65	0.21	0.04	*N/A*
MILK - Variety	HALF PINT	5500	103	7	157	0.00	0.06	210.0	200	40	*0.8	8.0	16.0	0.83	0.50	0.00
JELLY	1 TBSP	3000	51	0	6	0.19	0.04	1.3	1	0	0.17	0.03	13.29	0.0	0.00	*N/A*
CREAM CHEESE	1 TBSP	3000	50	16	47	0.00	0.06	14.2	195	55	0.0	0.86	0.59	4.96	2.80	*N/A*
MARGARINE	1 EACH	1000	100	0	110	0.00	0.00	0.0	500	100	0.0	0.0	0.0	11.0	5.00	0.00
Weighted Daily Average			371	17	393	*3.49	*2.88	334.5	*825	*151	*13.32	12.50	61.41	8.99	3.71	*0.42
% of Calories												13.5%	66.2%	21.8%	9.0%	*1.0%

Wed - 09/12/2018																
BREAKFAST - 4	Total	6000														
SCRAMBLED EGGS	1/4 CUP	3000	82	215	144	0.00	0.74	50.0	321	64	0.1	7.01	1.64	5.07	1.57	*N/A*
TOAST BREAD,HONEY WHEAT-NATURE	SLICE	3000	104	0	155	1.00	1.08	0.0	169	34	0.0	2.0	14.0	4.21	0.84	0.84
CEREAL,VARIETY	SERVING	3000	104	0	173	1.20	4.14	98.0	440	88	5.04	1.4	21.4	1.4	0.10	0.00
GRAPES,Fresh	1/2 CUP	3000	31	0	1	0.41	0.13	6.4	46	5	1.84	0.29	7.89	0.16	0.05	*N/A*
FRUIT,FRESH ASSORTED	1 EACH	3000	61	0	1	2.39	0.19	13.8	276	15	17.96	0.72	15.65	0.21	0.04	*N/A*
MILK - Variety	HALF PINT	5500	103	7	157	0.00	0.06	210.0	200	40	*0.8	8.0	16.0	0.83	0.50	0.00
JELLY	1 TBSP	3000	51	0	6	0.19	0.04	1.3	1	0	0.17	0.03	13.29	0.0	0.00	*N/A*
CREAM CHEESE	1 TBSP	3000	50	16	47	0.00	0.06	14.2	195	55	0.0	0.86	0.59	4.96	2.80	*N/A*
MARGARINE	1 EACH	1000	100	0	110	0.00	0.00	0.0	500	100	0.0	0.0	0.0	11.0	5.00	0.00

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Victoria I.S.D.

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			352	122	425	2.60	3.24	284.4	990	184	*13.29	13.49	51.90	10.61	3.99	*0.42
% of Calories												15.3%	59.0%	27.1%	10.2%	*1.1%

Thu - 09/13/2018																
BREAKFAST - 4	Total	6000														
BREAKFAST PIZZA	PIZZA	3000	210	15	480	2.00	1.80	100.0	200	40	0.0	9.0	26.0	7.0	2.00	0.00
CEREAL,VARIETY	SERVING	3000	104	0	173	1.20	4.14	98.0	440	88	5.04	1.4	21.4	1.4	0.10	0.00
BANANAS	1 EACH	3000	90	0	1	2.63	0.26	5.1	65	8	8.79	1.1	23.07	0.33	0.11	*N/A*
FRUIT,FRESH ASSORTED	1 EACH	3000	61	0	1	2.39	0.19	13.8	276	15	17.96	0.72	15.65	0.21	0.04	*N/A*
MILK - Variety	HALF PINT	5500	103	7	157	0.00	0.06	210.0	200	40	*0.8	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			327	14	471	4.11	3.25	300.9	674	112	*16.63	13.44	57.73	5.24	1.59	*0.00
% of Calories												16.4%	70.6%	14.4%	4.4%	*0.0%

Fri - 09/14/2018																
BREAKFAST - 4	Total	6000														
EGG CROISSANT	1 ea	3000	387	266	420	0.80	2.87	171.6	554	111	0.0	15.17	31.94	21.8	11.09	*0.00
CEREAL,VARIETY	SERVING	3000	104	0	173	1.20	4.14	98.0	440	88	5.04	1.4	21.4	1.4	0.10	0.00
FRUIT COCKTAIL-WORLD HORIZON	1/2 CUP	3000	126	0	6	1.50	0.54	0.0	150	30	7.2	1.5	31.5	1.5	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	3000	61	0	1	2.39	0.19	13.8	276	15	17.96	0.72	15.65	0.21	0.04	*N/A*
MILK - Variety	HALF PINT	5500	103	7	157	0.00	0.06	210.0	200	40	*0.8	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			433	139	444	2.94	3.93	334.2	893	159	*15.83	16.72	64.91	13.22	6.07	*0.00
% of Calories												15.4%	59.9%	27.5%	12.6%	*0.0%

Weighted Average			371	65	463	*3.12	*3.34	306.3	*809	*144	*15.60	14.25	57.98	9.86	3.79	*0.17
												15.4%	62.5%	23.9%	9.2%	*0.4%

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Sep 10, 2018 thru Sep 14, 2018 Spreadsheet - Portion Values BREAKFAST - 4

Nutrient	Menu AVG	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
		% of Cals	Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)									
Calories	371		554	67%		183		Correction Required - Calories are Low									
Cholesterol (mg)	65							*Target effective with 2014-2015 School Year!									
Sodium (mg)	463		540														
Fiber (g)	3.12				Missing												
Iron (mg)	3.34		3.00	111%	Missing												
Calcium (mg)	306.3		257.00	119%													
Vitamin A (IU)	809		985	82%	Missing	176		Correction Required - Vitamin A is Low									
Vitamin A (RE)	144		197	73%	Missing	53		Correction Required - Vitamin A is Low									
Vitamin C (mg)	15.60		13.00	120%	Missing												
Protein (g)	14.25	15.37%	10.00	143%													
Carbohydrate (g)	57.98	62.53%															
Total Fat (g)	9.86	23.91%	<=30.00%														
Saturated Fat (g)	3.79	9.19%	<10.00%														
Trans Fat ¹ (g)	0.17	0.41%			Missing												

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