

	Medical Statement for Children with Special Dietary Needs: Each special dietary request must be supported by a statement, which explains the food substitution that is medical authority requested. It must be signed by a recognized authority.				<b>Milk choices:</b> <b>1% White Milk</b> <b>Fat Free White Milk</b> <b>Lactose Free Milk</b>
Monday	Tuesday	Wednesday	Thursday	Friday	Avg Nutrients Target
Sausage Biscuit Tater Tots <b>Fresh Fruit</b>	Pizza Bagel <b>Fresh Fruit</b>	Biscuit /Grits Scrambled Eggs Sausage Link <b>Fresh Fruit</b>	French Toast <b>Fresh Fruit</b>	Morning Sausage Roll <b>Fresh Fruit</b>	Calories... 425 Cholesterol... 44 Sodium... 378 Sugar... 17.0 Carbohydrates 37.4
Chicken Biscuit Tater Tots <b>Fresh Fruit</b>	Pizza Sausage <b>Fresh Fruit</b>	Biscuit <b>Sausage Link</b> <b>Fresh Fruit</b>	Pancake Pup <b>Fresh Fruit</b>	Pancake Syrup <b>Fresh Fruit</b>	Calories... 310 Cholesterol... 15 mg Sodium. 403 mg Sugar 22.2 Carbohyddrates 48.3
<b>Breakfast is a 2 week rotation.</b>					
Low fat and fat free white milk offered Daily.			Menu subject to change based on availability.		
Georgia Grown	Local wellness policy at <a href="http://www.gocats.org/schoolnutrition">www.gocats.org/ schoolnutrition</a>				Local Grown