

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
						1		2	
5		6		7		8		9	
B 500	Mini Bagels w/Strawberry Cream Cheese	400	Blueberry Muffin & WG Crackers	525	Reduced Sugar Cinnamon Toast Crunch & WG Crackers	400	Mini Bagel with Sunbutter	400	WG Apple Cinnamon Donut
L 500	Garlic Pesto Chicken Pasta with Carrot Sticks (1c) & Ranch Pre-Pack	525	Honey BBQ Chicken Wings with Dinner Roll & Mashed Potatoes (1c) Family-Style	500	Pesto Chicken Penne Pasta (1c) with Green Salad (2c) Family-Style	480	Chicken Tamal with Pinto Beans (1c) Pre-Pack	480	Hawaiian Chicken with Brown Rice Pilaf (1c) & Steamed Carrots (1c) Family-Style
B 450	Yogurt & Graham Crackers	400	Apple Cinnamon Tamal	525	Multi Grain Cheerios & WG Crackers	400	Pancakes with Syrup	450	Mini Cinnamon Rolls
L 450	Ham & Cheese Sandwich with Carrot Sticks (3/4c) & Ranch Pre-Pack	500	Pepperjack Cheeseburger with Whole Kernel Corn (1c) Family-Style	450	Lemon Pepper Chicken with Brown Rice Pilaf (1c) & Steamed Broccoli & Carrots (1c) Family-Style	480	Breaded Chicken Drumstick with BBQ Baked Beans (1c) & Dinner Roll Family-Style	480	Chicken Salad Sandwich with Carrot Sticks (3/4c) & Ranch Pre-Pack
B 450	String Cheese & Graham Crackers	400	Apple Muffin & WG Crackers	550	Coco Puffs & WG Crackers	500	Cinnamon French Toast w/Syrup	400	Coffee Cake & String Cheese
L 480	Pesto Chicken Spaghetti (1c) with Mixed Vegetables (1c) Family-Style	525	Honey BBQ Chicken Wings with Dinner Roll & Mashed Potatoes (1c) Family-Style	480	Chicken Fettuccine (1c) Alfredo with Green Salad (2c) Family-Style	500	Beef (2oz) & Cheese (1oz) Nachos with Pinto Beans (1c) Pre-Pack	480	Spaghetti (1c) & Meatballs with Steamed Carrots (3/4c) Family-Style

This institution is an equal opportunity provider.

Breakfast fruit/juice portions: 1 cup & Lunch fruit/juice portions: 1 cup (juice cannot exceed 50% of total weekly servings.) Milk (1 Cup) (1%/Non-fat/Non-fat Choc)



School Notes: PREPACKED & FAMILY STYLE (DEPENDING ON MEAL)// Juice Every Monday and Friday, Cut Fruit on Tuesday and Thursday //



“Eat Right, Be Bright!”