

OTSEGO Jr High and High School 2019-2020 Breakfast

MONDAY	TUESDAY	WEDNESDAY	Thursday	Friday
Egg, Cheese, Bacon Breakfast Stick Craisins, Juice Milk	Breakfst Burrito or Pancake on a Stick Apple Slices Juice Milk	Dutch Waffle or Apple Breakfast Stick Pears Juice Milk	Breakfast Pizza or Sausage, Egg & Cheese Sandwich Peach Cup Juice Milk	Donuts Applesauce Juice Milk

News
 Students: \$1.50
 Reduced: \$.30
 Free: No Cost
 Adults: \$1.50

Also available daily: Breakfast Cereal Bars, Pop Tarts and Cereal Bowls
 Menus subject to change.

This institution is an equal opportunity provider

Follow the menu with its calendar dav.
 each week is represented by a color
 and represents a five week cycle.

Menu's are subject to change.

Free and reduced applications available online or at the school office.

OTSEGO High Lunch A & B Lines 2019-2020

MONDAY							TUESDAY							WEDNESDAY							Thursday							Friday							
A: BBQ Pork on WG Bun Crinkle or Sweet Potato Fries Pears or Peaches, Milk B: Chicken Tenders Crinkle or Sweet Potato Fries Garlic Bread, Fruit & Milk							A: Fiesta Refried Beans, Cauliflower Apples, Grapes, Milk B: Nacho's w/ Creamy Cheese Refried Beans, Cauliflower Apples, Grapes & Milk							A: Knight's Bowl Broccoli , Dinner Roll Applesauce, Strawberries Milk B: Cheese Filled Breadsticks Broccoli, fruit, milk							A: BBQ Rib Crinkle Fries, Carrots & Celery Apples, Bananas, Milk B: Burger Bar Crinkle Fries, Carrots & Celery Apples, Bananas, Milk							A: Chicken Drumstick or Salisbury Steak, Green Beans Mashed Potatoes, Gravy Juice, Pears, Milk B: Big Daddy Pizza, Green Beans, Fruit, Milk							
A: Pork Chop on WG Bun Fries, Carrots Peach Cup , Applesauce, Milk B: Fiesta Bowl, Nacho Chips Carrots, Fruit & Milk							A: Beef or Chicken Philly Broccoli, Oranges, Cookie Milk B: Beef or Chicken Tacos Hard or Soft Shells Refried Beans, Oranges Pear cup ,Cookie, Milk							A: Sweet & Sour or General Tso Chicken, WG Rice Far East Veg, Pineapple Juice, Egg Roll, Milk B: Cheese Filled Breadsticks Far East Veg, Fruit, Juice, Milk							A: Spaghetti w/ Meat Sauce Side Salad, Garlic Bread Grapes, Apple, Milk B: Burger Bar Crinkle Fries Grapes, Apple, Milk							A: New Rodeo Burger Fries, Carrots, Celery Sidekick Juice, Applesauce Milk B: Fiesta fresh veggies, fruit & milk							
A: Brunch for Lunch French Toast, Tator Tots Dragon Punch, Applesauce Milk B: Reg or Spicy Chicken Patty Tator Tots, Fruit, Milk							A: French Bread Pizza Side Salad, Apples, Milk B: Dorito Walking Taco Refried Beans, Baby Carrots Apples, Milk							A: Knight's Bowl Broccoli , Dinner Roll Grapes, Juice Milk B: Cheese Filled Breadsticks Broccoli, fruit, milk							A: Chicken Alfredo Side Salad, Garlic Bread Banana, Milk B: Burger Bar Fries, Banana Milk							A: Fish Sandwich or Grilled Chicken Sandwich Cole Slaw, Baked Beans, Fruit Cocktail, Milk B: Big Daddy Pizza, Green Beans, Fruit, Milk							
A: Macaroni & Cheese Side Salad, Strawberries Peach Cup, Milk B: Chicken Tender Sub Crinkle Fries, Peach Cup Strawberries, Milk							A: Calzone Baby Carrots Sidekick Juice, Milk B: Nacho's w/ Creamy Cheese Refried Beans Sidekick Juice, Milk							A: Sweet & Sour or General Tso Chicken, WG Rice Far East Veg, Pineapple Egg Roll, Milk B: Cheese Filled Breadsticks Far East Veg, Fruit & Milk							A: New Meatless Chili Breaded Mozzarella Sticks Pears, Milk B: Burger Bar Crinkle Fries Pears, Milk							A: Beef or Chicken Philly Roasted Veggies, Fries Applesauce, Milk B: Big Daddy Pizza, Side Salad, Applesauce Milk							
A: Chicken Alfredo Side Salad, Peach Cup, Milk B: Chicken Sandwiches on WG Bun, Reg, Spicy or New Parmesan Salad, Fruit, Milk							A: New Smokehouse Chicken Sandwich on WG Bun Carrots & Celery, Side Kick Milk B: Beef or Chicken Tacos Refried Beans, Fruit & Milk							A: Knight's Bowl Broccoli , Dinner Roll Juice Milk B: Cheese Filled Breadsticks Broccoli, fruit, milk							A: Meatball Sub on WG Bun Fries, Broccoli Applesauce, Milk B: Burger Bar Fries, Broccoli Applesauce, Milk							A: Mini Corn Dogs New Chili Cheese Fries Pears Milk B: Big Daddy Pizza, Salad, Pears, Milk							
August 19							September 19							October 19							November 19							December 19							
Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	
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25	26	27	28	29	30	31	29	30						27	28	29	30	31			24	25	26	27	28	29	30	29	30	31					

January 20							February 20							March 20							April 20							May 20								
Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	M	Tu	W	Th	F	Sa		
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26	27	28	29	30	31		23	24	25	26	27	28	29	29	30	31				26	27	28	29	30			24	25	26	27	28	29	30			
																												31								

News
 Students: \$3.10
 Reduced: \$4.00
 Free: No Cost
 Adults: \$3.10

Lunch Options:
 Grab & Go Salads & Sandwiches
 available daily.

Otsego Local Schools participate in the
 Nation School Lunch Program.
 The meal consists of 5 components:
 a protein, a grain (bread), a fruit
 a vegetable and a fat-free or low fat milk.
 Students must select 3 of the 5,
 one of which must be a fruit or a vegetable.

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 and represents a five week cycle.

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Any questions or concerns, please call Jeanne Jeffers at 419-823-4381 ext 1104 or email jeffers@otsego.knights.com