

# Riverside Beaver School District

## K-8 Menu

### FEBRUARY 2020



**Randy Walker**  
**Food Service Director**  
 walker@freedom.k12.pa.us

USDA is an equal opportunity  
 provider and employer

#### Lunch Prices

K-5 Lunch \$2.50  
 6-8 Lunch \$2.65  
 Reduced .40  
 Adult \$3.50  
 Milk .70


#### **MENU SUBJECT TO CHANGE**

Please Choose at least **3** of the **5** items for the school lunch price!  
 Entrée, Choice of Two Fruits /to include juice, and/or 2 Vegetables,

**\*Fresh Veggies:**  
 Will include **AT LEAST** one Red/Orange, one Dark Green and one other Veggie every day

**Fruits:**  
 At least 1 fresh fruit available per day

**Milk Choices:**  
 Assorted Non-Fat Variety

Monday	Tuesday	Wednesday	Thursday	Friday
3 <b>WG Belgium Waffles</b> <b>Sausage Patty</b> Potatoes Fresh Fruit Banana Blue Raspberry Juice Choice of Milk	4 <b>Chicken Smackers</b> <b>Cheese Sauce/ Hot Pretzel</b> Steamed Carrots *Fresh Veggies Assorted Fruit Choices Choice of Milk	5 <b>Cheeseburger</b> Emoji Fries Steamed Corn *Fresh Veggies Assorted Fruit Choices Choice of Milk	6 <b>Walking Taco</b> (Meat, Cheese and Salsa) Refried Beans *Fresh Veggies Assorted Fruit Choices Choice of Milk	7 <b>Chicken Patty</b> Steamed Broccoli Side Salad Assorted Fruit Choices Choice of Milk <b>Chocolate Pudding (3 oz)</b>
10 <b>Bosco Sticks(2)</b> Green Beans Side Salad Assorted Fruit Choices Choice of Milk <b>* Tuna Plate</b>	11 <b>Chicken Tenders/Roll</b> M. Potatoes/Gravy Steamed Corn Fresh Veggies Assorted Fruit Choices Choice of Milk	12 <b>Mini Corn Dogs</b> Mac N Cheese Steamed Carrots **Fresh Veggies Assorted Fruit Choices Choice of Milk <b>Happy Birthday Cupcake*</b>	13 <b>Chicken Parmesan Breadstick</b> Green Beans *Fresh Veggies Assorted Fruit Choices Choice of Milk	14 
17 	18 <b>Chicken Nuggets</b> <b>Cheese Sauce/ Hot Pretzel</b> Steamed Carrots *Fresh Veggies Assorted Fruit Choices Choice of Milk	19 <b>Teriyaki Beef Dipper/Roll</b> <b>Mashed Potatoes/ Gravy</b> Green Beans *Fresh Veggies Assorted Fruit Choices Choice of Milk	20 <b>Nachos Grande</b> (Meat, Cheese and Salsa) Refried Beans/ Corn *Fresh Veggies Assorted Fruit Choices Choice of Milk	21 <b>Pizza Hut Pizza</b> Steamed Broccoli Side Salad Assorted Fruit Choices Choice of Milk
24 <b>Grilled Cheese Sand</b> Tomato Soup Fresh Veggies Assorted Fruit Choices Choice of Milk <b>Frozen Juice Bar</b>	25 <b>Chicken Tenders/Roll</b> Mashed Potatoes/Gravy Steamed Carrots Fresh Veggies Assorted Fruit Choices Choice of Milk	26 <b>Spaghetti w/ Meat sauce</b> <b>Bread Stick (1)</b> Green Peas *Fresh Veggies Assorted Fruit Choices Choice of Milk <b>LUCKY TRAY DAY!!</b>	27 <b>Orange Chicken</b> <b>Brown Rice</b> Steamed Broccoli *Fresh Veggies Assorted Fruit Choices Choice of Milk	28 <b>Chicken Patty</b> Green Beans Side Salad Assorted Fruit Choices Choice of Milk <b>Vanilla Pudding (3 oz)</b>
				

*Additional Fruit & Vegetable Choices May Include:*  
 Apples, Oranges  
 Bananas, Pears  
 Applesauce, Peaches,  
 Fruit Cocktail,  
 Pineapple,  
 Fruit Juices,  
 Tossed Salad,  
 Vegetable Salad,  
 Carrots, Celery,  
 Cucumber  
 Tomato,, Broccoli,  
 Cauliflower.

#### **Additional Daily Choices**

[#1 Peanut Butter and Jelly \(k-8\)](#)

[#2 Assorted Salads \(k-8\)](#)

[#3 Yo on the go \(k-8\)](#)

[Deli Baskets \(3-8\)](#)

Lunches offers  
**5-component choices:**  
 Fruit and or Juice  
 Assorted Vegetable Choices  
 Meat and /or Protein  
 Equivalent  
 Bread  
 Milk

Ala Carte available daily



"Little D"

Meet  
 The five  
 food group **DRAGON!**  
 dairyspot.com