



BRIDGES CHARTER SCHOOL WELCOMES

**JENNIFER MUNDY, MA,
LMFT**

*"TALKING TO YOUR CHILDREN
ABOUT TRAGIC EVENTS"*

**TUESDAY, NOVEMBER 27TH, 2018
6:30PM-7:30PM
BRIDGES CHARTER SCHOOL MPR**

FREE AND OPEN TO THE PUBLIC

**RSVP AT:
[HTTP://WWW.BRIDGESCHARTER.ORG/APPS/FORM/F
ORM.BRICS.RA3759N.2EX](http://www.bridgescharter.org/apps/form/form.brics.ra3759n.2ex)**

**BRIDGES CHARTER SCHOOL
1335 CALLE BOUGANVILLA
THOUSAND OAKS, CA 91360**

BRIDGES
CHARTER SCHOOL

K-8, CORE MIDDLE SCHOOL & HOMESCHOOL HYBRID

Talking To Children About Tragic Events

Learn ways to talk to children about difficult topics in a way that helps to restore a sense of safety and healing.

Parents will learn age appropriate ways to help children cope with tragic events in the news and in their community including violence, natural disaster and death.

Parents will learn strategies to help children restore their sense of safety after experiencing evacuation or other difficult transitions.

Parents will learn ways to process their own feelings during difficult times so they can support their children.

ABOUT JENNIFER

Jennifer has worked with children for over 20 years. She is a Marriage and Family Therapist as well as a Mental Health Consultant. Jennifer has a private practice in Thousand Oaks where she works with children and adults on issues around trauma and anxiety. She is also the Program Manager of School-Based Services for CALM, a non-profit agency in Santa Barbara providing trauma treatment and prevention throughout Santa Barbara County. CALM provides school-based therapy and mental health consultation to organizations including Santa Barbara Unified School District, Goleta Union School District, Cottage Hospital Children's Center, Isla Vista Youth Project, Santa Maria YMCA preschool, St. Mark Preschool, UCSB Children's Centers, Storyteller Preschools, and Girl's Inc.