

# PRAIRIE LEA I.S.D. SCHOOL MENU FOR 2018– 2019

\*\*\*\*\*MENU SUBJECT TO CHANGE DUE TO AVAILABILITY\*\*\*\*\*

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
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WEEK ONE MENU ITEMS WILL RUN ON THE FOLLOWING DATES:

Aug 27-31, Sept. 24-28, Oct. 22-26, Nov. 26-30, Jan.7-11, Feb. 4-8, Mar. 4-8, Apr. 8-12, May 6-10

<b>BREAKFAST</b> CEREAL / TOAST MILK / JUICE SERVED DAILY	Sausage Roll Peach Cups	French Toast Sticks Applesauce Cups	Tacos Strawberry Cups	Sausage Biscuit Fruit	Muffin Yogurt Fruit
<b>LUNCH</b> DELI TRAYS OR CHEF SALADS SERVED DAILY	Chicken Tenders Macaroni-n-Cheese Carrots Salad Fresh Fruit	Pizza Corn Tossed Salad Fresh Fruit	Oven Fried Chicken Mashed Potato Green Beans Fresh Fruit	Nachos Pinto Beans Salad Fruit	Hamburger French Fries Salad Ice Cream

WEEK TWO MENU ITEMS WILL RUN ON THE FOLLOWING DATES:

Sept. 3-7, Oct. 1-5, Oct. 29- Nov. 2, Dec. 3-7, Jan. 14-18, Feb. 11-15, Mar. 11-15, Apr.15-19, May 13-17

<b>BREAKFAST</b> CEREAL / TOAST MILK / JUICE SERVED DAILY	Cereal/Toast Strawberry Cups	Chicken/Biscuit Applesauce Cups	Pancakes Peach Cups	Sausage Biscuit Apple Slices	Muffins Yogurt Fruit
<b>LUNCH</b> DELI TRAYS OR CHEF SALADS SERVED DAILY	Chili Dogs French Fries Black-Eyed Peas Fruit	Crispy Tacos Refried Beans Spanish Rice Salad Fruit	Spaghetti w/Meatballs Green Beans Salad / Fruit Garlic Bread Sticks	Enchiladas Pinto Beans Salad Fresh Fruit	Chicken Fried Steaks Scalloped Potato Carrots Ice Cream/ Fruit

WEEK THREE MENU ITEMS WILL RUN ON THE FOLLOWING DATES:

Sept. 10-14, Oct. 8-12, Nov.5-9, Dec.10-14, Jan.21-25, Feb. 18-22, Mar.25-29, Apr.22-26, May 20-24

<b>BREAKFAST</b> CEREAL / TOAST MILK / JUICE SERVED DAILY	Sausage Rolls Peach Cups	French Toast Applesauce Cups	Tacos Strawberry Cups	Sausage Biscuits Apple Slices	Cinnamon Roll Yogurt
<b>LUNCH</b> DELI TRAYS OR CHEF SALADS SERVED DAILY	Chicken Burger Sweet Potato Fries Salad Fresh Fruit	Lasagna California Blend Salad Fresh Fruit	Hot Pockets Broccoli & Cheese Carrots Fresh Fruit	Chili w/ Beans Salad Cornbread Fruit	Hamburgers French Fries Salad Ice Cream

WEEK FOUR MENU ITEMS WILL RUN ON THE FOLLOWING DATES:

Sept. 17-21, Oct. 15-19, Nov. 12-16, Dec.17-21, Jan. 28- Feb.1, Feb. 25- Mar. 1, Apr. 1-5, April 29-May 3, May 27-31

<b>BREAKFAST</b> CEREAL / TOAST MILK / JUICE SERVED DAILY	Cereal /Toast Peach Cups	Tacos Applesauce Cups	Breakfast Pizza Strawberry Cups	Sausage Biscuit Apple Slices	Muffin Yogurt Fruit
<b>LUNCH</b> DELI TRAYS OR CHEF SALADS SERVED DAILY	Corndogs French Fries Peas-n-Carrots Fresh Fruit	Chicken Spaghetti Green Beans Salad Fresh Fruit	Baked Chicken Mashed Potato Corn Rolls /Fresh Fruit	Enchiladas Casserole Spanish Rice Fresh Fruit	Chicken Nuggets Scalloped Potato Peas Ice Cream

# **SALAD BAR WILL BE AVAILABLE DAILY**

## **ADDITIONAL MENU ITEMS**

### **TO BE ANNOUNCED MORNING OF SERVICE:**

**BAKED POTATO**

**CHICKEN NOODLE SOUP W/GRILLED**

**SANDWICH**

**PASTA SALAD**

**VARARITY OF FRESH FRUIT &**

**VEGETABLES**

### **OFFER VERSUS SERVE**

This allows students to reject one or two of the five lunch meal components, or one of the four breakfast components:

#### **Four Breakfast Meal Components Include:**

1. Meat / Protein
2. Grain / Bread
3. Juice / Fruit / Vegetable
4. Milk

#### **Five Lunch Meal Components Include:**

1. Meat / Protein
2. Grain / Bread
3. Juice / Fruit / Vegetable
4. Milk

**\*\*\*This Institution is an equal opportunity provider\*\*\***