




K-12 BREAKFAST MENU

November 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Breakfast Totchos Muffin Cereal W/Grahams Fresh Fruit 100% Fruit Juice Milk	2 Biscuit w/Gravy Super Donut Cereal W/Grahams Fresh Fruit 100% Fruit Juice Milk
5 Cheesy Breakfast Sticks Cinnamon Roll Cereal W/Grahams Fresh Fruit 100% Fruit Juice Milk	6  VOTE	7 Breakfast Pizza Banana Bread Cereal W/Grahams Fresh Fruit 100% Fruit Juice Milk	8 Fruit Stuffed Crescent Roll Super Donut Cereal W/Grahams Fresh Fruit 100% Fruit Juice Milk	9 Chicken Biscuit Muffin Cereal W/Grahams Fresh Fruit 100% Fruit Juice Milk
12  Veterans Day	13 Egg & Cheese Biscuit Super Donut Cereal W/Grahams Fresh Fruit 100% Fruit Juice Milk	14 Cheesy Breakfast Sticks PopTarts Cereal W/Grahams Fresh Fruit 100% Fruit Juice Milk	15 Breakfast Pizza Cinnamon Roll Cereal W/Grahams Fresh Fruit 100% Fruit Juice Milk	16 Pancake & Sausage Wrap Banana Bread Cereal W/Grahams Fresh Fruit 100% Fruit Juice Milk
19 Warm Cinnamon Coffee Cake PopTart Cereal W/Grahams Fresh Fruit 100% Fruit Juice Milk	20 Sausage Biscuit Banana Bread Cereal W/Grahams Fresh Fruit 100% Fruit Juice Milk	21 22 23 		
26 Cheesy Breakfast Sticks Cinnamon Roll Cereal W/Grahams Fresh Fruit 100% Fruit Juice Milk	27 Apple Cinnamon Belgian Waffle PopTarts Cereal W/Grahams Fresh Fruit 100% Fruit Juice Milk	28 Breakfast Pizza Banana Bread Cereal W/Grahams Fresh Fruit 100% Fruit Juice Milk	29 Fruit Stuffed Crescent Roll Super Donut Cereal W/Grahams Fresh Fruit 100% Fruit Juice Milk	30 Chicken Biscuit Muffin Cereal W/Grahams Fresh Fruit 100% Fruit Juice Milk

Breakfast Meal Prices

Reduced.....\$.00
Paid.....\$1.50

A reimbursable breakfast consists of 1 item from each of the following groups:

- 1) Entrée
- 2) Milk
- 3) Fruit

- 4) 100% Fruit Juice

Students may choose not to take one of the groups however, they must take a fruit serving.

*Menu items are subject to change based off of product availability.

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Free & Reduced Meal applications can be completed online at:
www.lunchapplication.com

Manage and monitor your student's account at:
www.k12paymentcenter.com
*Independently run from the School Nutrition Program.

If your student has special dietary needs a 2018-19 Modified Diet Order Form must be completed.

ALLERGENS: Please be aware that Child Nutrition Services prepares our food in commercial kitchens, where cross-contact with food allergens is possible and where ingredient substitutions and recipe revisions are sometimes made. Additionally, manufacturers of commercial food products we order may change their product formulation or ingredient consistency at any time without notification. Actual ingredients and nutritional content may vary and we are not able to guarantee that any food item will be completely free of food allergens. If you have questions or any concerns regarding ingredients of a specific food or recipe, please reach out to the School Nutrition Office, at 336-242-5635.