

# December Menu 2018



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|---|--|--|--|--|
| <p>3</p> <p>A – French Toast with Turkey sausage</p> <p>B – Sun butter &amp; jelly Sandwich w/ cheese stick</p> <p>C – American Sub ** Sandwich on WW bun</p>         | <p>4</p> <p>A – Hamburger on Whole wheat bun</p> <p>B – Protein Pack w/ hard egg, sun butter, wg bagel</p> <p>C – Turkey &amp; Cheese sandwich</p>     | <p>5</p> <p>A – Chicken Parmesan w/ gourmet breadstick</p> <p>B – Yogurt Parfait w/ granola &amp; mixed berries</p> <p>C – Ham &amp; Cheese sandwich **</p>      | <p>6</p> <p>A – BBQ pulled Pork** On WW Bun</p> <p>B – Bean &amp; Cheese Goldfish Sandwich</p> <p>C – Chicken Caesar Salad w/ breadstick</p>                       | <p>7</p> <p>A – Personal Pan Cheese Pizza</p> <p>B – WG mini Chicken Corn Dogs</p> <p>C – Turkey Pinwheel</p>    |
| <p>10</p> <p>A – Homemade Sloppy Joe on WW bun</p> <p>B – Sun butter &amp; jelly Sandwich w/ cheese stick</p> <p>C – American Sub ** Sandwich on WW bun</p>           | <p>11</p> <p>A – Orange Chicken over WG Rice</p> <p>B – Protein Pack w/ hard egg, sun butter, wg bagel</p> <p>C – Turkey &amp; Cheese sandwich</p>     | <p>12</p> <p>A – Rotini Pasta w/ meatballs &amp; breadstick</p> <p>B – Yogurt Parfait w/ granola &amp; mixed berries</p> <p>C – Ham &amp; Cheese sandwich **</p> | <p>13</p> <p>A – Walking taco – chips Seasoned meat &amp; cheese</p> <p>B – Southwest Hummus Wrap on WG tortilla</p> <p>C – Chicken Caesar Salad w/ breadstick</p> | <p>14</p> <p>A – Stuffed Crust Cheese pizza</p> <p>B – All Beef Hot Dog on WW bun</p> <p>C – Turkey Pinwheel</p> |
| <p>17</p> <p>A – Chicken &amp; Waffles With syrup dipper</p> <p>B – Sun butter &amp; Jelly Sandwich w/ cheese stick</p> <p>C – American Sub ** Sandwich on WW bun</p> | <p>18</p> <p>A – Meatball Sub on Whole Wheat bun</p> <p>B – Protein Pack w/ hard egg, sun butter, wg bagel</p> <p>C – Turkey &amp; Cheese sandwich</p> | <p>19</p> <p>A – Chicken Patty Sandwich on WW bun</p> <p>B – Yogurt Parfait w/ granola &amp; mixed berries</p> <p>C – Ham &amp; Cheese sandwich **</p>           | <p>20</p> <p>A – WG maple pancakes With a yogurt cup</p> <p>B – Egg &amp; Cheese Burrito on WW tortilla</p> <p>C – Chicken Caesar Salad w/ breadstick</p>          | <p>21</p> <p>SCHOOL IMPROVEMENT DAY</p> <p>NO LUNCH</p>  |
| <p>24</p> <p>WINTER BREAK</p>   | <p>25</p> <p>WINTER BREAK</p>  | <p>26</p> <p>WINTER BREAK</p>  | <p>27</p> <p>WINTER BREAK</p>  | <p>28</p> <p>WINTER BREAK</p>  |
| <p>31</p> <p>WINTER BREAK</p>   |  |  |  |  |

Westchester Middle School  
 Lunch Price \$3.75 Milk Only \$.30  
 All Lunches come with the Farmers  
 Garden Bar to complete your order

\*\* this lunch meal  
 contains pork  
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