



## **IHM School Newsletter** **March 20th, 2019**

Dear IHM Crusaders,

The Forest Hills community once again has experienced great loss over the last few weeks. Forest Hills School District has lost two students to suicide over the past few weeks. We have been in communication with Forest Hills School District, so we may be a support to the Anderson community and to ensure that we are available for anyone who needs counseling or assistance due to this situation or something similar.

IHM School has been trained and we have protocols in place when traumatic events like this occur. Our school's crisis response team works together to handle crisis situations in an intentional, calm and compassionate manner. At this time, we are not initiating the IHM Crisis Response Team, instead we have provided support to families who have come forward and disclosed their connection to these adolescents and their family. If you or your family has been directly impacted by this event, we would like to support you in any way possible, including resources for grief and loss. Our school's crisis response team will continue to be available if we feel that our students and families have been directly impacted.

We, as IHM administrators and staff, remain student-centered in all we do and continually consider the students' welfare and safety. For the past 4 years, we have used an evidence-based curriculum called **Signs of Suicide** to educate our junior high students on mental health such as depression and suicidal ideations. This program educates our students with information on mental health and what to do when they are concerned about the safety and/or welfare of themselves or others. This year we also implemented a parent education night on how to help children and adolescents who are at risk of suicide, self-harm, or who struggle with mental health.

Parents, coaches, grandparents, aunts, uncles, parishioners and community members are asked to learn about the signs to look for and what to do to assist children who we may be concerned about. Please continue to reference the acronym ACT (Acknowledge, Care, Tell) to assist anyone showing signs of a mental health crisis.

As a Catholic community we will continue to pray for the family and victims of suicide. We pray that all may feel hope even during times of despair.

Thank you for trusting us to educate your children and to work with them each and every day. We want our students to know they are loved and supported. Please reach out if further resources or assistance is needed for your IHM student or your family.

Blessings,

Mrs. Devine

## **THIS WEEK'S EVENTS**

**Thursday, March 21<sup>st</sup>**

8:15am All School Mass – 6D  
Church

3:00pm Musical Practice  
Heritage Hall

**Friday, March 22<sup>nd</sup>**

**SPIRIT WEAR DAY**

**Sunday, March 24<sup>th</sup>**

7:00pm Confirmation Meeting  
Heritage Hall

**Monday, March 25<sup>th</sup>**

7:00pm Education Commission Meeting  
School Library

**Tuesday, March 26<sup>th</sup>**

9:30am School Reconciliation  
Church

1:00pm Christ Communities  
School Campus

3:00pm Musical Practice  
Heritage Hall

6:30pm Reconciliation  
Lourdes Room – Church

**Wednesday, March 27<sup>th</sup>**

Everybody Counts  
Heritage Hall

9:30am School Reconciliation  
Church

6:30pm Family Art Night  
Heritage Hall/Cafeteria

**Thursday, March 28<sup>th</sup>**

**Cincinnati Reds Opening Day  
Cincinnati Reds Top with Uniform Bottoms**

8:15am All School Mass – 7C  
Church

3:00pm Musical Practice  
Heritage Hall

7:00pm Exposition of the Eucharist Church  
 7:00pm Spring Band Concert Gymnasium

**Friday, March 29<sup>th</sup>**

9:30am Grade 5 Field Trip  
 LaBortaux Woods Nature Center

**IMPORTANT INFORMATION**

**8<sup>th</sup> Grade Students**

**We are proud of all our graduating students and want to acknowledge every student’s academic achievement.** If your student received a scholarship or admission award from a high school, please share this information with us. We include this information in the graduation ceremony speech and publish it in the bulletin, Heartbeat and various local media. Individual dollar amounts are held confidential and are never mentioned or published but a grand total for the class is published. Please forward your scholarship information to Mrs. Day at the School Office as soon as possible.

**Find IHM School On Facebook AND Twitter AND Instagram!**

We ask all our parents to “like” our school Facebook page (different than the IHM PTO Facebook page). Our Facebook handle is **@immaculateheartofmaryschool**  
 We ask that you also follow our school on Twitter!  
 Our Twitter handle is **@ihm\_school**  
 You can also follow us on Instagram!  
 Our Instagram handle is **ihmschool**

**Health Office News**

Current 6<sup>th</sup> grade parents: As your students are preparing for 7<sup>th</sup> grade, they will need to have 2 additional immunizations. Pursuant to sections 3701.13 and 3313.671 of the ORC issued by the Ohio Department of Health all students entering the 7<sup>th</sup> grade are required to have the following vaccines administered prior to entry; 1 dose Tdap and 1 dose MCV4. In order to save you from the summer rush of busy doctor offices, please provide an updated copy of your child’s immunization record as soon as immunizations are complete.

**IHM Booster Fall Sports Sign Ups**

It is now time to start planning our 2019 Fall Sports. **Online registration for all our 2019 Fall Sports is NOW OPEN at [www.ihmboosters.org](http://www.ihmboosters.org).** Please see below for the registration details and other info for each Fall Sport.

<b>Sport</b>	<b>Grades#</b>	<b>Fee*</b>	<b>Registration Open</b>	<b>Registration Closes</b>
Football	K-8	\$150	3/10/2019	<b>4/30/2019</b>
Girls Volleyball	3-8	\$80	3/10/2019	5/8/2019
Cheerleading	K-8	\$35	3/10/2019	7/15/2019
Golf (Boys & Girls)	6-8	\$200	3/10/2019	5/8/2019
Instructional Golf (Boys & Girls)	5	\$145	3/10/2019	5/8/2019
Cross Country (Boys & Girls)	6-8	\$75	3/10/2019	5/31/2019

# Grade for registration is the grade your Crusader(s) will be entering for the 2019-2020 school year.

\* The annual Booster fee per family of \$80 will also be added to each family's first registration for the 2019-2020 school year. For Grades K-2 the \$80 Annual Booster fee per family is waived.

**Here are some Sport-specific notes:**

**Boys (& Girls!) Football (Grades K-8)**

An earlier close date for football is necessary so IHM can notify the league how many teams we will be forming the 2019 GCYL season. **New for 2019, tackle football is now open to all girls and boys as a Co-Ed sport for all grades K-8.** Girls have been playing on a limited basis across the league for several years, and we are just formalizing the offering at IHM for this upcoming season. Please review the football Frequently Asked Questions (FAQ) document at the following link: [2019 Football FAQ](#)

**Girls Volleyball (Grades 3-8)**

Information regarding the number of teams IHM will be placing for the GCCYS Fall season is due to the league during the summer. Similar to previous years, we will be holding evaluations/tryouts during the week of May 19 in order to gather the needed information prior to the end of school and not interfere with vacation plans. More details regarding tryouts will arrive after volleyball registration closes in early May.

**Boys & Girls Golf (Grades 5-8)**

Based on the survey evaluations, the golf leadership is planning a collection of positive improvements for the golf program this year. We are continuing the popular 5th grade development program and adjusting the program format to include more practice dates/instruction during the season. More details and information regarding the golf program changes will be provided soon.

**Boys & Girls Cross Country (Grades 6-8)**

This year Cross Country will be open for Grades 6-8. All interested in running are welcome and encouraged to register. Please see the following link for some Cross Country FAQs: [2019 Cross Country FAQ](#)

**Running Club**

Running Club with Ms. Hardin and Ms. Friesner will resume next Tuesday! Girls will meet in the cafeteria right after school and will be picked up at 430pm. If you have any questions please contact Ms. Hardin.

**Summer Camp Opportunities**

**McNicholas High School** – Click [HERE](#) for Summer Camp Opportunities

**Elder High School** – Click [HERE](#) for Summer Football Strength and Conditioning Camp

**Mount Notre Dame High School** – Click [HERE](#) for Summer Camp Opportunities

**Ursuline Academy** – Click [HERE](#) for Summer Camp Opportunities

**St. Ursula Academy** – Click [HERE](#) for Summer Volleyball Camp Opportunities

**Turpin High School** – Click [HERE](#) for Summer Camp Opportunities

**The Seam Team**

This sewing club is open to the first 15 registrants in Grades 4-8. The schedule and sign up for the remainder of the year is available at the link provided

<https://www.signupgenius.com/go/20f0b49a4a923a0fa7-seam>

## **IHM PTO INFORMATION**

**CHECK IT OUT!** A reader friendly version of this newsletter can be found on the PTO webpage under Parent Resources or you can click on this [Quick Link](#).

### **FUNDRAISING**

#### **PTO Tumbler Sale!**

Be sure to check out this online [Tumbler flyer!](#) 22oz insulated tumblers with school spirit! You can purchase online or on the app with MSA store or turn in the form! Sale ends Wednesday, March 27th.

#### **Boxtop Contest**

The Top 4 Homeroom classes that collect the most Box Tops will receive a Sweet reward at lunch! Attach your Box Tops to the [BT Collection Worksheet](#) and return to school by April 4th.

#### **Scene 75/ Skyzone Easter break Deal**

**Scene 75** - IHM PTO has once again teamed up with Scene 75 to offer you an amazing deal!

For only \$25 you will receive: \$20 for arcade play, a choice of 2 Attractions\*, PLUS a coupon for a game of laser tag to be used at a future date.

\*Choice of attractions includes Mini Golf (9 holes), Mini bowling, Chaos Room, Laser Tag, or Bounce House. This special is only being offered thru the IHM PTO, cards must be purchased from IHM. Cards are valid thru 4/30/19. Buy 4 cards get a free appetizer Coupon.

#### **SKY Zone 1-hour passes only \$16.**

Purchase both deals online at [myschoolanywhere.com](http://myschoolanywhere.com) or the convenient MSA app and shop our "Store" and pay with PayPal. Cards must be purchased through MSA.

Deadline to order is 4/3/19

For more information click [Scene 75/ Skyzone Easter Break Special](#)

#### **Win-It Wednesday Giveaway**

We are excited to announce the Win-It Wednesday \$50 Giveaway winner! For every \$100 donation to the Fall Fundraiser, the donor received an entry and the winning entry goes back into the pot each week. Thanks for your support.

And the winner of \$50 is Kathy Fleming. Congratulations!

### **EVENTS & NEWS**

**REGISTER NOW FOR THE FAMILY OBSTACLE COURSE on Saturday 4/13/19. IF YOU END UP WITH A CONFLICT FOR YOUR CHOSEN WAVE, WE CAN MOVE YOU** to a different wave. All fitness levels can do this! Race shirt for all participants. PREFERRED REGISTRATION: ONLINE - Go to [myschoolanywhere.com](http://myschoolanywhere.com) or the app (*All day school families already have an account. If you need your login information, contact [ihmpto@gmail.com](mailto:ihmpto@gmail.com)*) or, return the [FOC Registration Flyer](#) with check via backpack mail to PTO.

Families – kids or adults: \$50 for a team of three, plus \$8.00 per additional family member

Solo – kids or adults: \$22.50 for solo registrations.

REGISTRATION DEADLINE MARCH 25, 2019 *Questions?* Please email [cariemasoner@gmail.com](mailto:cariemasoner@gmail.com) or [chstautberg@gmail.com](mailto:chstautberg@gmail.com).

You can also volunteer to help at the awesome event [Sign Up Genius - Family](#)

**PTO Roles and Volunteer Opportunities** – Thanks to those who turned in the Volunteer Response Card...we will be

contacting you! If you haven't responded and are interested, we would love to hear from you. Let's talk about your interests and what might be a good fit for you. For Board positions next year, we are looking for: Vice President, Secretary, and Co-Treasurer and Board Leads for Volunteers, Fundraising, Services/Spiritual and Jr. High Social. We are also in search of volunteers to fill various Chairperson roles for some of our awesome events and activities. Please contact Tracey Barszczewski at [tbarszczewski@outlook.com](mailto:tbarszczewski@outlook.com) or 203-767-9199 for more information.

## **VOLUNTEER OPPORTUNITIES**

**Family Art Night is coming up on 3/27!** 4 additional volunteers are needed to help with set up from 4-6 pm and from 6-8 to help with a specific artist group station. This is always a fun night! Please consider helping out! Click on the following link to volunteer: [Sign Up Genius - Academic](#) or contact Holly Shoemaker at [holly.shoemaker@hyperquake.com](mailto:holly.shoemaker@hyperquake.com) or Heather Overbeck at [hooverbeck@cinci.rr.com](mailto:hooverbeck@cinci.rr.com) with any questions!

**The Family Obstacle Course is scheduled for 4/13!** Lots of volunteers are needed to help with this awesome event! 3 volunteers are needed to assist with set up from 6-8:15, 17 volunteers are needed to help with the first shift from 8:15-11:30, 19 volunteers are needed to help with the second shift from 11:15-2:30 and 3 volunteers are needed to assist with closing the event from 2:30-4:30. Please click on the following link to volunteer: [Sign Up Genius - Family](#) or contact [cariemasoner@gmail.com](mailto:cariemasoner@gmail.com) or [chstautberg@gmail.com](mailto:chstautberg@gmail.com) with any questions!

**Christ Communities Volunteers** - 15 volunteers are needed to lead small groups in the 6th, 7th, and 8th grade Christ Community groups on April 16th from 1- 2:50 pm. Please consider volunteering! The 6th, 7th and 8th grade has been having a wonderful youth rally during Christ Communities called "The Underground." We have four missionary guests from Damascus Catholic mission campus. During the rally, the students will be breaking into small groups to further discuss the topic. If you are available to volunteer please click on the following link to volunteer: [Sign Up Genius - School](#)

**The Spring Book Fair** will be here before we know it! Set up is scheduled for 4/28 from 5-6 pm and the sale is running from 4/29 to 5/3. There are still some volunteer slots available! Please consider helping out if your schedule allows! Please click on the following link: [Sign Up Genius - BookFair](#) to volunteer or contact Sarah Georgin at [georgic.s@ihomschool.org](mailto:georgic.s@ihomschool.org) with any questions!

### **IMPORTANT UPCOMING DATES:**

3/27 - Box Top Contest  
3/27 - Skyzone & Scene 75 Sale starts  
3/27 - Family Art Night  
3/27 - Everybody Counts  
4/13 - Family Obstacle Course

\*\*Missing a flyer or need another form? Flyers and forms for current events and contests can be found by following this [Quick Link](#) to the Parent Resources tab on the PTO Webpage.

## **IHM PARISH INFORMATION**

### **Altar Server Training**

The next training session for Altar Servers at IHM will be held May 14 at 6:30PM in the church. This training is for all students 5<sup>th</sup> grade and older, or students that will enter 5<sup>th</sup> grade in the Fall. We also welcome adults that would like to become an Altar Server.

At the completion of the training, the new Altar Servers and those who are currently serving that wish to become a Captain will be commissioned. Current Altar Servers wishing to become Captains should contact us prior to the training.

During the training, you will have the opportunity to identify a weekend Mass time you prefer to be scheduled. Please understand we may occasionally ask that you serve at a different Mass time. While we look to grow this ministry for service during all our Mass celebrations, we have most critical needs for Altar Servers for 5PM Mass Saturday, 7:30AM and 6PM Masses Sunday.

Please RSVP by emailing Ed Bayliss or Gloria Ann Castleman at [ihomserver@gmail.com](mailto:ihomserver@gmail.com). You can also call the Parish Office if you have questions, or to reserve your place at the training, at 388-4466.

Parents: at the start of the training session, we will share important information with you. You are welcome to stay with us during the session, or return later to pick up your child(ren).

### **IHM Festival**

The IHM Festival was recently voted "Best of the East" in the "Best Festival" Category! This title is possible due to all the amazing support of our parish families! The sign up genius is LIVE to pick your favorite place to volunteer for the IHM Festival this summer, July 19<sup>th</sup> thru 21<sup>st</sup>. Don't miss out! Sign up today and THANK YOU for your support!

To view the Group SignUp(s), please click the link below:

[2019 IHM FESTIVAL](#)

### **Lenten Speaker Series**

#### **The Topic This Year: Your Personal Relationship With Jesus Through Prayer**

6:25pm Rosary in the Church, followed by 7:00pm Stations of the Cross, followed by 7:30pm Speaker in the Church

**March 22- Serving the Poor Can be Prayer** by Dave Rahner

**March 29- Prayer: Am I Doing it Right? St. Ignatius' Examine Prayer-** Fr. Pat. Fairbanks

**April 5- When Prayer Doesn't Seem to Work: St. John of the Cross on Dryness and Darkness in Prayer** by Fr. Jacob Willig

**April 12- Live Stations of the Cross** presented by the 6<sup>th</sup> grade school students.

### **Save the Date for Summer Love Ed**

June 24<sup>th</sup> - Parent meeting

June 26<sup>th</sup> - Level 1

June 27<sup>th</sup> - Level 2

### **Shop\$mart**

Getting ready for vacation? Shop\$mart can special order gifts cards for your travel and destination enjoyment. Check out the list on [Shopwithscript.com](#). You will find it at the bottom of the screen "Retailer List". It also gives you the percentage of profit we can make for our school.

Shopping for clothes for yourself or the family? Places like Old Navy, Gap, J.Crew, and Children's Place give us some fantastic discounts from 8 - 15%.

Going to Disney? Purchase Disney gift cards for the kids and we get a 3% rebate.

Have a pet? Petco and PetSmart give us 5%. Buy Topgolf gift cards and we get 8%!

Although we do not carry some of the cards on a regular basis like Taco Bell (5%), Long John Silver (8%), Michaels (4%), or Jo-Ann Fabric (6%), we can still get these for you within a week! Orders that are placed by Sunday evening at 8:00 p.m. can be in the church office by Tuesday or Wednesday.

Please let the Shop\$mart volunteers know if they can be of service to you. They are in the Fatima Room after all weekend masses or in the church office during regular business hours. You can also send your requests to school in your child's Communication Envelope.