

(Parent)

**POMONA UNIFIED SCHOOL DISTRICT
HEALTH SERVICES & PROGRAMS**

Procedure For Nit Removal

Today your child was observed to have nits. Your child is not excluded from school and should attend school while you treat/remove the nits. The following steps are recommended for nit removal:

1. Nits are eggs that hatch into lice. Nits are difficult to see, but can be observed on the hair, especially behind the ears and at the back of the head. Itching is common. The eggs are silvery white to brownish, oval specks attached to the hair.
2. Nits should be treated with lice shampoo to kill any viable-nits (live) that could hatch into lice. Shampoo can be purchased over-the-counter in pharmacies or markets. Read and follow the directions on the package.
3. Nits are best removed by hand. Daylight is the best source of light, but a well-lit room is helpful. To remove nits by hand, grasp the nit between the fingernails of one hand and draw the nit to the end of the hair shaft. Carefully throw the nit into the trash. You can also use a metal nit comb to assist you in removing the nits.
4. Examine all members of the family and treat those who have nits or lice.
5. To prevent a reoccurrence, the following is recommended: wash all combs, brushes, hats, headgear, bed linens and towels in hot soapy water. Vacuum all rugs, upholstered furniture, sofas and unwashable clothing.
6. Place items that you may not be able to wash or vacuum in a sealed plastic bag for two weeks (i.e., stuffed animals).

Your child is required to attend school daily while undergoing treatment at home. At school, our goal is to maintain your child's confidentiality and prevent embarrassment. Health office staff will be re-examining your child's hair in seven to ten days to insure there are no live lice. If live lice are found, you will be contacted to pick up your child from school for immediate treatment. If you have any questions, please contact your school nurse at 397-_____.

SECTION 6