

Franklin Towne Charter High School

May 2019 Lunch Menu



Food Service Director: Melissa Lichtner
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 215-289-5000 ext. 1005

The Grille

Available Daily:
 Cheeseburger
 Regular or Spicy Breaded Chicken Sandwich
Daily Specials:
Monday– Beef Nachos
Tuesday–Chicken Tenders with Dinner Roll
Wednesday– Grilled Cheese & Tomato Soup
Thursday– Hot Pretzel Sandwich
Friday– Crispy Chicken Wrap

The Garden

Available Daily:
 Breaded Chicken Salad
 Garden Salad
Weekly Specials:
 5/1: Chicken Caesar Salad
 5/6: Chicken, Cranberry, Walnut Salad
 5/13: Cobb Salad
 5/20: Spicy Chicken Salad
 5/27: Cobb Salad
 (All salads come with an optional dinner Roll)

The Pizzeria

A variety of homemade pizzas will be available daily. Options may include:
 Hot Buffalo Chicken Pizza
 Mexican Pizza
 Pepperoni Pizza
 Mozzarella Cheese Pizza
 California Chicken Bacon Ranch Pizza

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Buffalo Chicken Cheesesteak Carrot Coins Strawberries Variety of Milk	2 Pierogi Lasagna Steamed Broccoli Sliced Peaches Variety of Milk	3 Grab 'N Go Choice of Homemade Pizza, Variety of Wraps, Sandwiches, or Salad Fresh Fruit & Vegetable Variety of Milk
6 Let's Celebrate Cinco De Mayo! Tacos with Assorted Toppings Crisp Corn Diced Peaches Variety of Milk	7 Pepperoni Pizza Bread Steamed Broccoli Mixed Fruit Variety of Milk	8 Buffalo Chicken Dipper Green Beans Diced Pears Variety of Milk	9 Meatball Sandwich Baked French Fries Diced Peaches Variety of Milk	10 Grab 'N Go Choice of Homemade Pizza, Variety of Wraps, Sandwiches, or Salad Fresh Fruit & Vegetable Variety of Milk
13 Sweet and Spicy Chicken Bowl with Rice Crisp Corn Applesauce Variety of Milk 	14 Hot Turkey & Gravy with Dinner Roll Creamy Mashed Potatoes Diced Pears Variety of Milk	15 Buffalo Chicken Sticks Carrot Coins Sliced Apples Variety of Milk	16 Chicken and Broccoli Alfredo with Dinner Roll Steamed Broccoli Strawberries Variety of Milk	17 Grab 'N Go Choice of Homemade Pizza, Variety of Wraps, Sandwiches, or Salad Fresh Fruit & Vegetable Variety of Milk
20 Breakfast for Lunch Tater Tots Strawberries Variety of Milk	21 Pierogi's with Dinner Roll Green Peas Sliced Peaches Variety of Milk	22 National BBQ Month! Hot Dog on a Bun Vegetarian Beans Applesauce Variety of Milk	23 Spicy Popcorn Chicken French Fries Mixed Fruit Variety of Milk	24 Grab 'N Go Choice of Homemade Pizza, Variety of Wraps, Sandwiches, or Salad Fresh Fruit & Vegetable Variety of Milk
27 Memorial Day No School	28 Chef's Choice Assorted Fruits and Vegetables Variety of Milk	29 Chef's Choice Assorted Fruits and Vegetables Variety of Milk	30 Chef's Choice Assorted Fruits and Vegetables Variety of Milk	31 Chef's Choice Assorted Fruits and Vegetables Variety of Milk

The Deli

A wide variety of sandwiches, wraps and specialty salads are available daily!

Fresh Produce from Local Farms based on crop availability

Accompaniments

*Must take at least one 1/2 cup of fruit or vegetable
***Vegetable Bar includes:**
 Broccoli Florets
 Baby Carrots
 Dark Leafy Greens
 Legume Salads
 Celery & Cucumber
***Fruits include:**
 Crisp Apple
 Sliced Peaches
 Mixed Fruit
 Fresh Orange
 Banana
 Pineapple Tidbits
 Diced Pears
 Applesauce

Milk

Milk Choices Offered Daily:
 1% white, non-fat white, non-fat flavored

Proud to manage your food service program

Lunch Prices: Paid \$3.00 Reduced \$.40

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE