



For Immediate Release

1401 W. Valencia Avenue
Fullerton, CA 92833
714-447-7465

September 17, 2018

FULLERTON SCHOOL DISTRICT ***Eight Schools Awarded America's Healthiest Schools***

(Fullerton, CA) – Fullerton School District's Pacific Drive, Hermosa Drive and Richman Schools have made the [Alliance for a Healthier Generation](#)'s 2018 list of America's Healthiest Schools by achieving the Silver Award for making changes that promote healthier eating and physical activity for students and staff. Commonwealth, Maple, Nicolas Junior High, Orangethorpe, and Valencia Park Schools were also recognized by the [Alliance for a Healthier Generation](#)'s America's Healthiest Schools by achieving the Bronze Award.

These awards were granted by Healthier Generation's Healthy Schools Program, an evidence-based, national initiative focused on creating healthier school environments where children can thrive. Healthier Generation recognizes schools that meet or exceed stringent standards set by its Healthy Schools Program for serving healthier meals and snacks, getting students moving more, offering high-quality physical and health education and empowering school leaders to become healthy role models. Only 20 schools in Orange County have received a Healthier Generation's Healthy Schools Program this year and FSD accounts for 40% of those recipients in the county.

The award demonstrates our district's commitment to fostering the health of our students and staff. Specifically, our schools have committed to physical education minutes, nutrition lessons, and healthier snacks.

Aside from home, school is the place where kids spend most of their time, making healthy schools vital to preparing students for success. Studies show that healthy students perform better on tests, get better grades, attend school more often and behave better in class.

Any school can sign up to receive the support of the Healthy Schools Program's resources, tools, and national experts at no cost. To learn more about the Alliance for a Healthier Generation's Healthy Schools Program visit schools.healthiergeneration.org.

The Fullerton School District is located in northern Orange County, California and serves over 13,500 students in grades TK – 8th. The Fullerton School District includes 20 schools, 15 elementary schools, two K-8th grade schools, and 2 middle schools. The mission of the Fullerton School District is to work collaboratively with the community to provide an innovative, high-quality educational program for all students in a safe learning environment. The District motto, "*Great Schools - Successful Kids*" exemplifies the belief that all students will achieve academic excellence, acquire interpersonal skills, and

develop technological expertise to contribute as productive citizens in a democratic society. For more information, call 714/447-7400 or visit www.fullertonsd.org.

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*For more information, please feel free to contact Trang Lai, Director of Educational Services
at 714/447-2878*

A photograph of several young children in a school gymnasium, appearing to be in the middle of a physical education activity. They are wearing casual clothing and sneakers. The background shows a wooden floor and bleachers. The image is overlaid with a semi-transparent grey banner containing text.

WE'RE PROUD
TO BE ONE OF
**AMERICA'S
HEALTHIEST
SCHOOLS**

SILVER  AWARD

A photograph of children in a school hallway, overlaid with a semi-transparent orange filter. The children are in motion, some running or walking. The text is centered over the image.

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HEALTHIEST
SCHOOLS**

BRONZE  AWARD