

General State/National Resources

Resources & Education:

- ▶ Mental Health America of Northeast Indiana – (260) 422-6441
 - Mhanortheastindiana.org
- ▶ LookUpIndiana.org
- ▶ NAMI.org
- ▶ MentalHealthAmerica.net
- ▶ 211 – connect to help

Suicide:

For emergencies or to seek help immediately:

- ▶ Call The National Suicide Prevention Lifeline: 1-800-273-TALK (8255) to reach a 24-hour crisis center
- ▶ Can also call 800-SUICIDE (784-2433)
- ▶ NAMI Telephone Support Line 800-677-6442 *Mon-Fri – 9:00am to 5:00pm*
- ▶ Call 911 or go to the nearest emergency room.
- ▶ The Crisis Text Line: 741741

For non-emergencies or if you are not in crisis:

- ▶ The non-emergency number for the local police department
- ▶ OK2Talk.org
- ▶ RemedyLive.com or text 494949 to chat

Autism:

- ▶ Autism Society of Indiana www.autismsocietyofindiana.org
- ▶ MCHAT m-chat.org mchatscreen.com
- ▶ National Autism Association nationalautismassociation.org

LGBTQ:

- ▶ Indianayouthgroup.org (317) 541-8726
- ▶ GLBT National Youth Talkline (800) 246-7734
- ▶ PFlag Ourdems.org/pflagfw/supportgroup 2nd Tuesday of the month at 7pm

Insurance:

- ▶ Brightpoint
227 E Washington Blvd.
Fort Wayne, IN 46802
(250) 423-3546
Call for assistance navigating sign up for State insurance (Medicaid, HIP, etc.)
- ▶ HIP 2.0 Website – to sign up yourself www.in.gov/fssa/hip/2450.htm