








# MAY 2019 - NC Middle - Breakfast / Lunch Menu

## NEWTON-CONOVER CITY SCHOOLS

Students are offered 5 components which make a regular lunch. Students may decline up to two component, however one of their choices must be a vegetable or a fruit to be considered a regular lunch. **Students taking only 1 or 2 items, or taking 3 items without a vegetable or fruit will be charged a la carte prices.**

**Available Daily at Breakfast -** \* Muffins \* Poptarts \* Assorted Cereal \* Toast w/Jelly \* Yogurt \* Juice \* Fruit \* Milk \*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Dates to Remember!</b>		1	2	3
<div style="text-align: center;">  <p><b>Friday, May 3rd</b> - School Lunch Hero Day!</p> </div> <div style="text-align: center;"> <p><b>Monday, May 20th</b> - Birthday Monday!</p>  </div> <div style="text-align: center;">  <p><b>Tuesday, May 28th</b> - National Hamburger Day!</p> </div>		<p style="text-align: center;"><b>Breakfast</b></p> <p>Breakfast Pizza 26</p> <p style="text-align: center;"><b>Lunch</b></p> <p>Orange Chicken w/rice 36                  Stuffed Cheesesticks 30                  Glazed Carrots 17                  Seasoned Green Beans 6  <i>Fresh Strawberries</i> 7                  Sliced Pears 14</p> 	<p style="text-align: center;"><b>Breakfast</b></p> <p>WG Breakfast Donut 41</p> <p style="text-align: center;"><b>Lunch</b></p> <p>Hamburger 29                  Grilled Cheese Sandwich 30                  Baked Beans 39                  Spiral Fries 17                  Applesauce 15                  Fruit Punch 14</p>	<p style="text-align: center;"><b>School Lunch Hero Day!</b></p> <p style="text-align: center;"><b>Breakfast</b></p> <p>Flapstick w/syrup 37</p> <p style="text-align: center;"><b>Lunch</b></p> <p>Domino's Pizza 29                  Chicken Fajitas 26                  Scalloped Potatoes 19                  Vegetable Medley 4                  Baked Apples 28                  Raisels 35</p> 
6	7	8	9	10
<p style="text-align: center;"><b>Breakfast</b></p> <p>Chicken Biscuit 35</p> <p style="text-align: center;"><b>Lunch</b></p> <p>Hotdog 30                  Ckn &amp; Chz Quesadilla 24                  Potato Wedges 18                  Baked Beans 39                  Sliced Peaches 14                  Banana 12</p>	<p style="text-align: center;"><b>Breakfast</b></p> <p>Cinnamon Roll 53</p> <p style="text-align: center;"><b>Lunch</b></p> <p>Soft Taco 22                  Chicken Casserole w/roll 15                  Vegetable Medley 4                  Seasoned Corn 21                  Mixed Fruit 19                  Frozen Fruit Cup 21</p>	<p style="text-align: center;"><b>Breakfast</b></p> <p>SSG Breakfast Pizza 24</p> <p style="text-align: center;"><b>Lunch</b></p> <p>Turkey Tetrazzini w/roll 58                  Sloppy Joe 38                  Roasted Baby Carrots 7                  Seasoned Green Beans 6                  Raisins 34  <i>Fresh Strawberries</i> 7</p> 	<p style="text-align: center;"><b>Breakfast</b></p> <p>Fr. Tst Sticks w/syrup 52</p> <p style="text-align: center;"><b>Lunch</b></p> <p>Teriyaki Ckn w/rice &amp; roll 49                  Ham &amp; Cheese Quesadilla 27                  Steamed Broccoli 5                  Refried Beans 22                  Applesauce 15                  Fruit Punch 14</p>	<p style="text-align: center;"><b>Breakfast</b></p> <p>Sausage/Chz Croissant 28</p> <p style="text-align: center;"><b>Lunch</b></p> <p>Pepperoni Pizza 30                  Tst Turkey &amp; Chz Sandwich 30                  Glazed Carrots 17                  Vegetable Medley 4                  Sliced Pears 14                  Apple Juice 14</p>
<b>Breakfast Prices 2018-2019</b>	<b>Lunch Prices 2018-2019</b>			<b>Cost of Meals for May 2019 - (22 days)</b>
Grades K to 12 - \$1.25 Reduced Rate - \$0.00 Entrée Only - \$1.00 Milk Only - \$0.50	Grades 6 to 12 - \$2.75 Reduced Rate - \$0.40 Entrée Only - \$1.75 to \$2.00 Milk Only - \$0.50	<p style="text-align: center;"><b>Breakfast</b></p> Grades K to 12 - \$27.50 Reduced Rate - \$0.00		<p style="text-align: center;"><b>Lunch</b></p> Grades 6 to 12 - \$60.50 Reduced Rate - \$8.80

<p><b>13</b></p> <p><b>Breakfast</b> Pork Biscuit 36</p> <p><b>Lunch</b> Spaghetti w/Brdstick 69 Deli Turkey Sandwich 30 Veggie Ranch Salad 3 Steamed Green Peas 22 Frozen Fruit Cup 21 Mixed Fruit 19</p>	<p><b>14</b></p> <p><b>Breakfast</b> Cinnabar 45</p> <p><b>Lunch</b> Chicken Fillet Sandwich 43 Macaroni &amp; Cheese 65 Glazed Sweet Potatoes 45 Baked Beans 39 Sliced Peaches 14 Apple Juice 14</p>	<p><b>15</b></p> <p><b>Breakfast</b> Breakfast Pizza 26</p> <p><b>Lunch</b> Breakfast for Lunch 14 Ckn &amp; Chz Quesadilla 24 Potato Tots 16 Gold Rush Juice Box 10 <i>Fresh Strawberries</i> 7 Sliced Pears 14</p> 	<p><b>16</b></p> <p><b>Breakfast</b> Dutch Waffle 51</p> <p><b>Lunch</b> Country Style Steak w/roll 19 Chicken Alfredo w/roll 41 Lima Beans 18 Mashed Potatoes 15 Fresh Grapes 9 Frozen Fruit Cup 21</p>	<p><b>17</b></p> <p><b>Breakfast</b> Flapstick w/syrup 37</p> <p><b>Lunch</b> Domino's Pizza 29 Beanie Weinies w/roll 48 Steamed Broccoli 5 Glazed Carrots 17 Applesauce 15 Fruit Punch 14</p>
<p><b>20</b></p> <p><i>Birthday Monday!</i> <b>Breakfast</b> Sausage Biscuit 28</p> <p><b>Lunch</b> Baked Ziti w/roll 69 Hot Ham &amp; Chz Croissant 30 Carrot Chips w/dip 13 Pinto Beans 15 Frozen Fruit Cup 21 Applesauce 15</p> 	<p><b>21</b></p> <p><b>Breakfast</b> Fr. Tst Sticks w/syrup 52</p> <p><b>Lunch</b> Pork Chop &amp; Gvy w/roll 39 Chicken &amp; Dumplings w/roll 57 Turnip Greens 0 Mashed Potatoes 15 Sliced Peaches 14 Apple Juice 14</p>	<p><b>22</b></p> <p><b>Breakfast</b> Breakfast Pizza 26</p> <p><b>Lunch</b> Orange Chicken w/rice 36 Stuffed Cheesesticks 30 Glazed Carrots 17 Seasoned Green Beans 6 <i>Fresh Strawberries</i> 7 Sliced Pears 14</p> 	<p><b>23</b></p> <p><b>Breakfast</b> WG Breakfast Donut 41</p> <p><b>Lunch</b> Hamburger 29 Grilled Cheese Sandwich 30 Baked Beans 39 Spiral Fries 17 Orange Wedges 12 Fruit Punch 14</p>	<p><b>24</b></p> <p><b>Breakfast</b> Flapstick w/syrup 37</p> <p><b>Lunch</b> Pepperoni Pizza 30 Chicken Fajitas 26 Scalloped Potatoes 19 Vegetable Medley 4 Baked Apples 28 Raisels 35</p>
<p><b>27</b></p> <p><b>NO SCHOOL HOLIDAY</b></p> 	<p><b>28</b></p> <p><i>N'l Hamburger Day!</i> <b>Breakfast</b> Chicken Biscuit 35</p> <p><b>Lunch</b> Hamburger 29 Hotdog 30 Baked Beans 39 Glazed Carrots 17 Apple Juice 14 Sliced Peaches 14</p> 	<p><b>29</b></p> <p><b>Breakfast</b> Cinnamon Roll 53</p> <p><b>Lunch</b> Soft Taco 22 Chicken Casserole w/roll 15 Vegetable Medley 4 Seasoned Corn 21 Mixed Fruit 19 Frozen Fruit Cup 21</p>	<p><b>30</b></p> <p><b>Breakfast</b> SSG Breakfast Pizza 24</p> <p><b>Lunch</b> Teriyaki Ckn w/rice &amp; roll 49 Ham &amp; Cheese Quesadilla 27 Steamed Broccoli 5 Refried Beans 22 Applesauce 15 Fruit Punch 14</p>	<p><b>31</b></p> <p><b>Breakfast</b> Fr. Tst Sticks w/syrup 52</p> <p><b>Lunch</b> Domino's Pizza 29 Tst Turkey &amp; Chz Sandwich 30 Glazed Carrots 17 Vegetable Medley 4 Sliced Pears 14 Frozen Fruit Cup 21</p>

Menus, Nutrition, and Allergen Information can be found on our system website: [www.newton-conover.org](http://www.newton-conover.org) - Menus are subject to change - Notice is given when possible

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