

MIDDLE SCHOOL



Second Step

This research-based program is designed to increase students' school success and positive behavior through social-emotional learning and competencies.



Project Alert

This skills-based curriculum for RBUSD students in grades 7 and 8 provides education and skill-building to decrease substance use.



WEB

WEB, which stands for "Where Everybody Belongs" is a middle school orientation and transition program that welcomes 6/7th graders and makes them feel comfortable throughout the first year of their middle school experience. The program trains mentors from grade 8 to be WEB Leaders and positive role models who guide the 6/7th graders to discover what it takes to be successful during the transition to middle school.



BCHD Purpose Series (Available at high school level)

The purpose workshops offer students lessons to help identify their aptitudes, values and create a purpose statement and action plan towards a purposeful life.

HIGH SCHOOL



Freedom 4U (Available at elementary, middle, and high school levels)

Weekly groups designed to increase practical skills that students can apply to their daily lives, such as: social media management, improving personal relations, communication skills with friends and family, coping with stress, decision making with peers, and more.



South Bay Children's Health Center (Available at elementary, middle, and high school levels)

SBCHC's South Bay Youth Project provides school-site counseling and other supportive social services to children, adolescents, and families.



Project Towards No Drugs (PTND)

PTND is an effective, interactive classroom-based substance abuse prevention program that is based on more than two decades of successful research at the University of Southern California. PTND focuses on motivation and decision-making skills, which are factors that predict substance abuse and other problem behaviors among youth. (Implemented in Health)



Sprigeo

Sprigeo provides students with a mobile app and website portal where they can report potential safety threats and bullying incidents. Every year, Sprigeo prevents numerous threats on campus resulting in safer schools for students and staff.



Link Crew

Link Crew is a high school transition program that welcomes freshmen and makes them feel comfortable throughout the first year of their high school experience. Students in 11/12th grade are trained to mentor and lead, as they guide freshmen to discover what it takes to be successful during the transition to high school and beyond.



Redondo Shores Wellness Center <https://rshs.rbusd.org/>

Redondo Shores Wellness Center provides a comfortable physical space for students to access a variety of mental health services. Community providers and school mental health professionals utilize the space for group and individual therapy sessions. Daily, the Wellness Center is open for students to utilize during break and lunch with supervision from educators and mental health support staff to simply decompress.