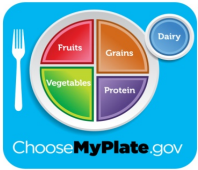


	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
B					
L					
S					
3	 <p>Labor Day</p>	4 Chicken Parmesan Sandwich with Mashed Potatoes (1c)	5 Honey BBQ Chicken Wings (4) with Dinner Roll, Carrot Sticks (1c) & Ranch	6 Chicken Tamal with Black Beans (1c) (73)	7 Chicken Fettuccine (1c) Alfredo with Green Salad (2c)
10	10 Cajun Chicken Pasta with BBQ Corn Salad (1c) <i>(SERVED AS COLD PASTA)</i>	11 Penne Pasta (1c) & Turkey Meat Sauce (3/4c) with Green Salad (1 1/2c)	12 Red Beef & Cheese Enchiladas with Pinto Beans (3/4c)	13 Philly Cheese Steak Sandwich with Sweet Potato (1c)	14 Spaghetti (1c) & Meatballs with Green Salad (2c)
17	17 Double Dog Chicken Hot Dogs with Tater Tots (1c)	18 Chicken Tamal with Green Salad (2c) (73)	19 Turkey & Cheese Sandwich with Carrot Sticks (3/4c) & Ranch	20 Chicken, Cheese & Rice Burrito with Black Beans (1c)	21 Penne Pasta (1c) & Meat Sauce (3/4c) with Green Salad (1 1/2c)
24	24 Beef (2oz) & Cheese (.5oz) Nachos (2oz) with Pinto Beans (1c)	25 Orange Chicken with Brown Rice Pilaf (1c) & Mixed Vegetables (1c)	26 Chicken & Waffles with Mashed Potatoes (1c) (73)	27 Honey BBQ Chicken Wings (4) with Dinner Roll, Carrot Sticks (1c) & Ranch	28 Chicken Teriyaki with Brown Rice Pilaf (1c) & Steamed Broccoli & Carrots (1c)

This institution is an equal opportunity provider.

Breakfast fruit/juice portions: 1 cup & Lunch fruit/juice portions: 1 cup (Juice cannot exceed 50% of total weekly servings.) Milk (1 Cup) (1%/Non-fat/Non-fat Choc)



School Notes: PRE-PACKED// Remove Cajun Pasta (cold pasta)// NO Pork for 2 students, send 2 extra vegetarian meals on dates with pork// No Pizza on Menu // Send Disposable Styrofoam Trays Every Day



“Eat Right, Be Bright!”

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
B					
L					
S					
3	 <p>Labor Day</p>	4	5	6	7
B		Garden Burger with Mashed Potatoes (1c)	Orange Tofu (1/2c) with Brown Rice Pilaf (1c) & Steamed Carrots (1c)	Cheese Tamal with Black Beans (1c)	Teriyaki Tofu (1/2c) Chow Mein (1c) & Steamed Broccoli & Carrots (1c)
L					
S	10	11	12	13	14
B	Green Wet Bean & Cheese Burrito with Whole Kernel Corn (1c)	Penne Pasta (1c) & Marinara Sauce (1/2c) with Shredded Cheese (2oz) & Green Salad (1c)	Bean Chili with Shredded Cheese (2oz), Dinner Roll & Green Salad (1c)	Garden Burger with Sweet Potato (1c)	Orange Tofu (1/2c) with Brown Rice Pilaf (1c) & Steamed Broccoli & Carrots (1c)
L					
S	17	18	19	20	21
B	Garden Burger with Tater Tots (1c)	Fettuccine (1c) Alfredo with Shredded Cheese (2oz) & Green Salad (2c)	Fresh Veggie, Bean & Cheese Wheat Tortilla Wrap with Carrot Sticks (1/2c) & Ranch	Tofu Fajitas (3/4c) with Brown Rice Pilaf (1c) & Black Beans (3/4c)	Mongolian Tofu (1/2c) Chow Mein (1c) with Steamed Broccoli & Carrots (1c)
L					
S	24	25	26	27	28
B	Shredded Cheese (2oz) Nachos (2oz) with Pinto Beans (1c)	Spaghetti (1c) & Marinara Sauce (1/2c) with Shredded Cheese (2oz) & Green Salad (1c)	Bean & Cheese Burrito with Whole Kernel Corn (1c)	Garden Burger with Sweet Potato (1c)	Teriyaki Tofu (1/2c) with Brown Rice Pilaf (1c) & Steamed Broccoli & Carrots (1c)
L					
S					

This institution is an equal opportunity provider.

Breakfast fruit/juice portions: 1 cup & Lunch fruit/juice portions: 1 cup (Juice cannot exceed 50% of total weekly servings.) Milk (1 Cup) (1%/Non-fat/Non-fat Choc)



School Notes:



“Eat Right, Be Bright!”