

## SHAC Meeting Minutes

### Smithville Elementary

1/24/18

12pm – 1:30pm

1. 12pm - Call to order – Sophie Weinheimer
2. Minutes Approval September / December with Amendments– Motion Sharlene, Second Judy, No Nays
3. Old Business:
  - a. Marathon Kids / Adults – Janice: Program started 2 weeks ago Monday. \$10/person until 2/14/18. Meetings at Iron Tiger Gym Mondays 6pm – 7pm. Group walk, log miles, motivates each other. Brown Primary School & Smithville Elementary School already doing program. Gifts / rewards for each marathon are given. Will finish on 8/31/18.
  - b. Diabetic Outreach Program – Janice: Program Mondays 7pm First Methodist. 3 enrolled right now, need 15 participants. 18 week program. Flyer given out. Free monitors with Sharlene as long as agreement to log, come back and Sharlene for further education.
  - c. Smoking Cessation – Sharlene completed program at Smithville Elementary yesterday
  - d. WAIT Program – Celeste Hoffman: Abstinence program approved for Junior High and High School. Abstinence based. Does provide education on STD, pregnancy, bullying. Dates to be determined between Celeste, Sophie, and Ms. Burns 2/5, 2/12, 2/15, 2/22, 2/26, or 2/28.
4. New Business:
  - a. Dental Hygiene – Janice Bruno: Colgate rep brought goody bags that were passed around for nurses to distribute. Grant previously available no longer available to school for dental health. Masonic Lodge pays for bags for each student at Brown yearly. Colgate willing to come back & do dental screens in fall at Health Fair – Janice working on. March - dental clinic will be available once a month at Smithville Community Clinic.
  - b. Wellness Policy – Candy Biehle: Updated this year. New changes available online and provided in paper. Changes include charge policy through the district. SISD has to make arrangements with the parents to pay off debt after 5 meals and a 5 day grace period before alternative meals. Repeat people staff offers free/reduced lunches application. Also, donations of food for leftovers.
  - c. It's Time Texas Challenge – Jill Strube: Started 1/8/18. Enroll online. Ends 3/4/18. SHAC Pledge signed. Community Event coming up 1/27/18 from 2pm – 4pm at Independence Park.
  - d. CATCH Program – Jill Strube: Coordinated Approach to Child Health – it is a foundation. Started as a cardiovascular program. Required by state law to use an approved program. Encourages healthy behaviors for all students to increase moderate to vigorous activity. It is inclusive and adaptive. They can work for grants to help fund the program.
  - e. Dell Seton Representative: Asking to be included in sponsorship events and partnering opportunities to get the word out about STAR, CHIP for 18 and under and pregnant women. Assists in educating the community regarding local resources and needs. Services: Bastrop, Hays, Lee, Fayette, Burnett, Williamson counties.
5. 1:30pm - Motion to Adjourn: Cheryl